

express

A PUBLICATION OF **The Washington Post** | LIVE ALL DAY AT WWW.READEXPRESS.COM | NOVEMBER 5, 2007 | >>**FREE**<<

Monday



Coal soot from China makes its way to the U.S.

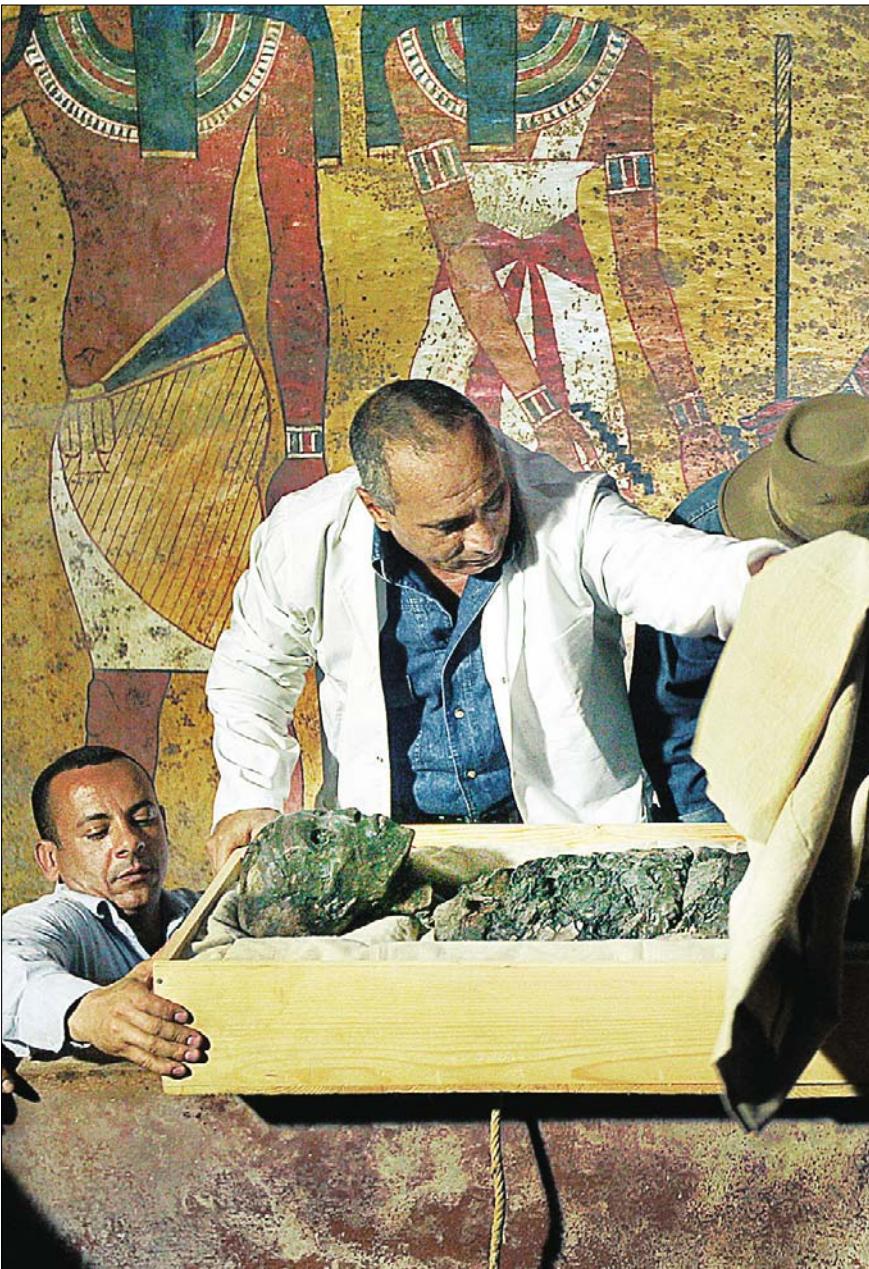
Black Cloud: How China's coal use pollutes the U.S. | **29**

TV's Toll: Non-educational shows called a risk for kids | **3**

Ground Swell:
Portis carries the Redskins to OT win vs. Jets | **9**

ENTERTAINMENT

Claus Clan:
Meet Santa's relatives in a comedy with *Paul Giamatti* and *Vince Vaughn*. Plus, 'The Wire' heads into its final season.
>> 17-20



Egypt Unveils King Tut for Public

BOY WONDER: Archaeologists in Luxor, Egypt, lift a linen shroud on Sunday to unveil King Tut's face in public for the first time since the mummy of the 19-year-old pharaoh was discovered 85 years ago. The mummy was moved from its sarcophagus to a climate-controlled glass case, where it will be on view to the public. • **Rescue effort:** New case will preserve the fragile mummy | **Page 5**



Crisis in Pakistan Deepens

Musharraf consolidates his power, arresting opposition

ISLAMABAD, PAKISTAN | Police and soldiers emboldened by state-of-emergency powers swept up hundreds of activists and opposition members on Sunday, dragged away protesters and turned government buildings into barbed-wire compounds.

Gen. Pervez Musharraf's government said parliamentary elections could be delayed up to a year as it tries to stamp out a growing Islamic militant threat — effectively linking two of the greatest concerns of Pakistan's biggest international donors: the United States and Britain.



Musharraf

Increasingly concerned about the unfolding crisis, Secretary of State Condoleezza Rice said Washington was reviewing billions of dollars in aid to its close terrorism-fighting ally.

Scores of paramilitary troops blocked access to the Supreme Court and parliament. Streets in the capital appeared calm, but one protest, attended by 40 people at the Marriott Hotel, was broken up by baton-wielding police.

In an address to the nation late Saturday, Musharraf said the growth of a militant Islamic movement and a court system that hindered his powers forced him to declare a state of emergency.

Critics say Musharraf, a 1999 coup leader who had promised to give up his army post and become a civilian president this year, imposed emergency rule in a last-ditch attempt to cling to power. (AP)



WAS IT INAPPROPRIATE FOR NBC'S BRIAN WILLIAMS TO HOST 'SATURDAY NIGHT LIVE'? **A YES B NO**

WWW.READEXPRESS.COM | VISIT OUR WEB SITE TO CAST YOUR VOTE. FOR FRIDAY'S POLL RESULTS, SEE PAGE 32



MONDAY
60° 48'



TUESDAY
56° 40'



WEDNESDAY
55° 37'

TODAY: Partly sunny and cool, becoming mostly cloudy overnight | **30**

eyeOpeners

SAD

Women Lose No. 1 Reason to Nag Men

Jake Wulf, 9, has invented a foot-activated toilet seat lifter called the "Privy Prop," designed to lower and raise the toilet seat. Wulf, a fourth-grader at Odebolt-Arthur Elementary School in Iowa, is in the Gifted and Talented program, but he has one weak spot: remembering to lower the seat, his mom, Beth Wulf, said. It was during a visit to a doctor's office that Jake's idea for the "Privy Prop" began to take shape. "Jake drew it all out and I supervised," dad Jason Wulf said. "I helped him with the tools to make sure he didn't cut off any fingers." (AP)



NATURE

Mold Evolves Ability To Leave Impish Note

Kerri and Jason Brown of Greenville, S.C., discovered a secret room behind a bookcase containing a homeowner's worst nightmare — mold. Also in the room was a handwritten note: "You found it!" What the Browns found was a problem so serious the previous owner was forced to move, according to the note. The Browns hired an environmental engineer who detected high levels of several molds, including the dangerous Stachybotrys. The Browns filed a lawsuit claiming Century 21 Flynn & Youngblood real estate agents Sue Bakx and Fannie Mae knew about the mold. (AP)



WILDLIFE

Coyote, Very Ugly

The results are in: The hideous animal found this summer in southern Texas is not the mythical, bloodsucking chupacabra. It's a coyote. Biologists at Texas State University announced Thursday they had identified the creature. "The DNA sequence is a virtually identical match to DNA from the coyote," said Mike Forstner. "This is probably the answer a lot of folks [expected]. I, myself, really thought it was a domestic dog, but the Cuero Chupacabra is a Texas Coyote." (AP)

SNACKS

World's Biggest Jerky Product Found

Even though a North Carolina man found a human leg inside a smoker he bought

at auction, he can't keep the leg. Judge Greg Mathis ruled on his TV show. Shannon Whisnant had refused to return the leg to its owner, telling the judge he wanted to build a museum and charge people \$10 to look at the limb. "You're not getting

that leg," Mathis told Whisnant. John Wood, whose left leg was amputated after a plane crash, had kept the leg and the cooker inside a rented space. When her couldn't pay the rental bill, the items were auctioned. (AP)

GW GRADUATE SCHOOL OF POLITICAL MANAGEMENT

GET IN THE GAME THIS ELECTION SEASON!

Make a difference, win elections, advance issues, and influence decisions from K Street to Capitol Hill with credentials from the nation's premier school of applied politics.

Succeed in politics with a graduate degree that will immediately impact your career

- Political Management Master's Degree
- Legislative Affairs Master's Degree
- PACs and Political Management Graduate Certificate

Choose a program that fits your career goals and your schedule, with classes Monday through Thursday evenings downtown or on Capitol Hill.

INFORMATION SESSION

Thursday, Nov. 8, 6:30 pm

GW Media & Public Affairs
Building
805 21st Street, NW
Metro: Orange or Blue Line to Foggy Bottom

Rsvp Today!
202.994.6000
gspminfo@gwu.edu
www.gspm.gwu.edu



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON DC

BRING US YOUR
AMBITION.
www.gwu.edu/gradinfo

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

- Free Diet Management and B12 Shots
- Comfortable & Quick Recovery
- Mini-Liposuction for Chin, Arms, Abs, Inner Thighs, Knees, Saddle Bags & Lovehandles
- Night and Weekend Hours Available
- Lipotecture for Neck & Legs
- Mega-Liposuction for Abdomen, Lovehandles, Thighs & Buttocks

Gift Certificates • Local Anesthesia or IV Sedation or General

DC • FAIRFAX • TYSONS CORNER • ALEXANDRIA • BETHESDA • COLUMBIA • BALTIMORE

LIPOSUCTION

Unwanted Fat Removed Permanently!
0 Down, 0 Interest, 100% Financing

202.452.1332 24th and I St., Foggy Bottom Metro
703.533.1025 Tyson's Corner
703.465.0666 Alexandria
301.738.6766 Bethesda



vita
SURGICAL
www.vitasurgical.com

LARGEST SELECTION IN MD, VA & DC!




New Schimmel • Vogel • May-Berlin • Player Pianos • Used Steinway • Yamaha • Kawai
Rick Jones Piano Warehouse
5209 Holland Dr., Beltsville, MD 20705
(301) 937-4900
rjpianos.com
Easy to find and only 1 mile from Beltway. Check out our cool Website for prices and to watch video demos of pianos. Open 7 days a week!

AMERICA'S BEST WINDOW VALUE

\$169 ANY SIZE INSTALLED
WHITE VINYL DOUBLE HUNG
REPLACEMENT WINDOWS
COMPARE TO OTHERS AT \$600 OR MORE!



INSTALL TODAY PAY LATER
Zero Down
NO Interest
NO Payment Until October 2008
*Standard installation includes wood removal without capping

CALL FOR A FREE ESTIMATE | **301-516-6738**
www.windowdepotusa.com

Licensed & Insured
MHIC #124478
50 Locations Nationwide
Visit Our Showroom



7993 Fernham Lane,
Forestville, MD 20747
Serving MD, DC. and VA



SHELL SHOCK: The record drought gripping the Southeast isn't all bad: It's nearly perfect weather for growing pecans in Georgia. The state is on pace to be the nation's top pecan producer, with shellers predicting more than 125 million pounds will be harvested this year.

Nation

In Brief



JASON DECROW/AP

Robert Rubin will lead the nation's largest banking company, Citigroup Inc.

NEW YORK

Former Treasury Secretary To Become CEO of Citigroup

Citigroup Inc. said Sunday Chairman and Chief Executive Charles Prince, beset by the company's billions of dollars in losses, has retired and is being replaced as chairman by former Treasury Secretary Robert Rubin. Prince's resignation, which was secured at an emergency meeting Sunday, was expected after the nation's largest banking company revealed it had to write down billions of dollars in bad debt. (AP)

CHICAGO

More Than 100 Vehicles Involved in Highway Crash

Here's another reason to get the kids to bed early: More sleep may lower their risk of becoming obese. Researchers have found that every additional hour per night a third-grader spends sleeping reduces the child's chances of being obese in sixth grade by 40 percent. The study appears in the November issue of the journal Pediatrics. (AP)

Study Links TV to Inattentive Kids

But no harm is found in educational shows that are nonviolent

CHICAGO | "Arthur" and "Barney" are harmless entertainment for toddlers, but other shows such as "Rugrats" and "Power Rangers" may negatively influence a child's development, reports a new study of early TV-watching.

The research involved children younger than 3, for whom TV is mostly a no-no, according to the

OUT OF FOCUS

- The study involved a nationally representative sample of 967 children whose parents answered government-funded child development questionnaires in 1997 and 2002.
- Questions involved television viewing habits in 1997. Parents were asked in 2002 about their children's behavior, including inattentiveness, difficulty concentrating and restlessness.

experts. But if TV is allowed, it should be of the educational variety, researchers found.

Every hour per day that kids under 3 watched violent child-oriented entertainment doubled their risk for attention problems five years later, the study found. Even nonviolent kids' shows like "Rugrats" and "The Flintstones" carried a risk for attention problems later on.

On the other hand, educational shows such as "Arthur," "Barney" and "Sesame Street" had no association

with future attention problems. Interestingly, the risks occurred only in children younger than age 3, perhaps because that is a crucial period of brain development.

The study by researchers at the University of Washington was released Monday in November's issue of the journal Pediatrics.

Their study was based on parent questionnaires. They acknowledge it's observational data that only suggests a link and isn't proof that TV habits cause attention problems.

LINDSEY TANNER (AP)

FRESNO, CALIF. | DEADLY PILEUP



GARY KAZANJIAN/AP

HIGHWAY TRAGEDY: A tractor-trailer truck is lifted over a crushed car on Highway 99, where more than 100 cars were involved in a series of collisions on Saturday. Eighteen big rigs were involved in the massive pileup on the freeway just south of Fresno that killed two and injured dozens. Patches of dense fog obscured visibility on the heavily traveled roadway.

Wis. Alumni Pay To Keep Donor's Name off School

MADISON, WIS. | When he became dean of the University of Wisconsin-Madison School of Business in 2002, Michael Knetter went looking for a big donor, someone who would give \$50 million in exchange for putting his or her name on the school. No one was interested.

So, Knetter decided to do something radical: Find contributors willing to pay to keep the school's name off the market. After years of conversations, 13 alumni announced last month that they were giving \$85 million in exchange for assurances that the business school would not be named for any donor for at least 20 years. The donors are all Wisconsin alumni. (AP)



Autumn is here.

Autumn brings colors like your red irritated eyes, brings falling leaves plus falling pollen, and brings haystacks as well as hay fever. Our physicians have the latest medicines, testing and treatment plans to help you feel better quickly, safely and easily all without those painful scratch tests.

Please accept our invitation to visit us and to make an appointment today.

T: 800.287.2829
MyAllergyCare.com

We participate with most health-plans

Allergy Care Centers
Care for All Seasons

Train to be a

MEDICAL ASSISTANT

Sanz
since 1939

Financial Aid If You Qualify
Job Placement Assistance
Days, Eve and Weekends

Convenient Locations in DC MD VA

1(888)407-8222

Licensed in VA by SCHEV

TECHNICAL LEARNING
CENTERS INC.
OFFICE ADMINISTRATION
MEDICAL ASSISTANT
DIPLOMA PROGRAMS

Receive a Computer
At Graduation!*



Job Placement Included
Financial Aid Available



Morning
Afternoon
Evening

Call Now to Start!
202.223.3500

1001 Connecticut Ave, NW, Suite 435

*Desktop computer. Call for more details.
Offer expires 12-31-2007.

Introducing The Latest Technology In Comprehensive Dental & Orthodontic Care

- Implants
- Emergency Care
- Dental Check-Ups
- Crowns & Bridges
- Root Canal Therapy
- Oral Surgery
- Periodontics
- Cosmetic Dentistry
- Orthodontics
- Digital Computerized X-Rays
- Intra-Oral Camera/Video Imaging
- EVENING HOURS BY APPOINTMENT
- 18 Months Interest FREE
Payment Plans Thru August 2007

All In One Facility

1 block away from
Foggy Bottom Metro
Station

FREE CONSULTATION
ON LUMINEERS BY
CERINATE

Free Orthodontic &
Implant Consultation

3 Washington Circle, NW
Suite #306
Washington, DC 20037

202.775.0167

www.kstreetdental.com



Now that
there's
a choice,
which
would you
choose?

Straight Teeth. No Braces.

PREMIERE INVISALIGN PROVIDER
(top 5% Nationwide 2005)

K Street Dental & Orthodontic Group

Dr. A. Shouhayib & Associates

308 Main Street

Gaithersburg, MD 20878

Beside Whole Foods

301.977.9787

AP/FILE

Presidential hopeful Sen. John McCain, R-Ariz., second from left, and his wife, Cindy, meet supporters in Lexington, S.C.

S.C. Shows a GOP in Flux

Republicans work
hard to win support
of undecided voters

IRMO, S.C. | The Republican presidential fight in this Southern bastion of rough-and-tumble politics reflects the race at large — a jumble that could go any whichway.

History raises the stakes and, if a guide, South Carolina could predict the outcome: Since 1980, no Republican has won the nomination without a triumph here in the Palmetto State.

"I'm still deciding. I want to know which one fits what I think the best, so I'm very open," Trish O'Neill, 57, said Saturday while waiting at a hot dog restaurant to

**“I want
to know
which [Republican
candidate] fits what
I think the best, so
I’m very open.”**

TRISH O’NEILL, S.C. VOTER

hear from yet another candidate.

Such sentiments from Republican voters shed light on why each of the four top contenders — Mitt Romney, Rudy Giuliani, Fred Thompson and John McCain — believes he has a strong chance to win here — and why each is playing hard. One poll shows nearly one-

third of likely GOP voters are undecided 11 weeks before an expected 600,000 some people vote in the Republican primary on Jan. 19.

"It's unpredictable because of the undecideds. It's open for the top three or four candidates," said Katon Dawson, the state party chairman. Added Tucker Eskew, a veteran of South Carolina GOP politics.

Recent polls show the race tight among three, with McCain trailing.

The dynamics certainly will change before the primary. Iowa and Michigan hold their contests earlier, and New Hampshire is expected to do well, meaning some candidates could be knocked out before South Carolina. For now, the contest is simply a toss-up. LIZ SIDOTI (AP)

HEARSAY | POLITICS

"I don't think they piled onto me the other night because I'm a woman. I think they piled on to me because I'm winning."

—SEN. HILLARY CLINTON, DISCUSSING THURSDAY'S PRESIDENTIAL PRIMARY DEBATE, IN WHICH HER DEMOCRATIC RIVALS HARSHLY CRITICIZED HER.

Specter Decides To Back Nominee

WASHINGTON | The top Republican on the Senate Judiciary Committee said Sunday he is bothered by Michael Mukasey's refusal to say whether waterboarding is torture but will support his nomination for attorney general anyway.

Sen. Arlen Specter, R-Pa., joins two key Senate Democrats in saying

he will back Mukasey because the retired judge has said that if Congress passes a law banning waterboarding, "the president would have absolutely no legal authority to ignore such a law."

"He could have said a lot of things which would have given me more assurances," Specter said. "But he is intelligent; he's really learned in the law. He's strong, ethical, honest beyond any question. He's not an intimate of the president." (AP)

FREE Seminar to Show You How!

Call Now: 703-354-7336

Speaker: Eric Berg, DC
DrBergWorkshop.com

This information is based on the new book—The 7 Principles of Fat Burning by Eric Berg DC, which will be in bookstores January 2008. The FREE month (normally valued at \$136) includes one month on the fat burning tracker program, body fat testing and the educational seminar on how to burn fat.



HOLY POLLUTION: A scene in the latest "Batman" film in which the Caped Crusader was to drop into Hong Kong's iconic harbor was axed after the movie's producers found the water quality could pose a health risk, the South China Morning Post reported Sunday.

World

In Brief



Olmert and Rice share a laugh before a speaking engagement in Jerusalem.

JERUSALEM

Olmert Offers Hope of Deal To Create Palestinian State

Israeli Prime Minister Ehud Olmert said Sunday vigorous peace negotiations could go far toward establishing an independent Palestinian state before President Bush leaves office. Secretary of State Condoleezza Rice promised a "serious and substantive" launch to new talks. The Israeli leader did not say a final deal is possible in that time frame, although he affirmed that the practical goal of talks is an independent Palestinian state alongside Israel. (AP)

ISTANBUL, TURKEY

Kurds Release 8 Soldiers

Kurdish rebels released eight Turkish soldiers in northern Iraq on Sunday two weeks after they were captured in a deadly ambush that intensified pressure on the Turkish government to attack the guerrillas in Iraq. The release comes on the eve of a meeting between Prime Minister Recep Tayyip Erdogan and President Bush in Washington to agree on measures against the rebels and avert a cross-border offensive into a relatively stable part of Iraq. (AP)

NAIROBI, KENYA

Somali Pirates Give Up Boats

Somali pirates agreed to leave two boats they had hijacked in the waters off the Horn of Africa months earlier, and the newly liberated vessels — and their 24 crew members — were escorted Sunday by the U.S. Navy to safer waters. The two boats were seized May 15 and the pirates left after speaking by radio to U.S. Naval personnel. (AP)

U.S. Deaths on Pace for High in Iraq

With 2 months left, 2007 likely to become bloodiest for troops

BAGHDAD | With just under two months left in the year, 2007 is on course to be the deadliest year on record for American forces in Iraq, despite a recent sharp drop in U.S. deaths.

At least 847 American military personnel have died in Iraq so far this year — the second-highest annual

toll since the war began in March 2003, according to AP figures.

In 2004, the bloodiest year of the war for the U.S. so far, 850 American troops died. Most were killed in large, conventional battles like the campaign to cleanse Fallujah of Sunni militants, and U.S. clashes with Shiite militiamen in the sect's holy city of Najaf in August.

But the American military in Iraq has increased its exposure this year, reaching 165,000 troops — the highest levels yet.

IRAQ MINISTER KILLED

Two carloads of gunmen ambushed a top aide to Iraq's Finance Ministry on Sunday in Baghdad, killing him and his driver, police said. The two were among 15 people killed or found dead in Iraq. The Finance Ministry had no immediate comment about the attack on Qutaiba Badir al-Din Mohammed, a Sunni adviser to Iraq's finance minister.

Moreover, the military's decision to send soldiers out of large bases and into Iraqi communities means more troops have seen more "contact with enemy forces" than ever before, said Maj. Winfield Danielson, a U.S. military spokesman in Baghdad.

"It's due to the troop surge, which allowed us to go into areas that were previously safe havens for insurgents," Danielson said. "Having more soldiers, and having them out in the communities certainly contributes to our casualties." (AP)



INTERNATIONAL MAN OF MYSTERY: King Tut, whose life and death have captivated the world, is displayed in Egypt on Sunday.

Frail Tut Mummy Revealed to Public

Archaeologists move Egyptian king to glass case to preserve body

LUXOR, EGYPT | King Tut's buck-toothed face was unveiled Sunday for the first time in public — more than 3,000 years after the youngest and most famous pharaoh to rule ancient Egypt was shrouded in linen and buried in his golden underground tomb.

Archeologists carefully lifted the fragile mummy out of a quartz sarcophagus decorated with stone-

carved protective goddesses, momentarily pulling aside a beige covering to reveal a leathery black body.

The linen was then replaced over Tut's narrow body so only his face and tiny feet were exposed, and the 19-year-old king, whose life and death have captivated people, was moved to a glass climate-controlled case to keep it from turning to dust. "The face of the golden boy is amazing. It has magic and it has mystery," Egypt's antiquities chief Zahi Hawass said.

Hawass said scientists began restoring the badly damaged mummy

more than two years ago. Much of the body is broken into 18 pieces — damage sustained when British archaeologist Howard Carter first discovered it 85 years ago, took it from its tomb and tried to pull off the famous golden mask, Hawass said.

But experts fear a more recent phenomenon: mass tourism. "The humidity and heat caused by ... people entering the tomb and their breathing will change the mummy to a powder. The only good thing [left] in this mummy is the face. We need to preserve the face," said Hawass.

ANNA JOHNSON (AP)

7 Released In Alleged Chad Plot

Europeans detained in possible kidnapping leave with Sarkozy

N'DJAMENA, CHAD | Seven Europeans among the 17 detained for more than a week in an alleged attempt to kidnap 103 African children were released on Sunday and left the country with French President Nicolas Sarkozy.

The Europeans — among them nine French citizens — were arrested Oct. 25 when a charity calling itself Zoe's Ark was stopped from flying the children to Europe. The group said the children were from Darfur and that it intended to place them with host families.

Sarkozy met with Chad's leader Idriss Deby before leaving Chad on his official jet with three French journalists and four flight attendants from Spain.

Later Sunday, French television channel M-6 aired a documentary raising further suspicions about how the charity group operated. The footage, made mostly by one of the journalists who flew home with Sarkozy, shows one charity worker haphazardly screening children brought by tribal elders to the group's center in eastern Chad. She demands neither details nor even the most basic documentation or verification. (AP)

LUXURY FOR LEASE

DOOR 2 DOOR EXPRESS METRO SHUTTLE SERVICE

FALL CELEBRATION

WE ARE CELEBRATING
OUR OPENING!

Move in and take your pick of three
items you can't live without!*



Bose QuietComfort 2
Headphones



The iPhone!



Bose SoundDock Digital Music System
Black or White

*Limited time only. One per apartment home.
Must be on a 12 month lease. New applicants only.

The Art of Living in Balance.

866.420.7353

4390 KING STREET | ALEXANDRIA VA 22302

THE-ALEXANDER.COM

THE ALEXANDER
LUXURY APARTMENT RESIDENCES

METRIC
PROPERTIES

REAL ESTATE
RENTALS pet friendly

You Owe It To Yourself To Try Laser Dentistry. No Shot, No Drill, No Pain



Where technology meets tranquility

Dr. Rex H. Hoang, DMD, PC

Superb Dental Care, One Patient At A Time.

DUPONT CIRCLE
1325 18th Street, NW • Suite 203
Washington, DC 20036

Flexible Morning, Evening & Weekend Hours Available

FOGGY BOTTOM
Opening February 2008

www.dcdentalspa.com

World

3,491

The number of children in China named "Aoyun," which means Olympics, the Beijing Daily reported on Sunday. Beijing will host the 2008 Olympics.

Russian Nationalists Rally

Extremists use holiday to spread xenophobic message in country

MOSCOW | A white supremacist from Texas lifted his black cowboy hat into the air as he stepped forward to address thousands of Russian nationalists at a rally Sunday in Moscow.

"I'm taking my hat off as a sign of respect for your strong identity in ethnicity, nation and race," said Preston Wiginton, 43.

"Glory to Russia," he said in broken Russian, as the crowd of mostly young Russian men raised their right hands in a Nazi salute and chanted "White power!" in English.

About 5,000 nationalists turned out for the Russian March, held for the third year on National Unity



shevik rise to power.

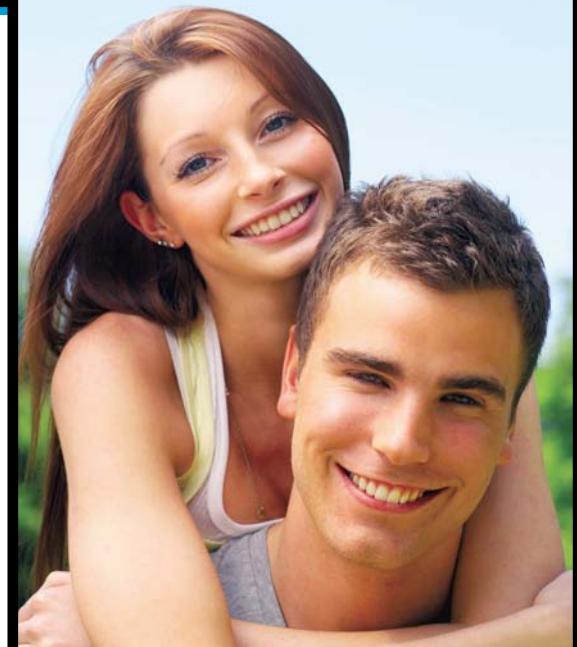
The Kremlin has tried to give the holiday historical significance by tying it to the 1612 expulsion of Polish and Cossack troops who briefly seized Moscow at a time of political disarray.

But extreme nationalists have seized on the holiday in reflection of a rise in xenophobia. More than 50 people have been killed and 400 injured in ethnically motivated attacks this year, according to the Sova rights center.

Pro-Kremlin youth groups and the liberal Yabloko party also held rallies Sunday, in part to counter the nationalist march. "This holiday is a gift for the most reactionary and dangerous group — the nationalists," Yabloko deputy chairman Sergei Mitrokhin told a crowd of about 1,500. MANSUR MIROVALEV (AP)

Crowds give the Nazi salute during a march in Moscow on National Unity Day.

Day, a holiday the Kremlin created in 2005 to replace the traditional Nov. 7 celebration of the 1917 Bol-



\$99* New Patient Special
EXAMINATION, X-RAY AND CLEANING
1 FREE SESSION**

Facial Rejuvenation • Skin Tightening • Hair Removal • New Elos Light Technology

** With this coupon. May be used on face, neck or shoulder areas.

FREE CONSULTATION
Call DC Dental Spa for an appointment today!

202.833.8724
7 am - 9 pm



OH, DEER: Metro trains came to a stop for a time Sunday morning when deer were discovered between the Forest Glen and Glenmont stations on the Red Line. The deer frightened some passengers by coming onto the Metro platforms several times.

Local

Frederick Honors Black Residents

Md. city names street after a native black man for the first time

FREDERICK, MD. | Last year, a black Frederick man called on the city to recognize the contributions of its black residents. Standing in front of the William O. Lee Memorial Bridge, Lord Nickens said, "I want to see many, many blacks honored on something other than a bridge."

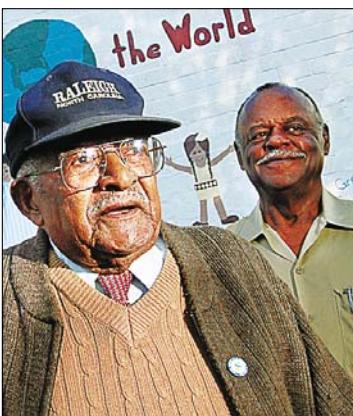
Last month, Lord Nickens Street became the first road to

have a black resident's name from inception, according to Bernard Brown, chairman of the City of Frederick's Housing Authority's Board of Commissioners. A community center at the site will also be named after Nickens.

"Of all the people to have the first street named after him, he would be my choice," Brown said.

Four of five other roads to be built in the neighborhood will bear the names of deceased black residents: Walker Lane, Brunner Place, Dixon Way and Daley Lane.

Nickens served as president of



Nickens, left, is the first black Frederick resident to have a road named for him.

the Frederick branch of the National Association for the Advancement of Colored People for more than 20 years. He hopes the honor will encourage children to learn more about the struggles and accomplishments of their ancestors.

Kevin Lollar, development director for the Housing Authority, submitted the names to the city for approval, wanting to pay tribute to former black residents after hearing about the history of the Laboring Sons Memorial Ground.

"It's one of those stories that brings tears to your eyes," Lollar said. (AP)

Surrender Program Nets 530

WASHINGTON | A three-day program for people wanted on outstanding warrants has resulted in 530 people surrendering at a D.C. church.

The government-run "safe surrender" program for fugitives was aimed at resolving nonviolent crimes.

Officials say about 30 percent of the cases were for traffic offenses, and about 70 percent involved criminal charges.

On Saturday, the final day of the program, 245 people turned themselves in. Organizers say the first person in line Friday walked to the Bible Way Church from Landover, Md., to honor his mother's birthday request that he surrender.

The Washington area has about 28,000 outstanding warrants, including 15,000 for misdemeanors. (AP)

JESSUP, MD. | MACBETH GOES TO PRISON



LINDA DAVIDSON/TWP

OFF-BROADWAY: Chesapeake Shakespeare Company actors perform "Macbeth" at the invitation of the warden at the Patuxent Institution, a maximum-security prison in Jessup, Md., Sunday. The warden thought the play would resonate with the inmates, as it is full of murder, betrayal and regret.

The Lotteries

Sunday, Nov. 4

DISTRICT

Mid-day Lucky Numbers	I-I-9
Evening Lucky Numbers	n/a
Mid-day DC 4	8-5-I-6
Evening DC 4	n/a
Rolling Cash Five	n/a
Daily 6	n/a

MARYLAND

Mid-day Pick 3	8-4-7
Evening Pick 3	n/a
Mid-day Pick 4	5-0-8-7
Evening Pick 4	n/a
Match 5	n/a

VIRGINIA

Mid-day Pick 3	6-0-7
Mid-day Pick 4	I-4-3-4
Mid-day Cash 5	I-8-II-28-31

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

Student Charged for Racial Slurs

WASHINGTON | Campus police at George Washington University have charged a student with drawing swastikas and racial slurs on the doors of dorm rooms.

University spokeswoman Tracy Schario says the suspect has been barred from campus and will go

through GW's judicial system.

The university is not releasing the student's name, citing privacy laws. Schario says GW officials also are looking at whether the suspect may have violated D.C. or federal laws. The drawings were reported Friday night. (AP)

MASTER'S DEGREE

Master of Arts in Applied Economics

- Public Policy
- Business Economics
- Environmental Economics
- Quantitative Methods
- Financial Economics & Macroeconomics
- International Economics & Development

Master of Arts in Government

- Law and Justice
- Political Communication
- Homeland Security



INFO SESSIONS

MA in Applied Economics
November 8, 6:30 - 7:30 pm
1717 Massachusetts Ave. NW,
Room LL7
Washington, DC 20036.
Red Line metro to Dupont Circle

MA in Government
November 15, 6:00 - 7:00 pm
1717 Massachusetts Ave. NW,
Room LL7
Washington, DC 20036.
Red Line metro to Dupont Circle

Learn More and RSVP Online Now



JOHNS HOPKINS
UNIVERSITY

Zanvyl Krieger School of Arts and Sciences
Advanced Academic Programs

Evening, Weekend, and Online Classes.
Rolling Admissions. Apply Online.
Dupont Circle ■ Baltimore ■ Rockville ■ Online
advanced.jhu.edu 800.847.3330



Donate to FOHA thru CFC #83554
**To Adopt, Foster, Donate or Volunteer,
Please see our web site www.FOHA.org
Or call 703-385-0224.**



The FOHA Cattery



FOHA's Long Term Village

Our Mission

FOHA strives to:

- Bring an end to the unnecessary killing of companion animals
- Provide a safe haven for abandoned and abused animals
- Provide food, shelter, medical care, rehabilitation, and compassion to homeless animals
- Find permanent, loving homes for the animals in our care
- And most importantly, bring about a time when there will be no more homeless pets and every dog and cat can be guaranteed a loving home

Located in Northern Virginia, FOHA has been serving the Washington metropolitan area since 1973. FOHA is a non-profit no-kill shelter dedicated to saving homeless dogs and cats and placing them in permanent loving homes.

**Support FOHA by visiting our resale shop -
The Treasure Hound
101 Federal St., Middleburg, VA.**

Special Signal Financial Share Certificates

5.28% APY*

12 Month
Certificate

5.39% APY*

24 Month
Certificate

Open a Share Certificate during our promotional period, and receive a **complimentary gift****.

Also, you will enter into a drawing to
WIN \$2,000 cash.

signalfinancial *Get Connected*
Federal Credit Union

*Annual Percentage Yield. To be eligible for APY, funds must be brought from an external source.
**While supplies last.
Minimum deposit required. Other restrictions apply.
See www.sfonline.org/whatsnew.asp for details. Drawing will be held on February 12, 2008.
Offer expires on November 30, 2007.

Live
Work
Worship or
Go to School in the
District of Columbia?
You're eligible to apply!

www.sfonline.org

301-933-9100

We have DC, MD & VA
branch locations!



**SUCCESS
INTERNATIONAL SCHOOL**
(NURSING SCHOOL)
1915 RHODE ISLAND AVENUE N.E.
INTERNATIONAL HOUSE OF PRAYER HALL
WASHINGTON, D.C. 20018
(A GOVERNMENT APPROVED SCHOOL)



- (a.) Nursing Assistant Program for 4 weeks period. (M--F) 8:30am – 3:30pm morning 4:00pm – 9:00pm Eve
- (b.) Nursing Assistant Program for 6 wks period (Sat. only) Sat: 9:00am – 7:00pm
- (c.) Home Health Aide Program: M-F Two weeks Program 8:30am – 3:30pm morning 4:00pm – 9:00pm Eve
- (d.) Home Health Aide Program: 4 weekends Sat: 8:00am – 7:00pm
- (e.) RN and LPN NCLEX Review Classes for Board Exam. (One Month)
- (f.) First Aid, Infant/Child, Adult/AED CPR (Red Cross) (Sat & Sun)
- (g.) 16 HOURS HOME HEALTH AIDES FOR CNA TO HHA Sat 9:00am – 5:00pm & Sun 9:00am – 5:00pm
- (h.) Criminal Background Check (From GLOBAL INVESTIGATIVE)

Knowledge is power, make a wise decision and register for any of the above program today.

Tel. # 202-636-1877 Fax. # 202-636-1879

GRADUATE PROGRAM INFORMATION SESSION

TRACHTENBERG SCHOOL OF PUBLIC POLICY AND PUBLIC ADMINISTRATION

Information Session

Thursday, Nov. 8
5:30 pm – 7:00 pm
Media and Public Affairs
Building
805 21st Street, NW
Sixth Floor
Washington, DC

Rsvp Today!
202.994.6295
spppa@gwu.edu

Consider the Possibilities.

Earn a Master's or PhD in Public Policy and Public Administration while living and working in DC. Interact with excellent, student-oriented faculty. Combine research, theory, skill, and real-world applications.

Top Ten.

The Trachtenberg School of Public Policy and Public Administration is ranked as one of the top ten graduate schools in public affairs by US News and World Report.

THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON DC

**BRING US YOUR
AMBITION.**
www.gwu.edu/gradinfo



G10019 THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

31 DOWN, I TO GO: After leading the Packers to a 33-22 win over the Chiefs in Kansas City on Sunday, quarterback Brett Favre can claim he has beaten every team in the NFL — except, of course, the Packers. He probably won't get that win.



Sports



POUND AND BE POUNDED: The Redskins stayed committed to the run against the Jets, and Clinton Portis, left, finished with 196 rushing yards. The defense also sacked Jets QB Kellen Clemens three times.

Redskins Slip by Against 1-8 Jets

23 | 20

Portis pounds the ball for 196 yards to help team win in overtime

REDSKINS | Shaun Suisham unloaded on the football with his right leg from 46 yards out and watched as it barely floated over the crossbar.

A squeaker or not, it was good enough to deliver the Washington Redskins a 23-20 overtime victory over the New York Jets on Sunday.

"It's a good feeling," Suisham said. "You feel like you contributed to the team. The guys are working so hard all game and you're off on your own. When you get an opportunity like that, you feel more like a football player."

Suisham's winning kick was

his fifth field goal, tying a franchise record. He kicked another 46-yarder earlier, along with field goals of 40, 22 and 40 yards for Washington (5-3).

Mike Nugent had two field goals, including a 30-yarder that tied it for New York (1-8) with 10 seconds left in regulation. Leon Washington returned the opening kickoff 86 yards for a touchdown, becoming the first Jets player to have at least three in a season.

"That's a good way to start a game," Washington said.

It didn't last. The Redskins erased a 14-point deficit and beat the Jets for the eighth time in nine meetings, thanks to the legs of Suisham and running back Clinton Portis. Washington finished with 296 yards rushing, including a season-high 196 by Portis.

"I'm ready to carry this team," said Portis, whose 36 rushes were two short of a career high. "I've



Shaun Suisham celebrates his 46-yard game-winning field goal in overtime.

Sunday's Stats

Rushing: WASHINGTON: Portis 36-196, Betts 9-64, Campbell 2-31, Sellers 1-5; NEW YORK: Jones 13-49, Clemens 7-48, L. Washington 4-13, Cotchery 1-II, C. Davis 1-3. **Passing:** WASHINGTON: Campbell 12-23-142; NEW YORK: Clemens 23-42-226. **Receiving:** WASHINGTON: Cooley 4-58, Moss 4-49, Sellers 3-21, Randle El 1-14; NEW YORK: Cotchery 5-90, Baker 4-42, McCareins 3-32, B. Smith 4-27, L. Washington 4-18, T. Jones 2-16, Kowalewski 1-I.

been telling coach that: Just put it on me."

The loss, the Jets' sixth straight, spoiled a valiant effort by new starting quarterback Kellen Clemens. The second-year player, anointed earlier in the week as New York's starter in place of Chad Pennington, was 23-of-42 for 226 yards and a touchdown. He also gained 48 yards on seven carries.

"It's just so frustrating at this point," Clemens said. "We battled so hard for four quarters and then the overtime period, and we just came up short on a kick that didn't make it by much."

DENNIS WASZAK JR. (AP)

Grading GIBBS



→ **Best Call:** Trusting Shaun Suisham to put the game away with a 46-yard field goal on fourth-and-inches. Coming into Sunday's game, Suisham was just 2-for-4 on field goals longer than 40 yards, but four of the kicker's five field goals were at least 40 yards.

→ **Worst Call:** With nine minutes left in the game, the Redskins were in a position to eat up the clock if they could march down the field. Six run plays later, the team punts and the Jets tie it up.

→ **Best Adjustment:** Defensive coach Gregg Williams used his safeties — particularly, LaRon Landry — to blitz young Jets QB Kellen Clemens in the second half. As a result, New York scored just three points after halftime.

B It wasn't pretty, but after a slow start, the team finally made some adjustments.

Redskins	23	431	296	135	12/23	1/7	4/104	0/0	1/0	36:13	5/50	1/2	
3 10	6 7	3 0	8 3	3ot 20	FIRST DOWNS	TOTAL NET YARDS	RUSHING YARDS	PASSING YARDS	COMPLETIONS/ATTEMPTS	PUNT RETURNS/P. RETURN YARDS	KICKOFF RETURNS/K. RETURN YARDS	INTERCEPTIONS/RETURN YARDS	TIME OF POSSESSION
23	338	124	214	23/42	1/3	5/170	1/1	1/1	1/1	31:04	5/40	1/3	

**BOTOX \$199**

Guaranteed Results

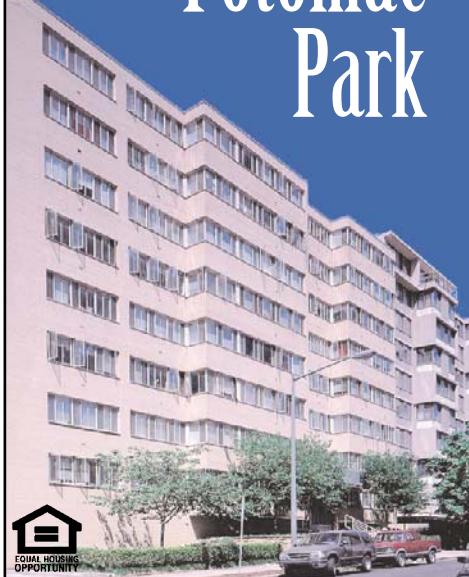
202.452.1332
703.533.1025
703.465.0666
301.738.6766
410.730.7226

24th and I St.,
Foggy Bottom Metro
Tyson's Corner
Alexandria
Bethesda
Columbia/Baltimore

Collagen \$299 • Restylane \$350
Radiesse & Sculptra
All procedures performed
by a physician
www.vitasurgical.com

FOGGY BOTTOM

Potomac Park



*Spacious Efficiencies
starting from \$1250
& 1 BRs starting from
\$1465 with dynamic
views of the city. Blocks
to Metro, the Kennedy
Center, World Bank, State
Department, Georgetown
and GW Universities.
Central HVAC, CATV &
HP internet available.*

510 21st Street, NW
(21st & E Streets)
1-866-410-9635

Bernstein Mgt. Corp.
www.bernsteinapts.com

GW COLLEGE OF PROFESSIONAL STUDIES

PARALEGAL STUDIES

In demand. Join one of the fastest growing professions in America and be valued and compensated for your expertise.

Powerful credentials. Earn the 18-credit *Paralegal Studies Graduate Certificate* or continue your study and transfer all 18 credits to a 32-credit *Master's Degree*.

Convenient. Classes offered two evenings a week in downtown DC. Complete your Certificate in 8 months or your Master's in about 15.

Just need a course? Take one or more of the elective courses in *Government, IP, or International Law*.

Information Session

**Thursday, Nov. 8
6:30 pm**

GW Marvin Center
800 21st Street, NW
Room 413
Washington, DC 20052

Metro: Blue or Orange Line
to Foggy Bottom-GWU

Rsvp Today!

202.973.1130
www.nearyou.gwu.edu/plx

Bachelor's degree required

THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON D.C.

BRING US YOUR
AMBITION.
www.gwu.edu/gradinfo

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION.

Sports

2:23

The time it took world record holder Paula Radcliffe to complete Sunday's New York City marathon, her first marathon in two years and since giving birth in January.

Pats Come Back vs. Colts

 **24** | **20** 

In battle of undefeated teams, New England wins in Indianapolis

NFL | This time, the New England Patriots struggled to survive.

But survive they did, staying on course for an unbeaten season as Tom Brady threw two touchdown passes in a four-minute span of the fourth quarter to overcome a 10-point deficit and beat Super Bowl champion Indianapolis 24-20 Sunday.

The win in perhaps the NFL's biggest regular-season game ever keeps the Patriots (9-0) on course for the NFL's first unbeaten season since Miami did it 1972 and gives them the first tiebreaker over Indianapolis (7-1) in the AFC playoffs.

New England, which had been averaging more than 41 points per game and had beaten eight oppo-



ANDREW LYONS/GETTY IMAGES
Randy Moss, right, caught nine passes for 145 yards and a TD to help beat the Colts.

nents by an average of more than 25 points, trailed 20-10 after Peyton Manning scored on a 1-yard sneak with 9 minutes and 42 seconds left in the game.

However, Brady's 55-yard completion to Randy Moss set up a 3-yard TD pass to Wes Welker. Roosevelt Colvin knocked the ball loose

from Manning to force a punt on the next series. Then Brady found Kevin Faulk over the middle for 13 yards for the winning score with 3:15 left.

Jarvis Green knocked the ball loose from Manning and Colvin recovered to clinch the game for New England. DAVE GOLDBERG (AP)

Depressed?



NIMH is conducting a study to look at how a currently FDA-approved drug, Scopolamine, which is used for motion sickness, can help with depression.

This is a 12-visit outpatient study conducted at the NIH Clinical Center in Bethesda, MD. The drug is given through a patch placed on the skin.

NIMH is seeking Participants:

- Ages 18-50
- Currently depressed
- Not taking medications for at least 3 weeks

Financial Compensation & Transportation Reimbursement Provided.
Atendemos pacientes de habla hispana.

Call: **301-594-3186**
(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>
or for other studies: www.clinicaltrials.gov

06-M-0234



The National Institute of Mental Health 
National Institutes of Health, Department of Health & Human Services

NIMH
National Institute
of Mental Health

Sports

Minnesota Rookie Runs to a Record



Peterson's 296 rushing yards is the most ever in a single NFL game

NFL | Adrian Peterson raced to the NFL's single-game rushing record on Sunday. Who knows how many more records he could have at the end of the year?

After giving up the longest play in league history on a missed field goal right before halftime, the Vikings turned to their amazing rookie and Peterson delivered — rushing for an NFL-record 296 yards in a 35-17 victory over the San Diego Chargers on Sunday.

Minnesota (3-5) held LaDainian Tomlinson to just 40 yards. Here's what Peterson did:

→ He topped 200 yards rushing for the second time this season, a feat no other rookie has accomplished.

NFL SCOREBOARD

WEEK 9 | NOV. 4

Buccaneers 17, Cardinals 10

Titans 20, Panthers 7

Saints 41, Jaguars 24

Packers 33, Chiefs 22

Lions 44, Broncos 7

Bills 33, Bengals 21

Falcons 20, 49ers 16

Patriots 24, Colts 20

Texans 24, Raiders 17

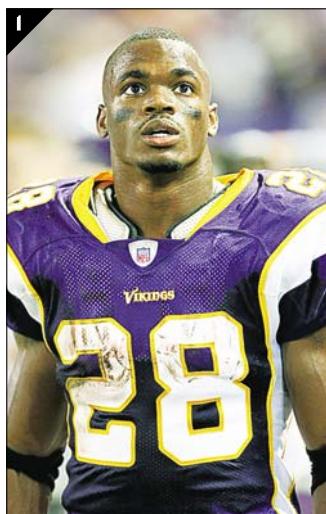
Seahawks, Browns (late game)

→ For results of Sunday night's Cowboys-Eagles game, see Today's Post, Sports.

→ He scored two of his three touchdowns and gained 253 yards in the second half.

→ He reached 1,036 yards rushing, putting him on pace to smash Eric Dickerson's rookie record of 1,808 yards. Dickerson's all-time record of 2,105 yards is in reach, too. (AP)

TOP DOGS | SUNDAY'S BEST IN THE NFL



The only way to describe Vikings RB **Adrian Peterson** is amazing. The rookie broke the NFL's single-game rushing record by going for 296 yards. **2. Lee Evans** (WR, Bills) caught nine passes for 165 yards and a touchdown in Buffalo's win over Cincinnati. **3. Drew Brees** looks more like last year's Drew Brees than this year's Drew Brees. After struggling to start the year, the Saints QB threw for 445 yards and three touchdowns. **4. A** member of the Redskins finally did something Top Dogs worthy. RB **Clinton Portis** went over 100 yards for the first time all year — way over. He rushed for 196 yards and a score in an overtime win over the Jets. (EXPRESS)

How well are your kidneys working? Find Out!

American Kidney Fund-Howard University Hospital
Community Health & Wellness Fair

When: Sat., Nov. 10, from 10 a.m. to 2 p.m.

Where:

Howard University Hospital,
in the Tower Auditorium
2041 Georgia Ave., NW

Free Kidney Health Screenings Snacks • Entertainment • T-Shirts • Exhibits

One Person Will Win an iPod Nano!

Free tests by the American Kidney Fund will check your kidney health, cholesterol, blood sugar levels, and other important health measures.

People 18 and older can be tested. An 8-hour fast beforehand is recommended for best results.

For more information, call Monique Cuffee at 1-800-638-8299, ext. 6656



American
Kidney
Fund®

HUH
HOWARD
UNIVERSITY
HOSPITAL

Sponsored by:

CareFirst BlueCross BlueShield

DINNER & A MOVIE

TUESDAY,
NOVEMBER 6
@ 8:00 PM

"CARMEN JONES"

STARRING DOROTHY
DANDRIDGE & HARRY
BELAFONTE "A
CLASSIC, EXCITING
AND TREMENDOUS
PICTURE... A REAL
MASTERWORK."
FEATURING SPECIAL
\$30 THREE COURSE
MENU IN ADDITION TO
OUR FULL MENU..."

POSH

730 11TH STREET NW

TechAdvance

LEARN GROW ADVANCE

Experienced trainers
with industry
experience

Hands-on training

Daytime, evening and
weekend classes

Continuing education
units awarded

Flexible payment
options

Courses meet
DoD 8570.01
requirements

Professional Development Programs

Oracle 10g Database Administration	Nov 05
Network+	Nov 10
Cisco Certified Network Associate	Nov 10
Security+	Nov 14
Information Technology Foundation (A+, Network+, MCP, CCNA, Security+)	Nov 27
Web Design	Dec 08
CISSP Fast Track	Dec 10
MCSE Windows 2003	Feb 09
Web Developer	Feb 16

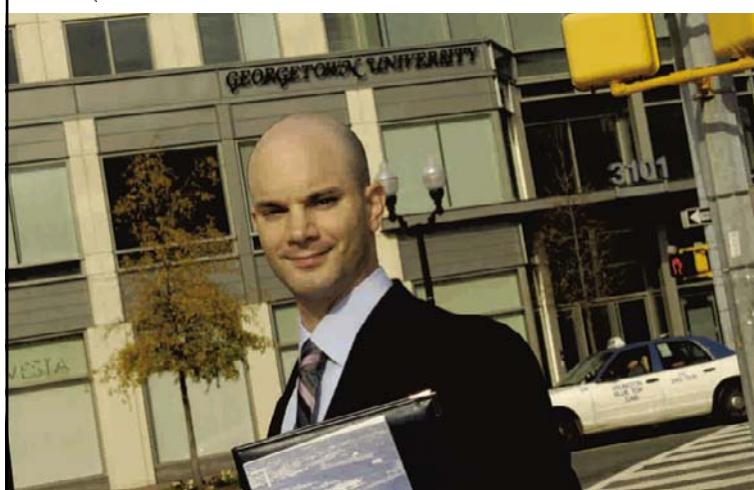
For complete outline and schedule,
visit our website at <http://ite.gmu.edu/techadvance>
Arlington, Herndon, Loudoun and Manassas

703-842-7404 advance@gmu.edu



GEORGETOWN UNIVERSITY

PROFESSIONAL DEVELOPMENT



Certificate in Financial Planning

Invest in your own future and that of your clients by earning a Certificate in Financial Planning from Georgetown University. Fulfill the educational requirements for certification and establish yourself as one of the industry's elite professionals with credentials that will make you stand out. Courses include:

- Investment Planning
- Income Tax Planning
- Insurance Planning
- Estate Planning
- Retirement and Employee Benefit Planning

LEARN MORE AT OUR INFORMATION SESSION

Thursday, November 8, 2007 | 6:00 p.m.

3101 Wilson Blvd, Suite 200, Arlington, VA

(across the street from Clarendon Metro Station)

Please call 202.687.7000 or visit cpd.georgetown.edu/financial

SCHOOL OF CONTINUING STUDIES

Drive you.

"Cars" can put you in the right wheels. **Wednesdays. express**

X017b 2x5

Sports

Buckeyes, Tigers And Ducks on Top

Taking advantage of
B.C.'s loss, LSU moves
back to No. 2 ranking

COLLEGE FOOTBALL | LSU is back
where it started in the Top 25.

The Tigers moved up to No. 2 in
The Associated Press poll released
Sunday, right where they began the
season. No. 3 Oregon also moved up
a spot and was close behind LSU.

Ohio State was No. 1 for the
fourth consecutive week, getting
60 out of 65 first-place votes from
the media panel. LSU received the
other five first-place votes.

No. 4 Oklahoma and unbeaten
Kansas round out the top five. The
Buckeyes, Jayhawks and Hawaii,
which is 14th, are the remaining
undefeated major college teams.



LSU celebrates its win over Alabama,
which moved the Tigers up to No. 2.

LSU benefited from Boston Col-
lege's 27-17 loss to Florida State on
Saturday night. B.C. became the
fourth team to lose as No. 2 this
season, joining USC, South Florida
and California.

The Eagles dropped six places
to eighth after their first defeat of
the season. RALPH D. RUSSO (AP)

Arizona's Olson Goes on Leave

COLLEGE HOOPS | Arizona men's bas-
ketball coach Lute Olson is taking
a leave of absence for unspecified
personal reasons.

In a statement issued by his pub-
lic relations firm on Sunday, the 73-
year-old Hall of Famer said the mat-
ter was not health related.

"For the past 25 years, I have always
given 110 percent to the team and this
job," Olson said. "In light of this per-
sonal matter, I feel it is in the best interest
of the team and the University of Ari-
zona to take a leave of absence."

Olson said he wanted to "reassure
everyone that this isn't a health scare,
but rather a personal matter that
needs my undivided attention."

Assistant coach Kevin O'Neill
will assume Olson's duties. (AP)

Ames Gets 1st Win at Last Tourney

GOLF | Stephen Ames wanted to
escape the chill of Calgary for the
final PGA Tour event, a decision
that paid off Sunday when he closed
with a 4-under 68 for a one-shot
win in the Children's Miracle Net-
work Classic.

Ames emerged from a crowded

leaderboard at Disney with three
birdies on the back nine, then saved
par from 65 feet out of the bunker to
avoid a playoff with Tim Clark.

It was the first victory in a year
that Ames already had deemed a suc-
cess because of overhauling his swing
to cope with back issues. (AP)

TODAY'S TV LINEUP

CAPITALS (7 P.M. ON CSN) Following two
straight losses, the Caps begin a three-
game road trip with a visit to the Carolina
Hurricanes, who the Caps beat up on 2-0
in the second game of the season.

NFL (8:30 P.M. ON ESPN) It's no secret that
scoring hasn't been the Ravens' strong
suit this year. They're going to have to rely
on their defense to stop a Pittsburgh team
that remains undefeated at home.

Personal Tech

Solving Crimes Online

**Social networking
Web sites offer tools
for law enforcement**

ARLINGTON, VA. | Whether it's on MySpace, Facebook, "Second Life" or other Web flavors of the moment, criminals and victims — especially young ones — are leaving clues in plain sight online, even for off-line crimes.

For Indiana state trooper Lt. Charles Cohen, speaking at the recent three-day conference of the National White Collar Crime Center, the idea that police officers need to be better at incorporating the online world into their patrols is at the forefront.

Many police departments have computer crews that perform skillful forensic analyses on hard drives and specialize in nailing online predators. Cohen's lectures are not for them.

Instead he's trying to reach everyone else in law enforcement: beat police officers, homicide detectives



DARRON CUMMINGS/AP

Indiana state trooper Lt. Charles Cohen thinks police need to investigate the online world — including Web sites such as MySpace — as part of their patrols.

and other investigators who might otherwise think monitoring the Internet is not their responsibility.

"People under 25 tend to think about what is public versus private information differently from the rest of us, and that is great for law enforcement investigators," said Cohen.

Les Lauziere, a computer crimes

investigator for the Virginia Attorney General, suggests that police need to incorporate Internet analysis into every investigation. In the coming years, he says, asking whether a police department has a distinct cybercrime unit will be like asking whether there's a telephone squad. (AP)

Now Accepting Applications

Chavez Capitol Hill
709 12th Street, SE
202-547-3424

Accepting Applications for
Grades 9 and 10

← →
Chavez Parkside
3701 Hayes Street, NE
202-398-2230

Accepting Applications for
Grades 6, 7 and 8

← →
Chavez Bruce Prep
770 Kenyon Street, SE
202-723-3975

Accepting Applications for
Grade 6, 7 and 8

Unique Public Policy Program • 100% of Graduating Seniors Accepted to College
Safe, Caring Environment • Outstanding Faculty and Staff

For more information, call 202-547-3975 or visit www.chavezschools.org

Learning The Lab School Way!



Our rigorous academic program is enhanced through a broad multi-sensory arts based program that looks beyond books by teaching reading, math, geography, history, problem solving, and thinking skills primarily through experiential and project based approaches.

**Our new elementary campus at
1550 Foxhall Rd. NW opens in January '08!**
Applications welcome
Call Today! 202.965.6600

PROGRAMS OFFERED:
 • Day School (K-12) • Summer School • After School
 • Adult Night School • Tutor Training • Lecture Series
 • Tutoring Services • Occupational Therapy
 • Educational Consulting • Professional Workshops
 • Speech & Language Therapy • Career & College Counseling • Diagnostic & Psychological Services

Maryland: Baltimore Lab Day School (1-12)



The Lab School of Washington®

41 YEARS OF TEACHING AND WORKING SPECIFICALLY WITH THE LEARNING DISABLED

GREAT JOURNEYS BEGIN AT THE RIVER



CHRISTCHURCH SCHOOL

An Episcopal college preparatory school located on the Rappahannock River. Just a short two hours from the Greater Washington area. Boys boarding and co-educational day school for grades 9-12 and PG.

804-758-2306 | www.christchurchschool.org | admission@christchurchschool.org

Know Your Neighborhood. And Your Neighbors.

Home sales. Crime stats. Area Schools. Local Businesses.

Find all the information you want — about them all — without feeling nosy. Local Explorer. It's your go-to source online.

After all, informed neighbors make better neighbors.

Local Explorer. Get in the Know.

washingtonpost.com

washingtonpost.com/localexplorer

W465 2x3

All Your Dental Needs In One Office!



10% OFF
with this ad



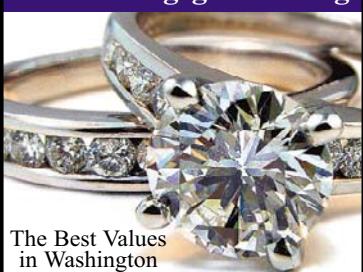
BEFORE

- Evening and Saturday Appointments
- Most Insurance accepted
- Free cosmetic consultation
- Free implant, Lumineer and Invisalign consultation
- One block from ROSSLYN METRO
- Emergencies seen same day

AFTER

Rosslyn Dental Center & Eye Street Dental Center
1800 N. Kent St. #100 | Arlington, VA 22209 | 703-807-0808
1712 Eye St. #812 | Washington, DC 20006 - Next to Faragut West Metro Station | 202-223-3536

Diamond Engagement Rings



The Best Values
in Washington

WASHINGTONDIAMOND.com
FALLS CHURCH, VA 703-536-3600



BE ACADEMIC.

Open House
November 17th
9-11 am

**THE
BARNESVILLE
SCHOOL**

PK-8

**Joy. Support.
Excellence.**



www.barnesvilleschool.org
rsvp:ncampbell@barnesvilleschool.org

DC Parents:

Looking for an excellent public high school for your child?



Thurgood Marshall Academy prepares high school students to succeed in college and to actively engage in our democratic society.

- 100% college acceptance rate
- Law-themed, college-preparatory, interactive classes
- Small class sizes
- Academic tutoring, mentoring, and college counseling
- Intensive summer program for incoming students
- Wide range of student athletics and clubs
- Open to DC residents entering 9th or 10th grade in 2008-2009

Want to learn more? Attend our Open House!

- Meet current students, teachers, and parents
- Tour our state-of-the-art facility
- Ask questions
- Pick up an application

Open Houses, 6:00 – 7:00PM

November 13, 2007 March 11, 2008
December 11, 2007 April 22, 2008
February 12, 2008

Thurgood Marshall Academy Public Charter High School
2427 Martin Luther King, Jr. Avenue, SE
Washington, DC 20020

(202) 563-6862 ext. 210 admissions@tmaphs.org www.thurgoodmarshallacademy.org
Thurgood Marshall Academy Public Charter High School is an equal opportunity organization and does not discriminate on the basis of race, color, creed, religion, disability, gender, ethnic or national origin, or veteran status. Thurgood Marshall Academy PCHS prohibits discrimination against individuals with disabilities and will reasonably accommodate applicants with a disability, upon request, and will also ensure reasonable accommodation for employees with a disability.



ARTofCONFRONTation

**Facing Human Rights
November 6–December 30, 2007**

Events Held in Conjunction with Fernando Botero's Abu Ghraib

A Conversation with Fernando Botero

Presented by SIS

Tuesday, November 6, 2 p.m., Abramson Family Recital Hall

Artists' Reception

Tuesday, November 6, 6 – 9 p.m., American University Museum

Human Rights in a Time of War: A Film Screening and Discussion with Ghosts of Abu Ghraib Producer Liz Garbus

Presented by the SOC Center for Social Media and the WCL Center for Human Rights and Humanitarian Law

Thursday, November 8, 5:30 p.m., Abramson Family Recital Hall

D.C. Poets Against the War: An Evening of Poetry

Saturday, November 10, 6 – 9 p.m., American University Museum

Training Symposium: Professional Responsibility After Abu Ghraib

Presented by SOC, SPA, and Kogod

Monday, November 12, 5:30 – 7:45 p.m., Weschler Theater, Mary Graydon Center 3rd Floor

Torture Around the World: A Panel Discussion

Presented by the WCL Center for Human Rights and Humanitarian Law, the International Human Rights Law Clinic, and the Kay Spiritual Life Center

Thursday, November 15, 6 – 9 p.m., American University Museum

Anthropologists Look At Interrogation, Abuse, and Human Rights: A Panel Discussion

Presented by the Department of Anthropology, CAS

Tuesday, December 4, 8:15 p.m., Abramson Family Recital Hall



Fernando Botero, Abu Ghraib, 2005.
Oil on canvas, 13 x 12 5/8 inches.
© Fernando Botero, courtesy of Marlborough Gallery, New York, NY.

AMERICAN UNIVERSITY
COLLEGE OF ARTS & SCIENCES
KOGOD SCHOOL OF BUSINESS
SCHOOL OF COMMUNICATION
SCHOOL OF INTERNATIONAL SERVICE
SCHOOL OF PUBLIC AFFAIRS
WASHINGTON COLLEGE OF LAW

KATZEN
AMERICAN UNIVERSITY MUSEUM
COLLEGE OF ARTS & SCIENCES
4400 Massachusetts Ave., NW
Washington, DC 20016-8031
Open Tuesday – Sunday,
11 a.m. – 4 p.m.
Free admission. Check website
for holiday closings.
202.885.ARTS
www.american.edu/museum
An equal opportunity/
affirmative action university

Stone Ridge

SCHOOL OF THE SACRED HEART

A Catholic, Independent, College Preparatory School for Girls (JK-12), Coed (JK-K), and Member of the Network of Sacred Heart Schools located in Bethesda, Maryland



OPEN HOUSE 2007

Saturday, November 10

- Lower and Middle Schools — 9:00–11:30 AM
- Tuesday Tours (9:00 a.m. — for all grades)
- November 27, 2007 • December 4, 2007
- January 8, 2008

301-657-4322, EXT. 321
WWW.STONERIDGE.ORG



BIG-TIME SCORE: "American Gangster" made that money this weekend at the box office, pulling in a whopping \$46.3 million at the box office. Jerry Seinfeld's animated feature, "Bee Movie," came in a not-so-shabby second with \$39.1 million.

Entertainment



SPECIAL IN HIS OWN WAY: Vince Vaughn, second from right, has a hard time keeping up with his powerful sibling in "Fred Claus."

Sibling Rivalry

Santa and his older brother, Fred, have very little in common

BROS | Vince Vaughn, who struck box-office gold with the R-rated comedies "Old School" and "Wedding Crashers," goes family friendly in the PG-rated holiday offering "Fred Claus."

The fast-talking Vaughn plays

Fred, Santa's underachieving older brother. Money troubles force Fred to go to work for his famous sibling at the North Pole, where unresolved family issues resurface. Santa, the favorite son, has an eating disorder. Fred, the black sheep, can never live up to his baby brother's success. At his new job, this former repo man is ill-prepared to figure out who's naughty and who's nice.

"What really worked most in

this film was the unique thing about whether there are naughty kids," says Vaughn, "or are they just misunderstood?"

"Fred Claus" marks the third collaboration between Vaughn and filmmaker David Dobkin. They previously worked together on the 1998 dark comedy "Clay Pigeons" and 2005's "Wedding Crashers."

Vaughn, 37, says he welcomed the

chance to work with Dobkin again. He also liked the script and the idea of making a holiday movie.

"I try to find stories that are going to be fun," says Vaughn.

Vaughn was impressed with the stellar cast Dobkin assembled. Oscar winner Kathy Bates plays the Claus brothers' mother; Oscar winner Rachel Weisz plays Fred's girlfriend; Oscar nominee Paul Giamatti plays St. Nick; Oscar winner Kevin Spacey plays an officious efficiency expert; and Oscar nominee Miranda Richardson plays Fred's disapproving sister-in-law.

"Everyone's been nominated or won but me," Vaughn jokes. "I sort of got a complex on the set after a while."

Vaughn, who watched classic holiday cartoons on TV as a kid, sees "Fred Claus" as a live-action version of those shows. "The adults can follow it on one level, and the kids are really connecting to it on another level," he says.

"Fred Claus" is based on a story by Jessie Nelson, who conceived of it after her 8-year-old daughter asked her whether Santa had a family. That got the writer thinking: "What if Santa had a brother?"

"I've always been fascinated by the notion of birth order and sibling rivalry," says Nelson. "I think every family has a little of it."

For Giamatti, it was no big deal getting into the role of Santa. "You know a lot of the stuff you're supposed to do: I had to work up a good 'ho-ho-ho,'" the bearded actor says. ANGELA DAWSON

(ENTERTAINMENT NEWS WIRE)



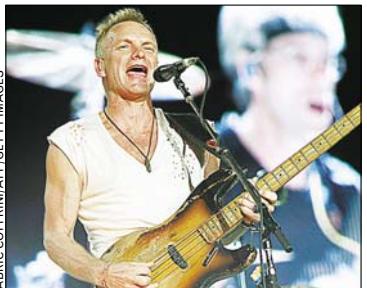
FOR MORE TOP STOPS AND ENTERTAINMENT FEATURES, VISIT READEXPRESS.COM

JOHN DOE Remains Anonymous



1 John Doe, the former guitarist for suitably named punk band X and one of the most influential American musicians of the 1980s, tours solo with his sixth roots rock album, "A Year in the Wilderness." He brings his bluesy vocals and impressive strummin' skills tonight to Jammin' Java, where he shares a bill with Garrison Star.

→ Jammin' Java, 227 Maple Avenue E., Vienna; 8 p.m., \$12; 703-255-1566.



THE POLICE ROXXXanne

2 We know, we know: Reunion tours have great potential for being corny. But this is the Police, people, one of the most successful bands in the history of modern music. Corny or not, it should be a rockin' good time. Check them out tonight with Fiction Plane.

→ Verizon Center, 601 F St. NW; 7:30 p.m., \$53-\$228; 202-397-7328. (Gallery Place - Chinatown)

BELLYDANCE SUPERSTARS Shake That Thing

3 Bellydance Superstars travel the world, well, belly dancing. Now on their "Babelesque" tour, they bring an authentic version of the enticing Middle Eastern art form to the Birchmere on Monday and Tuesday.

→ Birchmere Music Hall, 3701 Mt. Vernon Ave., Alexandria; 7:30 p.m., \$29.50; 703-549-7500.

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com

Solove's Google Generation

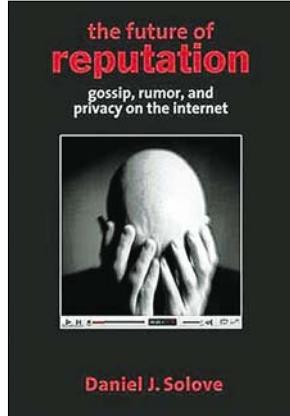
A GW professor worries about 'The Future of Reputation'

ONLINE | Facebook, MySpace, Google and blogs do more than make the workday go by faster.

They also contribute to an increasing lack of privacy as individuals post information about themselves and their friends online — a permanent record that search engines can pull up for years after the fact.

George Washington University law professor Daniel Solove is a privacy expert, having lectured on the subject and penned numerous texts, both academic and popular. His recent book "The Future of Reputation: Gossip, Rumor and Privacy on the Internet" (Yale University Press) addresses privacy issues that dominate the Internet today, as well as solutions for balancing new

For more of our conversation with Solove, visit readexpress.com



technology, freedom of speech and privacy.

"The Internet is not necessarily a threat to privacy, nor is it a friend to privacy," Solove said. "A new technology exacerbates existing problems, and ultimately what matters is what we do, what policies we set and what rules we establish that will govern privacy." KATHERINE SILKAITIS (EXPRESS)

→ Borders, 18th and L streets NW; 6:30 p.m., free; 202-466-4999. (Farragut West)



express



automobile dealers


ROCKVILLE AUDI
 Rockville, MD
 1450 Rockville Pike

 301-881-0900
rockvilleporsche-audi.com

KOONS FORD ROCKVILLE
 Rockville
 718 Rockville Pike

 877-518-1747
www.koonsford.com

JERRY'S JEEP OF MANASSAS
 Manassas
 8820 Centreville Rd

 703-631-1181
www.jerrysjeep.com

DARCARS NISSAN
 Rockville, MD
 15401 Frederick Rd.

 301-309-2200
www.darcars.com

KOONS TYSONS TOYOTA
 Vienna, VA
 8610 Leesburg Pike

 888-505-1137
www.koons.com
**CAPITOL CADILLAC**
 Greenbelt, MD
 6500 Capitol Drive

 301-441-9600
www.capitolcadillac.com
**CHEVROLET****KOONS CHEVY TYSONS**
 Vienna, VA
 2000 Chain Bridge Rd

 888-383-8200
www.koons.com
**BILL PAGE HONDA**
 Falls Church
 6715 Arlington Blvd

 866-391-8562
www.billpagehonda.com

SHEEHY HONDA
 Alexandria
 7434 Richmond Hwy

 703-660-0100
www.sheehyhonda.com
**MOORE CADILLAC HUMMER**
 Chantilly
 25440 Pleasant Valley Rd

 866-362-5357
moorehummer.com
CASTLE FORD
 Silver Spring
 3111 Automobile Blvd

 866-369-9999
trycrystal.com
JERRY'S FORD
 Annandale, VA
 6510 Little River Turnpike

 703-256-5000
www.JerrysFord.com
**JERRY'S LINCOLN MERCURY**
 Manassas
 6620 Centreville Rd

 703-631-1181
www.JerrysLMJeep.com
**Mercedes-Benz****EUROMOTORCARS GERMANTOWN**
 Germantown, MD
 19750 Germantown Rd. euromotorcarsgermantown.com

 240-686-1300
euromotorcarsgermantown.com
EUROMOTORCARS BETHESDA
 Bethesda, MD
 8020 Arlington RD

 301-986-8800
 Buying/Internet Services Welcome
**355 TOYOTA/SCION**
 Rockville, MD
 15131 Frederick Rd

 301-309-3917
www.darcars.com
**355 TOYOTA**
 Rockville, MD
 15131 Frederick Rd

 301-309-3917
www.darcars.com
ALEXANDRIA TOYOTA
 Alexandria
 3570 Jefferson Davis Hwy

 703-684-0700
alexandriatoysota.com
KOONS ARLINGTON TOYOTA
 Arlington
 4045 Lee Highway

 888-837-8657
koons.com
MOORE LUXURY CARS
 Tysons Corner
 8595 Leesburg Pike

 703-790-0950
www.mooreluxurycars.com
VOLVO**ALEXANDRIA VW**
 Alexandria
 107 W. Glebe Rd

 888-683-3064
www.AlexandriaVW.com
BROWN'S VW OF MANASSAS
 Manassas, VA
 88466 Maths Ave

 703-257-6002
www.ManassasVW.com
USED CARS**MOORE LUXURY CARS**
 Tysons Corner
 8595 Leesburg Pike

 703-790-0950
www.mooreluxurycars.com

Participant Information

School	State	Grades	Program Statement	Website	Phone/Fax
Barnesville School	MD	PreK-8	The Barnesville School is dedicated to providing a joyful and supportive learning environment for the development of excellence in each of us. We are nestled in Montgomery County's Agricultural Reserve. We provide a challenging academic program, while paying specific attention to the "whole child."	www.barnesvilleschool.org	301.972.0341 301.972.4076
Cesar Chavez Public Charter School	DC	6-12	The Cesar Chavez Public Charter Schools for Public Policy are tuition-free, college-preparatory schools serving the students of Washington, DC in grades 6 -12. Currently, we are accepting applications for students in the 6th –10th grades. For more information, visit www.chavezschools.org or call 202-547-3975.	www.chavezschools.org	202.547.3975 202.547.3449
Christchurch School	VA	8-12 and post grad	Founded in 1921, Christchurch School is one of six church schools owned by the Episcopal Diocese of Virginia. Christchurch is a college-preparatory school for boarding and day boys, and day girls, in grades 8 - 12, with a limited number of students accepted for a postgraduate year. Boarding students represent 16 states and 9 countries, while day students represent eight counties. There are 53 members of the class of 2008. The school admits academically qualified students without regard to race, creed, gender or ethnic origin.	www.christchurchschool.org	804.758.2306 804.758.0721
Lab School of Washington	DC	K-12	Pioneering program for bright students with learning disabilities. Arts-based full academic program, college prep, varsity sports, Shakespeare theater. New Foxhall campus and Baltimore Lab.	www.labschool.org	202.965.6600
Stone Ridge School	MD	Junior Kindergarten through Grade 8	Stone Ridge is a Catholic, independent, college preparatory school for girls (JK-12) and co-ed (JK-K), known for its challenging curriculum, technology initiatives, competitive athletics and community service program	www.stoneridge.org	301.657.4322 301.657.4393
Thurgood Marshall Academy Public Charter School	DC	9-12	Thurgood Marshall Academy's mission is to prepare high school students to succeed in college and to engage in our democratic society. We combine a rigorous standards-based curriculum with education about law, democracy, and human rights. Students learn academic subjects and develop their ability to solve complex problems, think critically, and advocate persuasively for themselves and their communities. We serve 360 students in grades 9 through 12.	www.thurgoodmarshallacademy.org	202.563.6862 202.563.6946

Adapt you.

 i"Personal Tech" can give you cool and useful tools. **Mondays.**
express

Entertainment

'Wire' to Be Cut

Devoted fans say farewell to the mean streets of Baltimore

THE END | A fervent following is eagerly awaiting the final season of an HBO drama.

No, this story isn't a year old.

While the final hurrah of "The Sopranos" had the weight of a genuine cultural event, the last season of "The Wire" is a more cultish affair.

The longest-running dramatic series on HBO, "The Wire" will enter its fifth and final season on Jan. 6. In certain circles, this is already cause for nail-biting anticipation.

"Get on with it, mother [expletive]," wrote one fan on the HBO "Wire" message boards, quoting the abbreviated last words of one of the show's main characters.

"The Wire" has never been an easy sell. In its first four seasons, it has in gritty detail painted a novelistic picture of urban decay. Set in Baltimore, the show follows police and drug dealers, portraying the tiered bureaucracy on each side of the law.

"It's all in the game," is the show's oft-repeated mantra.

"The Wire" excels in realism and in creating society-wide scope. Within a few episodes, the viewer



ON 'THE WIRE': Idris Elba as Stringer Bell and Wood Harris as Avon Barksdale.

is intimately connected with dozens of characters, from the mayor's office to homeless shelters.

Each season has centered on an institution. Last season looked into the education system, season three focused on politics, and the second season portrayed the decline of the city's shipping port. Season five will concentrate on the media, which is especially familiar ground for creator and executive producer David Simon, a former reporter for the Baltimore Sun.

For season five, Simon secured the rights to use the Sun's name. The main journalist is played by Tom McCarthy, who had small parts in "Syriana" and "Flags of

Our Fathers" but is perhaps best known as the writer-director of 2003's "The Station Agent."

"What this season is about is just how far you can go on a lie," Simon says in a promo that has been airing on HBO. The lie Simon is referring to is what deteriorating cities tell themselves: Everything is going to be all right.

"Wire" enthusiasm will be stoked with a DVD set of season four, out Dec. 4. It was the fourth season that garnered the show's best reviews, hailed by many as the best program on television. The Los Angeles Times even published an editorial praising the show. JAKE COYLE (AP)



COLUMBIA PICTURES

Tobey Maguire (or his stunt double) battles evil forces in "Spider-Man 3."

vel Comics movie franchise still has legs. The Sam Raimi-directed action-adventure was the No. 1 film of the summer and the top box

office draw of the year, raking in \$336.5 million domestically. The film also broke the opening-day record, taking in \$59.8 million in its first day of release last May.

And it appears that this cash cow will continue — a "Spider-Man 4" is on the horizon, and a "Spider-Man" musical will be heading toward the Great White Way with a score by U2's Bono and the Edge. Julie Taymor of "The Lion King" and "Across the Universe" is set to direct. The new double-disc DVD features six hours of extras, including bloopers, 10 featurettes and audio commentary with Raimi and the cast.

SUSAN KING (LOS ANGELES TIMES)

3rd Spidey Film Out On DVD

The nimble arachnid hero creeps his way onto TVs everywhere

DVD | Though reviews were mixed, "Spider-Man 3," which arrived on DVD last week, proved the Mar-

Butler Legal Group, PLLP

Payment Plans!

- Accidents • Criminal
- Employment • Immigration

We handle **ALL** your legal needs!

818 18th Street, NW, Suite 630,
Washington, DC 20006

Call Now at 202-223-6767



SCHOOL of PUBLIC AFFAIRS

AMERICAN UNIVERSITY ★ WASHINGTON, D.C.

Key Executive MPA

The Master's Degree in Public Administration
for government executives.

Learn more about our executive cohort,

weekend degree program at our
upcoming information session.

Information Session

Thursday, November 8

12 - 2 p.m.

Brookings Institution
1775 Massachusetts Ave., NW

Apply today for the Spring 2008 Cohort

The only executive MPA accredited by NASPAA
Ranked 8th in the nation

- U.S. News & World Report

spa.american.edu/key

EO/AA University and Employer

RSVP 202-885-3217 corrinet@american.edu

Get

fit

Tuesdays in Express

A weekly section about how to look
and feel and be your best.

express

A publication of The Washington Post

fit
is... health | fitness | nutrition | grooming | beauty
| fashion | relationships | and much more

XX142 2x2.5

Special Report solves the “My home isn’t selling” problem

WASHINGTON METRO – A “Special Report” explodes what its author exposes as “The myth of slow home sales.” In fact, the Report explains, in clear and plain English, how a home owner who wants to sell can not only count on a sale within 120 days but can be guaranteed that the sale will occur.

The Report proves its accuracy by quoting specific local instances in which the technique it describes has sold homes time after time, quickly, efficiently, and at a favorable price.

The author of the report, noted realtor Frank Sanya, has made numerous appearances on both television and radio.

Mr. Sanya states that the Report represents the compendium of his many years of real estate experience and can be of substantial value to homeowners, especially those whose homes have been on the market unsold for a considerable period of time. The author emphasizes that although he does not accept every listing, by following the Report’s procedures he accomplishes a sale in every instance in which he is the broker of record.

The secret, says the Report, is a combination of traits and procedures that consistently result in a successful sale. For a free copy of the Report, go to a private but available Web site – www.WantItSoldNow.com.

Re/Max 2000 (301)881-1700 Pardon our proactive and aggressive marketing; Not intended to solicit other broker's listings. ©2006 Frank Sanya. All rights reserved. No part of this advertisement may be reproduced in any form or by any means without written permission of copyright owner.



Master of Arts in International Media

The MA in International Media combines theory, research, and professional production skills to give you a global media advantage.

American University's School of Communication & School of International Service present a conversation with painter Fernando Botero, the launch of a new joint-degree program, and special reception.

Tuesday, November 6
American University
Museum
Katzen Arts Center
Mary Graydon Center
(MGC)
Room 4



- Conversation with artist Fernando Botero, moderated by SIS Dean Louis W. Goodman, 4 to 5 p.m. (Museum)
- International Media, MA Information Session, 5:30 to 6:30 p.m. (MGC)
- Debut of the complete works of Botero's *Abu Ghraib* exhibition and artists' reception, 6:30 to 9 p.m. (Museum)

RSVP to gradcomm@american.edu or 202-885-2040

www.american.edu/sis/ www.soc.american.edu
American University, 4400 Massachusetts Ave. NW, Washington, DC 20016

Learn Medical BILLING & CODING

Financial Aid if qualified

Job Placement Help
Day, Eve, Weekend



1(888) 461-8181
CTO SCHEV

LASER HAIR & SPIDER VEIN REMOVAL



Upper Lip or Chin Laser Hair Removal \$45

Under Arms Laser Hair Removal \$125

Bikini Line Laser Hair Removal \$125

Lower Legs \$295

Back Laser Hair Removal \$695

Neck Laser Hair Removal \$195

Light Sheer Diode Laser

Call for our Fall Special!

All procedures performed by a Physician

Up to 30% off on packages

0 Down, 0 Interest, 100% Financing

202-452-1332 24th and St., Foggy Bottom Metro

703-533-1025 Tyson's Corner

703-465-6666 Alexandria

301-738-6766 Bethesda

410-730-7226 Columbia/Baltimore

vita

www.vitasurgical.com

WeekendPass makes the weekend pulse.

Every Thursday in Express.



IRS PROBLEMS?

LET THE JK HARRIS TAX TEAM FIGHT FOR YOU!

“...the (Nation's) most successful (in terms of size) tax-resolution company.”

-The Wall Street Journal

Free Tax Settlement Analysis:

Confidential Interview by Appointment Only

800-765-3007



www.lowerbacktaxes.com

JK Harris & Company® Call for an Appointment Near You

Free Special Report: “How to End IRS Problems”

877-451-9111

We Also Negotiate Defaulted Student Loans

800-499-0951

The Nation's Largest Tax Representation Firm

Are you Depressed?

Have you been diagnosed with Major Depressive Disorder or Depression?

Have you tried at least one prescription anti-depressant medication that didn't work for you?

THE GEORGE
WASHINGTON
UNIVERSITY
MEDICAL CENTER
WASHINGTON D C

If you are between 18 and 65 years of age, and have had a poor response to anti-depressant medications in the past, you may qualify to participate in a research study, receive investigational medication and study-related physical exams.

**For Information call
(202) 994-2273.**

www.researchgw.com

The George Washington University is an Equal Opportunity/Affirmative Action Institution.

REGAL ENTERTAINMENT GROUP

GALLERY PLACE STADIUM 14 701 Seventh St NW 800-FANDANGO 1721#

Adv. Tix on Sale FRED CLAUS (PG) ★

Adv. Tix on Sale MR. MAGORIUM'S WONDER EMPORIUM (G) ★

Adv. Tix on Sale BEOWULF (PG-13) ★

AMERICAN GANGSTER (R) - ID REQ'D ★

DAN IN REAL LIFE (PG-13) ★

MARTIAN CHILD (PG) ★

SAW IV (R) - ID REQ'D ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

30 DAYS OF NIGHT (R) - ID REQ'D ★

GONE BABY GONE (R) - ID REQ'D ★

NIGHTMARE BEFORE CHRISTMAS 3D - \$2.50 EXTRA FOR 3D (PG) ★

Engineering Professionals

Bechtel is now hiring for the Dulles Corridor Metrorail Project.

- Architects
- Sr. Bridge Engineers
- Designers
- Civil Engineers
- Electrical Engineers
- Sr. Electrical Engineers
- Sr. Plant Layout Designers
- CADD
- Structural Engineers
- Sr. Structural Engineers

Please apply online at:
www.bechtel.com/careers;
 (click on Civil, select Virginia).

An equal opportunity employer.



- DC Traction Power Engineers
- Tunnel/Underground Engineers
- Project Estimator
- Sr. Cost Engineer
- Quality Control Manager
- Document Controls
- Administrative Assistants

got wine?
 Join Us for a Wine Auction
 Featuring 90+ Point Wines
www.sdcwineauction.org

Earn your
DEGREE
 in 16 months
HEALTH INFORMATION TECHNOLOGY or MEDICAL ASSISTING
Sanz
 since 1939
 Financial Aid If You Qualify
 Job Placement Assistance
 Day or Evening Classes
1(888) 461-8181
Licensed in VA by SCHVE

Great Minds
 THINK
 KOGOD



Graduate business education with you in mind.
 Want to inspire your career?
 THINK KOGOD.

ATTEND AN UPCOMING GRADUATE INFO SESSION:

Tuesday, November 6 | 6 - 8 p.m.
 Sette Bello, Arlington, V.A. (Clarendon metro stop)

Wednesday, November 14 | 6 - 8 p.m.
 American University - Mary Graydon Center

RSVP at kogod.american.edu/grad

MBA • MSA • MST • GRADUATE BUSINESS CERTIFICATES

AMERICAN UNIVERSITY'S KOGOD SCHOOL OF BUSINESS
 4400 MASSACHUSETTS AVENUE, NW • WASHINGTON, DC • 202-885-1913
 EO/AA UNIVERSITY AND EMPLOYER

Bipolar Mania Research Study

A nationwide clinical research study is now seeking volunteers with bipolar disorder. The purpose of the study is to evaluate the safety and efficacy of an investigational medication in treating bipolar disorder with current manic episode. You must be between the ages of 18 and 65. You may receive study medication, study related care, and diagnostic exams at no cost.

Symptoms of Mania Include:

- Extreme "High" or Euphoric Feelings
- Racing Thoughts
- Excessive Energy
- Easily Irritated
- Needing Little Sleep

For more information and a pre-screening evaluation please call:

703 998 5850



Comprehensive NeuroScience, Inc.

www.cnswebsite.com

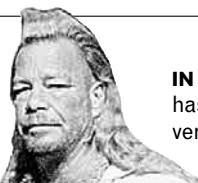
AMC		<i>Experience the Difference.</i>	
<p>A.M.Cinema - All seats \$4, \$5, or \$6, Digital 3D \$7 or \$8, before noon on Fri., Sat., Sun., & holidays - denoted by ()</p> <p>AMC Select - Special films for select tastes.</p>			
<p>AMC HOFFMAN CENTER 22 Eisenhower Ave and Telegraph Road in Alexandria 703-998-4AMC</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:10, 3:30, 5:35, 7:55, 10:10</p> <p>AMERICAN GANGSTER (R) ✓ 2:20, 3:00, 4:00, 6:00, 7:00, 8:00, 10:00, 12:00, 2:40, 3:20, 4:20, 5:20, 6:20, 7:20, 8:20, 9:00, 10:20</p> <p>THE MARTIAN CHILD (PG) ✓ 2:00, 4:20, 6:40, 9:00</p> <p>DAN IN REAL LIFE (PG13) 1:00, 4:30, 7:10, 9:50</p> <p>SAW IV (R) 2:00, 4:20, 6:40, 9:00</p> <p>30 DAYS OF NIGHT (R) 1:30, 4:15, 7:30, 9:45</p> <p>THE COMEBACKS (PG13) 2:35, 4:55</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:10, 2:25, 3:25, 5:25, 7:25, 9:25</p> <p>MICHAEL CLAYTON (R) 1:00, 4:15, 7:10, 9:55</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:10, 3:50, 6:30, 9:10</p> <p>WE OWN THE NIGHT (R) 2:10, 4:50, 7:05, 9:50</p> <p>THE GAME PLAN (PG) 1:15, 4:25, 7:05, 9:55</p> <p>THE KINGDOM (R) 7:50, 10:35</p> <p>AMC SELECT</p> <p>BELLA (PG13) 2:05, 4:55, 7:25, 10:05</p> <p>THE DARJEELING LIMITED (R) 1:45, 7:35</p> <p>LARS AND THE REAL GIRL (PG13) 2:55, 4:55, 8:15, 10:45</p> <p>GONE BABY GONE (R) 1:50, 4:35, 7:15, 10:15</p>			
<p>AMC COLUMBIA MALL 14 10300 Patuxent Parkway</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:40, 3:50, 5:55, 8:05, 10:05</p> <p>AMERICAN GANGSTER (R) ✓ 1:00, 2:40, 4:30, 6:10, 8:00, 9:40</p> <p>BEE MOVIE (PG) ✓ 1:40, 3:00, 4:00, 5:20, 6:20, 7:40, 8:40, 10:00</p> <p>THE MARTIAN CHILD (PG) ✓ 2:20, 4:50, 7:20, 9:50</p> <p>DAN IN REAL LIFE (PG13) 2:45, 5:15, 7:45, 10:05</p> <p>SAW IV (R) 2:00, 4:20, 6:40, 9:00</p> <p>30 DAYS OF NIGHT (R) 1:30, 4:15, 7:30, 9:45</p> <p>THE COMEBACKS (PG13) 2:35, 4:55</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:10, 2:25, 3:25, 5:25, 7:25, 9:25</p> <p>MICHAEL CLAYTON (R) 1:25, 4:40, 7:25, 10:10</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:10, 3:50, 6:30, 9:10</p> <p>WE OWN THE NIGHT (R) 2:10, 4:50, 7:05, 9:50</p> <p>THE GAME PLAN (PG) 1:15, 4:25, 7:05, 9:55</p> <p>THE KINGDOM (R) 7:50, 10:35</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 1:20, 4:10, 6:50, 9:20</p> <p>ACROSS THE UNIVERSE (PG13) 1:25, 3:35, 6:35</p>			
<p>AMC POTOMAC MILLS 18 2700 Potomac Mills Circle, Ste 886 703-998-4262</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:40, 3:50, 5:55, 8:05, 10:05</p> <p>AMERICAN GANGSTER (R) ✓ 1:00, 2:30, 3:30, 4:20, 6:00, 7:00, 8:00, 9:30, 10:20</p> <p>BEE MOVIE (PG) ✓ 1:30, 2:40, 4:00, 5:10, 6:30, 7:40, 9:00, 10:00</p> <p>THE MARTIAN CHILD (PG) ✓ 2:10, 4:55, 7:30, 10:10</p> <p>DAN IN REAL LIFE (PG13) 2:10, 4:55, 7:30, 10:15</p> <p>SAW IV (R) 1:45, 2:45, 4:15, 5:20, 6:45, 7:50, 9:15, 10:15</p> <p>30 DAYS OF NIGHT (R) 2:00, 4:50, 7:35, 10:15</p> <p>THE COMEBACKS (PG13) 2:15, 4:35, 6:55, 9:20</p> <p>MICHAEL CLAYTON (R) 1:25, 4:40, 7:25, 10:10</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:35, 4:25, 7:15, 10:00</p> <p>WE OWN THE NIGHT (R) 1:15, 4:10, 7:05, 9:50</p> <p>THE GAME PLAN (PG) 1:55, 4:45, 7:20, 9:55</p> <p>THE KINGDOM (R) 1:20, 4:05, 6:50, 9:35</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 2:25, 5:05, 7:45, 10:20</p>			
<p>AMC SPRINGFIELD MALL 10 Loisdale and Franconia Road 703-971-3991</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:40, 3:50, 5:55, 8:05, 10:05</p> <p>AMERICAN GANGSTER (R) ✓ 1:24:30, 2:00, 4:15, 5:40, 7:50, 9:30</p> <p>BEE MOVIE (PG) ✓ 12:30, 2:50, 5:10, 7:30</p> <p>THE MARTIAN CHILD (PG) ✓ 4:30, 7:00, 9:15</p> <p>DAN IN REAL LIFE (PG13) ✓ 1:00, 3:30, 5:55, 8:10</p> <p>SAW IV (R) ✓ 1:00, 3:20, 5:45, 7:00, 9:35</p> <p>30 DAYS OF NIGHT (R) 5:00, 7:50</p> <p>THE COMEBACKS (PG13) 1:30, 3:50, 5:40</p> <p>MICHAEL CLAYTON (R) 4:40</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 4:50, 7:45</p> <p>WE OWN THE NIGHT (R) 2:10, 4:50, 7:05, 9:50</p> <p>THE GAME PLAN (PG) 4:35, 7:10</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 7:30</p>			
<p>AMC TYSONS CORNER 16 7850 Tysons Corner Center 703-998-4262</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 12:45, 2:50, 4:55, 7:15, 9:15</p> <p>AMERICAN GANGSTER (R) ✓ 1:00, 1:20, 1:25, 3:15, 4:45, 6:45, 8:25, 10:20</p> <p>BEE MOVIE (PG) ✓ 1:10, 2:20, 12:30, 1:45, 3:00, 4:15, 5:30, 7:00, 8:10, 9:30, 10:30</p> <p>THE MARTIAN CHILD (PG) ✓ 12:05, 2:35, 5:10, 7:50, 10:35</p> <p>DAN IN REAL LIFE (PG13) 1:25, 3:05, 5:20, 7:40, 9:15, 10:45</p> <p>SAW IV (R) 1:25, 2:55, 5:20, 7:40, 10:00, 10:55</p> <p>30 DAYS OF NIGHT (R) 1:20, 2:45, 5:25, 8:05, 10:50</p> <p>THE COMEBACKS (PG13) 1:00, 3:25, 5:40</p> <p>RENDITION (R) 1:10, 2:00, 4:45, 7:35, 10:25</p> <p>MICHAEL CLAYTON (R) 1:40, 4:40, 7:30, 10:40</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:15, 2:30, 5:15, 8:00</p> <p>WE OWN THE NIGHT (R) 7:20, 10:05</p> <p>THE GAME PLAN (PG) 11:15, 1:15, 4:25, 7:05, 9:40</p> <p>THE KINGDOM (R) 7:55, 10:40</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 11:05, 1:55, 4:35, 7:10, 9:55</p> <p>ACROSS THE UNIVERSE (PG13) 1:10, 4:10</p>			
<p>LOEWS RIO CINEMAS 18 9811 Washingtonian Boulevard 301-948-0906</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:20, 3:40, 5:45, 7:50, 9:55</p> <p>AMERICAN GANGSTER (R) ✓ 1:30, 2:50, 5:00, 6:20, 8:40, 9:50</p> <p>BEE MOVIE (PG) ✓ 1:00, 2:10, 3:30, 4:40, 5:50, 7:10, 8:10, 9:40, 10:30</p> <p>THE MARTIAN CHILD (PG) ✓ 1:40, 2:40, 4:20, 7:00, 9:45</p> <p>DAN IN REAL LIFE (PG13) 1:45, 4:15, 6:45, 9:10</p> <p>SAW IV (R) 1:30, 4:05, 6:30, 8:50</p> <p>30 DAYS OF NIGHT (R) 2:20, 4:50, 8:00, 10:25</p> <p>THE COMEBACKS (PG13) 1:00, 3:25, 5:40</p> <p>MICHAEL CLAYTON (R) 1:50, 4:45, 7:30, 10:20</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:35, 2:45, 7:15, 10:05</p> <p>WE OWN THE NIGHT (R) 1:45, 3:30, 7:20, 10:20</p> <p>THE GAME PLAN (PG) 1:15, 3:55, 6:35, 9:20</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 1:15, 3:55, 6:35, 9:20</p> <p>ACROSS THE UNIVERSE (PG13) 1:10, 4:10</p>			
<p>AMC MAZZA GALLERIE Jenifer and Wisconsin 202-537-9553</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:20, 3:40, 5:45, 7:50, 9:55</p> <p>AMERICAN GANGSTER (R) ✓ 1:50, 5:10, 8:25</p> <p>BEE MOVIE (PG) ✓ 2:40, 5:00, 7:50</p> <p>THE MARTIAN CHILD (PG) ✓ 2:50, 5:20, 8:00, 10:25</p> <p>DAN IN REAL LIFE (PG13) 3:00, 5:30, 8:00</p> <p>SAW IV (R) 2:00, 4:30</p> <p>RENDITION (R) 2:00, 4:40, 7:20</p> <p>MICHAEL CLAYTON (R) 4:45, 7:15, 10:15</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 2:10, 4:45, 7:30</p> <p>WE OWN THE NIGHT (R) 1:40, 7:40</p> <p>THE GAME PLAN (PG) 3:20, 5:20, 7:20, 9:40</p> <p>THE KINGDOM (R) 7:55, 10:40</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 11:05, 1:55, 4:35, 7:10, 9:55</p> <p>ACROSS THE UNIVERSE (PG13) 1:10, 4:10</p>			
<p>LOEWS DUPONT 5 1350 19th St. 1-800-FANDANGO #711</p> <p>DIGITAL 3D</p> <p>TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS IN DISNEY DIGITAL 3D (PG) 1:30, 3:40, 5:45, 7:50, 9:55</p> <p>AMERICAN GANGSTER (R) ✓ 3:45, 7:00</p> <p>MR. UNTOUCHABLE (R) 4:45, 7:45</p> <p>O JERUSALEM (R) 4:00, 7:30</p> <p>DESERT BAYOU (NR-NOT RATED) 5:00, 8:00</p> <p>MICHAEL CLAYTON (R) 4:15, 7:15</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:15, 4:10, 6:50, 9:45, 10:30</p> <p>WE OWN THE NIGHT (R) 1:40, 7:40</p> <p>THE GAME PLAN (PG) 3:20, 5:20, 7:20, 9:40</p> <p>THE KINGDOM (R) 4:20</p> <p>AMC SELECT</p> <p>GONE BABY GONE (R) 2:30, 5:05, 8:05, 10:30</p> <p>INTO THE WILD (R) 3:15, 4:45, 7:45, 10:25</p> <p>TYLER PERRY'S WHY DID I GET MARRIED? (PG13) 1:15, 4:10, 6:50, 9:45, 10:30</p> <p>WE OWN THE NIGHT (R) 1:50, 4:25, 7:50, 10:30</p> <p>ACROSS THE UNIVERSE (PG13) 4:30, 10:25</p>			
<p>LOEWS UPTOWN 1 3426 Connecticut Avenue N.W. 1-800-FANDANGO #713</p> <p>DIGITAL 3D</p> <p>BLADE RUNNER: THE FINAL CUT (R) 2:30, 5:15, 8:00</p>			

Times for Monday, November 5, 2007

-SPECIAL ENGAGEMENT No passes or discount coupons

Closed Captioning - Descriptive Video Service

Television

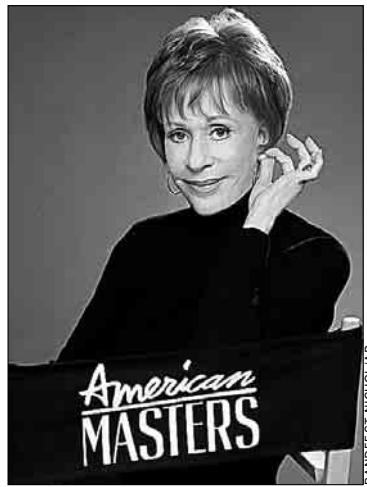


IN THE DOG HOUSE: Television bounty hunter Duane "Dog" Chapman's show has been pulled from the air indefinitely by A&E, two days after a private phone conversation in which the reality star used a racial slur repeatedly was posted online.

Behind the Smile

The ever cheerful Carol Burnett has a poignant, sad story

STRENGTH | "American Masters" celebrates one of the most popular figures in television history with "Carol Burnett: A Woman of Character" (9 p.m., PBS). The film makes much of her unhappy biography and the fact that this famous clown spent many of her formative hours watching movies with her grandmother in Fort Worth, Texas, as her parents waged a losing battle with alcohol. Burnett would go on to care for her orphaned younger sister and then



HAVE A LAUGH, SING A SONG: Carol Burnett's priorities on her show.

help a daughter battle drug addiction only to lose her to cancer.

The bulk of "Woman" consists of familiar and favorite clips from "The Gary Moore Show" and her own variety show that dominated ratings for more than a decade after its launch in 1967. Burnett's supporting cast, including Harvey Korman, Tim Conway and Vicki Lawrence describes Burnett's show as a happy production where the biggest problem was not cracking up on camera.

The "Carol Burnett Show" aired during some of the most tumultuous times in recent history and during a period when television began to appeal to niche audiences. She bridged the TV gap between Red Skelton and John Belushi. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

ON TV TONIGHT

DRINKING SPAWNS CHATTER

College homecoming proves to be a rough place to keep a secret on **CHUCK** (8 p.m., NBC).

FIELD WORK

Chris splices up his journalism with some tales from the 'hood on **EVERYBODY HATES CHRIS** (8 p.m., CW).

HE SOUNDS PLEASANT

The nightmare man keeps several heroes tied up on **HEROES** (9 p.m., NBC).

MYSTIC = EVIL

HITLER AND THE OCCULT (9 p.m., National Geographic) explores the dictator's life-long embrace of exotic mystic beliefs.

BASED ON A CREEPY STORY

Now entering its second season, the series **MURDER BY THE BOOK** (10 p.m., Court TV) explores the true crimes



BACK TO SCHOOL: College homecoming for Chuck tonight on, um, "Chuck."

and notorious trials that inspired and intrigued some of America's most popular novelists.

THEY 'LOVE' HIM

Three women grovel for two roses on **THE BACHELOR** (10:15 p.m., ABC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

	11.5.07	6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
LOCAL CHANNELS															
WRC	4	News (N) 88		NBC Nightly News	Access Hollywood	Chuck (N) 1 88		Heroes "Out of Time" (N) 1 88		(:01) Journeyman "Double Down" (N)		News (N) 88	Tonight Show		
WTTG	5	News (N)	TMZ (N) 1 88	The Simpsons 1	Seinfeld 88	Prison Break "Photo Finish; Vamonos" (N) 1 (PA) 88						News (N)	TMZ 1 88		
WJLA	7	News (N) 88	ABC Wld News	Wheel of Fortune	Jeopardy! (N)	Dancing With the Stars Couples perform. (S Live) 88		Samantha Who? 15	The Bachelor (N) 1 88	News (N) 88		News (N) 88	(:35) Nightline (N)		
WUSA	9	News (N) 88	Evening News	News	Entertainment	How I Met	Big Bang Theory	Two/Half Men	Engagement	CSI: Miami "Chain Reaction" (N) 1		News (N) 88	Late Show		
WDCA	20	Judge Judy (N) 1	Judge Joe Brown	King of Queens	King of Queens	Breaking Magician's Code		Celebrity Exposé Jennifer Lopez. (N)	Every-Raymond	King of the Hill 1		Law & Order: Criminal Intent 88			
WMPT	22	The NewsHour With Jim Lehrer (N)	Business Rpt.	Business Rpt.	Direct Connection	Antiques Roadshow (N) 1 88		American Masters (N) 1 88				The Motherhood Manifesto 1	Direct Connection		
WETA	26	BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)		Antiques Roadshow (N) 1 88		American Masters 1 88				Lucille Ball: Finding Lucy "An American Masters Special"			
WHUT	32	Moneytrack 1	Tavis Smiley 1	BBC World News	Moneywise	The War "The Ghost Front" 1 88 (DVS)				BBC World News	Tavis Smiley 1	Charlie Rose (N) 1 88			
WDCW	50	My Wife and Kids	Family Guy 88	Two/Half Men	Friends 1 88	Hates Chris	Aliens in America	Girlfriends (N) 1	The Game (N) 1	Family Guy 88	Friends 1 88	Two/Half Men	Sex and the City		
BASIC CABLE															
A&E		Cold Case Files "Kidnapped" 88	CSI: Miami "Dispo Day" 1 88	Intervention Drug addicts 88		Intervention Alcohol or family 88		The First 48 88				The First 48 88			
Animal		The Crocodile Hunter 88	Face to Face With a Cougar 88	Meerkat Manor	Meerkat Manor	Tigers of the Emerald Forest 88		Animal Cops Houston 88				Meerkat Manor	Meerkat Manor		
BET		106 & Park: BET's Top 10 Live 88		How You Know: Rap-It-Up Sex Quiz	Access Granted	Movie						Hell Date 88	Hell Date 88		
Bravo		Real Housewives	Real Housewives			★★ "Blow" (2001) Johnny Depp, Penélope Cruz. 88		★★ "Blow" (2001) Johnny Depp, Penélope Cruz. 88							
Comedy		(5:00) ★★ "The Last Shot" (2004)	Scrubs 1 88	Scrubs 1 88	Daily Show	Colbert Report	Chappelle's Show	South Park 88	Scrubs 1 88	Scrubs 1 88	Daily Show	Colbert Report			
Court		World's Wildest Police Videos 88	Cops 1 88	Cops 1 88	Most Daring (N)		Forensic Files	Suburban Secrets	Murder by the Book "Sandra Brown"			North Mission	LA Forensics		
Discovery		How It's Made	How It's Made	MythBusters "Hindenburg Mystery"	MythBusters "Dog Myths" 88	MythBusters "Trail Blazers" 88		MythBusters Ninjas. 88				Dirty Jobs "Chimney Sweeper"			
DISCH		Code Blue Car-crash injuries. 88	Trauma: Life in the ER 88	You: Staying Young Controlling aging.	Mystery Diagnosis 88	Mystery Diagnosis 88		Mystery Diagnosis 88				You: Staying Young Controlling aging.			
Disney		Zack & Cody	Zack & Cody	Hannah Montana	Zack & Cody	★★ "Max Keeble's Big Move" (2001) Alex D. Linz. 88	That's So Raven	That's So Raven	Life With Derek	Zack & Cody	Hannah Montana	E! News	Chelsea Lately (N)		
E!		Dr. 90210 "Forces of Second Nature"	E! News (N)	The Daily 10 (N)	Dr. 90210 "The Gilded Ages"	Dr. 90210 "A breast cancer survivor."	Dr. 90210 "Self-esteem boost. (N)"	Dr. 90210 Self-esteem boost. (N)				E! News	Chelsea Lately (N)		
FX		**** "The Rundown" (2003, Adventure) The Rock, Sean William Scott.			★★ "Hellboy" (2004, Fantasy) Ron Perlman. The son of the devil fights paranormal creatures.		That '70s Show					That '70s Show	Bulletproof Monk		
HGTV		Offbeat America	If Walls Could	House Worth?	House Hunters	Designed to Sell	Buy Me 1	Color Splash	Hidden Potential	House Hunters (N)	Living With Ed (N)	House Hunters	My First Place		
Family		8 Simple Rules 1	8 Simple Rules 1	★★ "Sky High" (2005, Comedy) Michael Angarano, Kurt Russell. 88		★★ "Sky High" (2005, Comedy) Michael Angarano, Kurt Russell. 88						The 700 Club 88			
History		Titanic's Tragic Sister 88	Modern Marvels: Titanic Tech 88	Modern Marvels: Sugar 88	Gangland 88		Cities of the Underworld 88					Beyond Top Secret: Iran 88			
Lifetime		Reba "Go Far" 1	Reba 1 88	Still Standing 1	Still Standing 1	Reba 1 88	Reba 1 88	★★★ "Heights" (2005) Glenn Close. New Yorkers face major life changes.				Will & Grace 1	Will & Grace 1		
MTV		(5:30) True Life 1	The Real World	A Shot at Love With Tila Tequila 1	A Shot at Love With Tila Tequila 1	Kaya 1	The Hills 1	The Hills (N) 1	Kaya (N) 1			Making Menudo	Run's House 1		
NICK		Drake & Josh 1	Drake & Josh 1	"Dora the Explorer: Dora Saves"	Drake & Josh 1	Full House 88	Home Improve.	Home Improve.	George Lopez 1	George Lopez 1	George Lopez 1	Fresh Prince	Fresh Prince		
SCIFI		Stargate SG-1 "Grace" 1 88	Star Trek: Enterprise "Hatchery" 1	Star Trek: Enterprise "Azati Prime"	Star Trek: Enterprise "Damage" 1	Star Trek: Enterprise "Damage" 1	Star Trek: Enterprise "The Forgotten" 1	Star Trek: Enterprise "The Forgotten" 1	Karas: The Revelation (N)						
SPIKE		CSI: Crime Scene Investigation 1	CSI: Crime Scene Investigation 1	CSI: Crime Scene Investigation 1	CSI: Crime Scene Investigation 1	★★★ "Pale Rider" (1985, Western) Clint Eastwood. Gold prospectors are harassed by a corrupt power baron. 1									
TBS		Friends 1 88	Every-Raymond	Every-Raymond	Friends 1 88	Friends 1 88	Family Guy 88	Family Guy 88	Family Guy 88	Family Guy 88	Family Guy 88	Sex and the City	Sex and the City		
TLC		Flip That House	Flip That House	Little People, Big World 88	Little People	Little People	Jon & Kate Plus 8	Jon & Kate Plus 8	Kids by the Dozen Fourteenth child.			Little People	Little People		
TNT		Law & Order "Merger" 88 (DVS)	Law & Order "Locomotion" 1	Law & Order "Prejudice" 1	Law & Order "Criminal Law" 1	Law & Order "Criminal Law" 1	The Closer "Manhunt" 88					Saving Grace "Yeehaw, Geepaw"			
USA		Law & Order: Special Victims Unit 1	Law & Order: Criminal Intent 88	Law & Order: Special Victims Unit 1	WWE Monday Night Raw (S Live) 88							(:05) Dr. Steve-O	Law & Order: SVU		
VHI		The Shot 1	I Love New York 1	I Love New York 1	I Love New York 1	I Love New York 1	I Love New York Blood oath. (N) 1	Salt N Pepa	Gotti's Way 1	I Love New York Blood oath. 1					
SPAN															
TELEM		Daniela	Noti-Telemdo	12 Corazones	Madre Luna		La Esclava Isaura		Pecados Ajenos			Noti-Telemdo	Decisiones de		
UNIV		Que Locura	Noticiero Univ	Yo Amo a Juan Querendón (N)	Amar sin Límites (N)	Destilando Amor (N)			Cristina Eugenio Derbez.			Primer Impacto	Noticiero Univ.		
SPORTS															
ESPN		SportsCenter: Monday Night Kickoff	Monday Night Countdown (Live) 88		NFL Football Baltimore Ravens at Pittsburgh Steelers. From Heinz Field in Pittsburgh. (Live)								SportsCenter		
ESPN2		NASCAR Now	College Football Live 88	2007 World Series of Poker	2007 World Series of Poker	2007 World Series of Poker	2007 World Series of Poker						Series of Poker		
CSN		SportsNite 88	SportsNite 88	NHL Hockey Washington Capitals at Carolina Hurricanes. From the RBC Center in Raleigh, N.C.		SportsNite 88	SportsNite (Live) 88						Washington Post Live		
NEWS															
CNN		(4:00) The Situation Room	Lou Dobbs Tonight 88	Out in the Open	Larry King Live 88		Anderson Cooper 360 88								
FNC		Special Report 88	The Fox Report With Shepard Smith	The O'Reilly Factor 88	Hannity & Colmes 88		On the Record-Van Susteren		The O'Reilly Factor						
MSNBC		Tucker	Hardball 88	Countdown With Keith Olbermann	Live With Dan Abrams		MSNBC Special Chat room predators.		Cheated Death				Why They Run		
MOVIES															
AMC		(5:30) ★★ "Ladder 49" (2004, Drama) Joaquin Phoenix. 'PG-13' 88	★★ "Jurassic Park" (1993, Science Fiction) Sam Neill, Laura Dern, Jeff Goldblum. 'PG-13'												
TCM		Arizona Whirlwind ★★ "Death Valley Rangers" (1943) Ken Maynard. 'NR'	★★ "The Night of the Hunter" (1955, Suspense) Robert Mitchum. 'NR'										★★★ "Out of the Past" (1947) Robert Mitchum. 'NR' 88 (DVS)		
HBO		★★ "The Sentinel" (2006, Suspense) Michael Douglas. 'PG-13' 88	Real Time With Bill Maher 1 88	Curb-Enthusiast	Five Days 1 (Part 5 of 5) 88		(:35) Tell Me You Love Me 1 88						Cotto-Mosley		
MAX		(5:45) ★★★ "Return of the Jedi" (1983) Mark Hamill. 'PG' 88	★★ "Pump Up the Volume" (1990) Christian Slater. 'R'	Amer. Gangster											
SHOW		(5:00) ★★★ "Cutler's Way" (1981)	(6:55) ★★ "Blown Away" (1994, Suspense) Jeff Bridges. 'TV' 1 R 88	Brotherhood (ITV) 1 88			Weeds "Risk" 1 88	Weeds "Risk" 1 88	Dexter (ITV) A copycat killer. 1 88						
TMC		(5:00)													

express**marketplace****JOB • RENTALS • HOUSES • WHEELS • STUFF • AND MUCH MORE...****Reach over 280,000 readers daily****To place a classified, call
202-334-6200.****To advertise a job, call
202-334-4100.****Credit cards accepted.****JOB****Accounts/Bookkeeper**

Freelance work full time or part time. Earn \$40-\$60/hr. Providing bookkeeping, accounting and consulting services. Experience is a plus but not required. Complete training is available.

FREE 2-HOUR SEMINAR
SATURDAY NOV. 10th
10am-12noon

HILTON GARDEN INN, TYSONS CORNER
8301 BOONE BLVD.

VIENNA, VA

To Register or for info visit:
www.accountbiz.com
or Call 800.899.1980

UAC

Advertising/Publishing**ADVERTISING PRODUCTION COORDINATOR/MAGAZINE, SPECIAL SECTIONS & TV WEEK**

The Washington Post Magazine Department is in search of a skilled Production Coordinator with 4-color magazine pre-press, printing and manufacturing experience.

Strong computer skills are required, specifically InDesign, Quark Express, Photo Shop, MS Word and Excel; experience with pre-flight and electronic layout programs a plus. The successful candidate will have strong interpersonal and organizational skills.

This position is an integral part of the day-to-day operations of our Magazine Administration Department. Responsibilities include: trafficking all special sections and collateral materials; trafficking all ad materials; coordinating production schedules through Post departments and with pre-press and printing vendors; providing quality control for conventional and digital ad materials; supervising press checks; creating layouts and impositions and assisting with projects related to improved processes and workflows.

Qualified candidates are encouraged to submit their salary requirements along with a resume and cover letter to:

The Washington Post

Attn: HR/ProdCoord/YO
1150 15th Street, NW
Washington, DC 20071
Fax: (202) 912-3677
talentssearch@washpost.com

We are committed to diversity in the workplace and promote a drug-free work environment.

ARTS**CALL FROM THE KENNEDY CENTER**

Join DC's best sales team. Part-time - 16-32 hrs/wk. Must have knowledge of & passion for the performing arts. Call for interview:

202-416-8492

CNAs

Home health agency needs VA or MD lic. CNAs. Hrly cases. No. VA, Mont. Co. & DC. Live-in cases also. Pay based on exper. & commitment. Accepting only the best. Call M-F 1-866-300-6589

CUSTOMER RELATIONS

Up to \$18/hr. Register utility customers for free Electric & Gas bill savings program. FT/PT Positions. Full Training Provided. Paid Weekly!! Call 301.560.1512

JOB**BANKING****Job Fair**

Wednesday, November 7th
3:00PM-7:00PM
5175 Parkstone Drive Suite 200
Chantilly, VA 20151

On-the-spot interviews available for the following positions in our Chantilly, VA corporate offices:

ATM Coordinator
Senior Accountant
Network Administrator
Card Services Specialist
VP of Finance and Lending
Accounts Payable Accountant
Information Technology Manager

Visit www.jfcu.org for more information about these exciting career opportunities.

Justice FCU offers a competitive salary and one of the best benefits package around that includes generous leave, (including your birthday!), 401K with excellent employer match, health, dental and prescription coverage, tuition reimbursement, training opportunities and more!

If you are unable to make our job fair or wish be considered for our DC area vacancies, e mail resume and salary requirements to hr@jfcu.org. Good credit history and the ability to pass a security clearance are required. EOE

CNA's

50 Live-ins MD & DC
Needed immed. 1yr. exp req'd. Call 301-587-9600

Customer Service**Advertising Coordinator Full Time**

The Washington Post Advertising Department is recruiting for high energy Service Representatives who will work in a fast-paced, team-oriented environment. The responsibilities include providing support for advertisers and sales representatives, setting up new accounts and making and responding to customer inquiries.

The successful candidate will possess superior verbal and written communication skills, strong problem resolution skills, and the ability to handle multiple demands while maintaining strict attention to detail. Previous experience in a sales/customer service environment is required.

Qualified candidates should send a resume and cover letter to:

The Washington Post

Attn: HR/AC/YO
1150 15th Street, NW
Washington, DC 20071
Fax: (202) 912-3677
Talentssearch@washpost.com

JOB**BANKING****Assistant Branch Manager and Part Time Tellers**

CO-OP Financial Services operating Credit Union Family Service Centers is currently seeking an **Assistant Branch Manager** for the Marlow Heights, MD branch and **part time tellers** for our Marlow Heights, MD, Capitol Heights, MD, and Springfield, VA branches. Qualified candidates for **Assistant Branch Manager** will possess three years supervisory experience in a cash handling, customer service environment; one year of management experience is required. An Associates Degree and one year of supervisory experience in a financial institution is preferred. **No previous banking or teller experience required for our part time teller positions!** You must have excellent customer service skills and a good mathematical aptitude. Previous cash handling experience highly preferred. These jobs include some evenings and Saturdays. Branches are open 9:00 a.m. - 7:00 p.m. Monday thru Friday and 9:00 a.m.-2:00 p.m. on Saturdays. Visit our website at www.co-ops.org to print an application. Resume with cover letter and salary requirements can be e-mailed to newjob@co-ops.org or faxed to 248-569-7330. You can also call (800)793-4722 option 4 for an application.

Communications/ Publications Manager

National nonprofit educational association in Reston, VA, seeks talented and energetic professional to manage/coordinate all aspects of communications and publications, i.e., writing and editing student and teacher magazines, newsletters, press releases, speeches, brochures, etc. The successful candidate also will manage our Web site and work with national partners. Applicant should have excellent writing, editing, Web site, and computer skills; knowledge of production and printing required, along with budget management, working knowledge of InDesign and/or QuarkXPress. FBLA-PBL offers a competitive salary with excellent benefits and a great working environment. E-mail HR@fbla.org or fax (1-866-500-5610) résumé and cover letter. EEO.

DANCERS— Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. 240-286-3660 or 301-568-8500

DENTAL ASST— Arlington. 4 days/wk 7am-5pm. Will do front and back ofc. To 45K. 3 yrs exper in Dental ofc req'd. Fax MSA 703-921-3861.

DRIVER — BUS DRIVER— 20-30/hr/wk, up to \$16.50/hr. AM/PM school run CDL w/B/C Class and P end. Background check. Call 202-636-9203

DRIVER-Earn \$600-\$800/wk FT, \$9-14/hr PT Driving for Take Out Taxi, the area's largest restaurant delivery service. Own vehicle req'd. Call: 301-571-0111.

DRIVING/LIMO - CDL w/P
FT. Must be avail. evens & wknds. VA/DC/MD. \$14/hr. Springfield 703-550-7200

Entertainment**casino dealer**

Looking for dealers that can entertain and deal craps, roulette, blackjack and other games Events are held all over the metro area. Must have own transportation. Events are 3 to 4 hours in length. Tux shirt, bowtie, blackslacks and blackshoes are required. Call or e-mail (John or Jeff) 703-641-9893 casinopeople@verizon.net

JOB**Financial Engineer****Quant. Analyst**

Dev'p comp front office quant portfolio & risk mgmt system. Create, run, maintain & improve trading, risk mgmt & perf attrib models; monitor portfolio limits & guidelines; & monitor & ID relative value & arbitrage trades. Req'd: Master's in Fin Engg, Quant Fin, or Math Fin + 3 yrs exp in fin. industry incl exp in C++, C# VB, VBA, MATLAB, SQL & S+/R. Send resume & cov letter to Tim Jones, Albright Capital Management, 1101 New York Ave, NW, Washington, DC 20005.

FINANCIAL SERVICES**BECOME AN OWNER/Start Part-Time**

If Get paid helping others & begin building a financial service business. You may own, willing to train, high earning potential. Call Ms. Hood 202-744-0612 or 202-636-1686

IT**Job Fair**

Wednesday, November 7th
3:00PM-7:00PM
5175 Parkstone Drive, Suite 200
Chantilly, VA 20151

On-the-spot interviews will be held for the following position in our Chantilly, VA corporate offices:

Information Technology Manager
\$75,686 - \$90,000**Network Administrator**
\$57,500 - \$70,000

Visit www.jfcu.org for more information about these exciting career opportunities

Justice FCU offers a competitive salary and one of the best benefits package around that includes generous leave, (including your birthday!), 401K with excellent employer match, health, dental and prescription coverage, tuition reimbursement, training opportunities and more!

If you are unable to make our job fair, e mail resume and salary requirements to hr@jfcu.org. Good credit history and the ability to pass a security clearance are required. EOE

MEDICAL JOBS VA: Med Asst & Med Recpt needed in Fairfax & Arlington. Temp-to-Perm. \$14 +/- hr. 2 yrs Dr ofc exper req'd. Fax MSA 703-921-3861.

Medical**Bring your career home.**

AllianceCare is the leading provider of home care and physician house calls in JCAHO-accredited Outpatient Clinics, high-end assisted living, independent-living, and community-based homes. Join us today!

CNA/HHA positions

Full-time and PRN positions available. We offer outstanding benefits, top pay rates, and friendly work environments. Call 877-655-0422; Fax 877-655-0428 or E-mail your resume to: careers@alliancencare.com EOE

**JOB****Opportunities with Lockheed Martin**

Join Lockheed Martin, one of the foremost systems engineering, software, and systems integration companies in the world.

Lockheed Martin Business Process Solutions is seeking qualified candidates for our Litigation Support division in the Washington, DC Metro area. Join us at our:

OPEN HOUSE

Monday & Tuesday, Nov. 5th & 6th from 10am to 4pm

Wednesday, Nov. 7th from 2pm to 4pm

Thursday & Friday, Nov. 8th & 9th from 10am to 7pm

and Saturday, Nov. 10th from 10am to 2pm

1126 16th Street, NW Suite 500 Washington, DC 20036

Stop by to complete an application and interview with hiring managers.

We are recruiting for the following positions:

- Senior Paralegals
- Paralegals
- Law Clerks
- Document Management Technicians
- Document Management Analysts
- Help Desk Technicians
- Project Supervisors
- Project Managers

Due to government security clearance requirements, all candidates must be US citizens and successfully complete a background investigation.

If unable to attend our Open House event, you may apply online at: www.lockheedmartin.com/careers
EOE, M/F/D/V.

Lockheed Martin**Legal****LITIGATION SECRETARY/ PARALEGAL**
Telephone, MS Access, Scanning, E-Filing, scheduling. Send resume and cover letter to: wilson@wilsonlaw.com**Legal****CONTRACT ATTORNEYS**

Litigation Assistance, MS Access, Telephone, scanning, copying & scheduling. Email cover letter & resumes to: wilson@wilsonlaw.com

Loan Originators - new and experienced, Will train. Potentially earn \$75K. Also looking for Spanish speakers. A must call. Fax resume to 301.931.3702 or call 301.931.3701

Classifieds

JOBs

Legal

Opportunities with Lockheed Martin

Join Lockheed Martin, one of the foremost systems engineering, software, and systems integration companies in the world.

Lockheed Martin Business Process Solutions is seeking qualified candidates for our Litigation Support division in the Washington, DC Metro area. Join us at our:

OPEN HOUSE

Monday & Tuesday, Nov. 5th & 6th from 10am to 4pm

Wednesday, Nov. 7th from 2pm to 4pm

Thursday & Friday, Nov. 8th & 9th from 10am to 7pm

Saturday, Nov. 10th from 10am to 2pm

1126 16th Street, NW, Suite 500; Washington, DC 20036

Stop by to complete an application and interview with hiring managers.

We are recruiting for the following positions:

- Senior Paralegals;
- Paralegals;
- Law Clerks;
- Document Management Technicians;
- Document Management Analysts;
- Help Desk Technicians;
- Project Supervisors;
- Project Managers

Due to government security clearance requirements, all candidates must be US citizens and successfully complete a background investigation.

If unable to attend our Open House event, you may apply online at: www.lockheedmartin.com/careers

LOCKHEED MARTIN
EOE, M/F/D/V

Parking Attendant-MD
All Shift. Must drive stick.
Call 301-986-9271

Publishing/Advertising

ADVERTISING PRODUCTION COORDINATOR/MAGAZINE, SPECIAL SECTIONS & TV WEEK

The Washington Post Magazine Department is in search of a skilled Production Coordinator with 4-color magazine pre-press, printing and manufacturing experience.

Strong computer skills are required, specifically InDesign, Quark Express, Photo Shop, MS Word and Excel; experience with pre-flight and electronic layout programs a plus. The successful candidate will have strong interpersonal and organizational skills.

This position is an integral part of the day-to-day operations of our Magazine Administration Department. Responsibilities include: trafficking all special sections and collateral materials, trafficking all ad materials; coordinating production schedules through Post departments and with pre-press and printing vendors; providing quality control for conventional and digital ad materials; supervising press checks; creating layouts and impositions and assisting with projects related to improved processes and workflows.

Qualified candidates are encouraged to submit their salary requirements along with a resume and cover letter to:

The Washington Post

Attn: HR/ProdCoord/YO
1150 15th Street, NW
Washington, DC 20071
Fax: (202) 912-3677
talentsearch@washpost.com

We are committed to diversity in the workplace and promote a drug-free work environment.

Research Assistant

FT positions in clinical research. B.S. in psych/biol science w/some clinical experience preferred
Email Resume to:
[Howard University Alcohol Research Center](mailto:d_m_scott@howard.edu)

RETAIL
Borders on 18th & L is now hiring Full- & Part-Time Baristas. Great benefits. Flexible schedules. Apply at www.bordersgroupinc.com/jobs.

RESEARCH ASSOCIATE

We have immediate openings for Research Associates to join one of the top executive search firms in the region. Responsibilities will focus on support of ongoing recruiting projects, in-depth research on industry sectors and development of target marketing models. Research will include use of the Internet, computer database programs and traditional library resources. Individuals will work as part of an executive recruiting team. They must have a sense of urgency and demonstrate excellent analytical and organizational skills. A college degree is required. Excellent starting salary and benefits. Send resume: proth@tmg-dc.com.

The McCormick Group
Executive Search Consulting
Arlington, VA Boston, MA

Restaurant

WAITRESS/WAITER

Must be over 21, neat & dependable person to work in established, family-owned & operated restaurant /bar. Good pay & tips. FT. Close Suns. & Mon. Call for appt: at 202-726-1511, 200 Upshur St, NW, DC

RESTAURANT TASTEE DINER
Now Hiring: Wait Staff, Cooks, Cashier. Call 301-646-9031; 202-957-3856

Restaurant

Bobby's Q

Restaurant workers wanted. Call 301-919-6118.

RESTAURANT

NOW HIRING FOR NEW DELI!!

- Cashiers
- Deli
- Salad Bar

CATERING MANAGER
Apply in person: Mon, Nov. 5th, 9AM-Noon at 1331 F Street, NW (enter at lobby).

Retail

Victoria's Secret Pentagon City. Now hiring all positions. Flex. sched., great discount. Apply at Pentagon City vs. pentagonmall@hotmail.com

SECURITY OFFICER

DC firm seeks PT special events security officers to work in the DC Metro area. Must have current guard license. Uniforms & training provided. For an interview call 202-543-6080.

SPEECH THERAPIST P/T 8-15 hours

To provide speech, language therapy at private day special ed school for ED/LD students. Must be licensed in MD. Send resume to Gene Meale, Leary School, 6349 Lincolnia Rd., Alexandria, VA 22312 or call 703-941-8150. Fax 703-941-4237 EOE

SALES

CHANGE YOUR LIFE, NOT JUST YOUR JOB
Work with us and learn how to make \$6K per month.

Join us now and receive:
Salary/25-40% Commission plus bonuses

- Paid Training
- Full benefits package
- Company car allowance

Candidates must:

- Have a Valid Drivers License
- Be at least 24 years of age
- Be able to work long and flexible hours

You also MUST have:

- A PROFESSIONAL neat appearance
- Very good communication skills

Call for an interview
301-423-1100

POHANKA

TEMPLE HILLS

SALES

FT/PT Salesperson Bilingual wanted in retail store selling wireless products. Across from Courthouse Metro. Arlington. Will train. Raj: 703-615-8977.

Sales

SPORTS AND MARKETING ENTRY-LEVEL MANAGEMENT

Work with pro NFL/NBA/MLB sports teams. Positions in Sales, Mgmt., Public Relations & Marketing. Professional image a must. Will train. Up to \$800-\$1000/wk. Call Melissa, 571-633-2330. www.skyhighmkting.com

TELEMARKETING

\$75,000 Full Time
\$42,000 Part Time
Start earning the money you deserve!

Work enthusiastically for our

Award Winning Marketing Co

We are located in Laurel@
312 Marshall Avenue
Call us today

Novo1 301-361-1111

Teachers

Maryland Department of Juvenile Services

"Seeking First Class Educators Make a Difference for Maryland's Youth"

- COMPETITIVE SALARIES, EXCELLENT BENEFITS
- RECRUITMENT & RETENTION BONUSES AVAILABLE FOR SOME POSITIONS
- BILINGUAL APPLICANTS ARE ENCOURAGED TO APPLY

The Department of Juvenile Services in Maryland is looking for creative and dedicated teachers to help educate youth in preparation for successful transition to community schools. Candidates should be able to demonstrate high quality teaching, best practices and an understanding of education in the juvenile system. Vacancies exist at the Cheltenham Youth Facility, the Western Maryland Children's Center, the Alfred D. Noyes Children's Center, and the Thomas J. S. Waxter Children's Center.

For information and an application see the Department of Juvenile Services' web site or call 410-230-3260 for additional information. EOE

Become a Certified Computer Tech in just 8 weeks



(888) 639-6244

MEDICAL LEARNING CENTER
Offers
PRACTICAL NURSE PROGRAM (LPN)

For Details Call:

(703) 527-0055
1840 Wilson Blvd., Arl., Va

No Walk-ins Please • Student Loans Avail.
Certified SCHEV • Approved VBON

Become a
LICENSED PRACTICAL NURSE (LPN)

in 12 Mos. Very low tuition
AIIH 703-486-0111

Train to be a
MEDICAL ASSISTANT



Financial Aid If You Qualify
Job Placement Assistance
Days, Eve and Weekends

Convenient Locations in DC MD VA
1(888)407-8222

Licensed in VA by SCHEV

CONSTRUCTION MANAGEMENT

Train for a career in Construction Management at **Westwood College**. Call 877-789-7323 today to receive your free Career Success Kit!

www.westwood.edu/locations

CRIMINAL JUSTICE

Train for a career in Criminal Justice at **Westwood College**. Call 888-605-2244 today to receive your free Career Success Kit!

www.westwood.edu/locations

LEARN ENGLISH Sanz
since 1939

Se Habla Espanol

1(877) 844-2505

Bilingual Sales Professionals Needed

Outside & Classified

"Both position provide high earnings potential and excellent benefits"



- Needs to be organized
- Self motivated
- Energetic
- Team - oriented
- Excellent people skills

Please submit resumé to:

2200 Wilson Blvd. #201

Arlington, VA 22201

Att: Business Office

Fax: 703.527.0369

Email: kris@eltiempolatino.com

***No phone calls, please.**

El Tiempo Latino

Classifieds

CAREER TRAINING

CAREER TRAINING

FEELING LEFT BEHIND?



No High School Diploma?

We can help!



ALLIED HEALTH TRAINING - IT'S ALL WE DO!

medical • dental • pharmacy • medical imaging
arlington • alexandria • manassas

WE ACCEPT STUDENTS WITHOUT A HS DIPLOMA OR GED

Call Now: 866-970-8484
www.actcollege.edu

CERTIFIED IN VA BY SCHEV • ACCREDITED BY ABHES • PROGRAMS VARY BY CAMPUS
1100 WILSON BLVD, MALL LEVEL • ARLINGTON, VA 22209

A rewarding career is at your fingertips...

massage

Begin your Massage Therapy training today!

- Graduate in 9 months
- Day and Evening classes
- Job Placement Assistance
- Financing if you Qualify

Centura COLLEGE
(703) 778-4444
Alexandria, VA • SCHEV Certified

Call About Our Fall Specials Now!



"New Horizons helped me double my income and secure a position at a Tier One Customer Support Specialist AND a Security Clearance! All this year while I was 19 years old and still attending training."

-Chris-Lord H. -Support Specialist

New Horizons
Computer Learning Centers

- Cyber Defender • MCSE • MCSA •
- CCNA • A+ • Network+ • Security+ •

New Horizons Computer Learning Centers

World's Largest Computer Training Company
2010 Corporate Ridge, Suite 200 • McLean, Virginia

Microsoft
GOLD CERTIFIED
Partner

Financial Aid
VA & GI Bill Approved
Job Placement Assistance
SCHEV Certified
www.newhorizons.com
(703) 749-4022

Work in Spas

MASSAGE THERAPIST

You can train in 8 months

Day and Evening Classes
Financial Aid if qualified
Job Placement Assistance

877.240.4488**Americare**
Convenient Wheaton Metro Campus

Train to be a
MEDICAL ASSISTANT
NURSING ASSISTANT
Americare
877.240.4488

PARAMEDIC TRAINEE

Come join our paramedic trainee program. Classes meet weekly. Upon completion you will take the certification exam. Call for details. Close to Metro Center.

WESTLINK CAREER INSTITUTE

202-552-7385

Prepare for a new life!

Make a difference,
even with the little ones
as an Ultrasound Technician.
Train in less time than you think!

Career services available

Financial Aid for those who qualify.
Training includes an externship!

For a Brochure,
call now! 888-771-2433
Sanford-Brown Institute

8401 Corporate Dr. Ste 500
Landover, MD 20785Become a Medical Billing
and Coding Professional

CTI Career
Technical Institute
888.639.5627

COMPUTER TRAINING

- MSOffice • A+ Certification
- Hands On Learning • Small Classes



Global Computer Training Center SCHEV certified

East Falls Church Metro • Lee Highway at I-66
Serving Metro DC • Maryland • Northern Virginia
<http://www.gc-training.com> 703 921 1000

Bringing Quality Training to You

Earn your DEGREE
in 16 months**HEALTH INFORMATION TECHNOLOGY
or MEDICAL ASSISTING**

One block
from
M
metro

1(888) 461-8181www.sanz.edu

Programs and schedules may vary by campus Certified by SCHEV



Become a skilled
Massage Therapist
in just
7 months!

As an NMTI student, you'll enjoy:

- A school dedicated to massage therapy
- Financial aid and job placement professionals on campus
- A choice of day, evening and weekend classes
- Job placement assistance

NMTI
NATIONAL
MASSAGE
THERAPY
INSTITUTE

Call (888) 300-9617 to learn more today!
Campus conveniently located in Falls Church, VA.

Accredited by COMTA. Licensed by SCHEV to operate in the state of Virginia.

RizeUp Technology Training
Microsoft Office Specialist
Only \$399.00
Call 202.257.4653
www.rutrained.com

TECHNICAL LEARNING CENTERS INC.
OFFICE ADMINISTRATION
MEDICAL ASSISTANT
DIPLOMA PROGRAMS

Receive a Computer At Graduation!*
Job Placement Included
Financial Aid Available

Morning Afternoon Evening

M metro **202.223.3500**
1001 Connecticut Ave, NW, Suite 435
*Desktop computer. Call for more details.
Offer expires 12-31-2007.

TRAIN FOR A CAREER IN HOMELAND SECURITY AT EVEREST COLLEGE
Graduate in less time than you think!

Tysons Corner Campus
1430 Spring Hill Road, Suite 200
McLean, VA 22102

Arlington Campus
801 N Quincy, Suite 500
Arlington, VA 22203

CALL: 888-249-8108
VA schools are SCHEV Certified

Westwood College
Train for a new and exciting career at Westwood College. Call 877-852-9712 today to receive your free Career Success Kit!
www.westwood.edu/locations

BUSINESS AND FINANCIAL OPPORTUNITIES

\$35,000 NOTE—paying 14% interest secured by \$270,000 home. Call 1-800-455-0379 X6012

BALTIMORE CITY — 2 HOUSES. Wash. Vill. Selling 1/2 appraised value. 443-621-6336.

BLIMPIE SUBS & DELI/Crofton. Gross \$18K. AP \$179K. Seller credit f. fee. 202-425-8321. J. Kim

CHICKEN BASKET DELI/Mont/Rockv. WK \$6000. AP \$189K. J. Kim, 202-425-8321 Beer/Wine poss

STUFF

8pc Cherry BR set (sleigh) worth \$1k ask \$575
301-343-8630

BD \$130 full sz. new in plastic. Can del.
240-372-6691/571-926-1990

BD \$245 plw top king matt set Brand new in plastic. Can del 301-343-8630

BLOWOUT SALE!

Hardwood floor \$5.98 sq ft. Carpet \$1.59 sq ft.
Price includes installation 301-341-2499

Diamond Ring—\$6300, 20120, 703-449-0047 GIA Cert. 2.2 ct tot.wgt. Plat. set. color=G. cut=exclnt. clarity=SI1

LOUIS VUITTON CERISES SPEEDY—\$1,700.00
OBO, NOVA, 540-659-0791 100% AUTH BRAND NEW
IV Tags/receipt/care guide/dustbag includ

MATT \$150 Qn Double plwtop set new in plastic. Can del 301-399-7870

Piano—Cable-Nelson Spinett - Oldie but goodie. Needs tuning, nice for beginner or casual play \$449 OBO, Silver Spring, 301-943-6188

Piano—Grand Piano - 1920's Mason & Hamlin Model A Refinished in 1994 Satin Gloss finish \$8250, Bethesda, MD 202-222-5550

Sofa—\$700/BO, Alexandria, VA, 703-472-7031. Flexsteel Home Theater Sofa. 3 connected wall hugger recliners. Ex.con. Orig. \$1600.

Sofa/LoveSeat leather, life time warr
New in cartons \$650 301 399-7870

The Last Mattress Ad That You'll Ever Read all szs in plastic, \$79-\$279/Basic, Serta, Box spring incl. Warr. DC/MD/VA Same Day Delivery avl. A.J. 301-674-2843 www.mattressless.biz

Classifieds

SALES & AUCTIONS

Downtown—ESTATE SALE—Luxury Villa rental company selling Home and office furniture (new and antique), art, accessories, and more. 1020 16th Street NW Floors G, 6, and 7, Washington, DC, 11/8-11/10, 10 AM to 5 PM, 202-327-3431.

Granite Grannies
Grand Opening Sale
\$28 per sq ft
301-627-7630

TICKETS

Redskins VS Eagles Game—2 Loge suite seats, sec L405, row 3, seats 17 & 18. & Purple parking \$800.00/ 703-340-4002 or 703-419-0757

PETS

A+ cat/kittens—See pics of current cats @ www.spcanova.org 703-799-9390, Free spay/neuter, All colors

ADOPT A CAT/KITTEN—Vet checked. Call Feline Foundation. 703-920-8665 www.fffw.org

BEAGLE—Pups, 10 wks, wormed, \$225. 703-221-2451

Bichon Frise—Designer Pups. Bich/Papillon, Bich/Mini Sch., Fam Raised. \$350. 540-937-4332 #JBQ1

Female Yorkie—\$300, Female, 8 Weeks yrs old, 530-554-2138

French Bulldog—Puppies, 8wks, shots, full AKC, microchip, vafrenchbulldogs.com or call 540-834-0447

Golden Doodles—\$850.00, M/F, 8 wks old, 443-465-9109 shots, health cert. Avl 11/3, Call Lisa w/ email address to view pics #JBRQ

Golden retriever—AKC Champion sired. Golden Retriever pups 6 weeks old, Parents have all health clearances. 410-482-7471

Labrador Retriever—AKC, Pups, ChampionBloodlines, Top Quality, Shots, adorablelabs.homestead.com, wormed, 304-820-6798

CAREER TRAINING

Boy or Girl?

(You know before they do!)

Make the most exciting moment in their life a part of your career by training as a

Diagnostic Medical Sonographer!

Call now and ask for a career training brochure!

888-771-2433

www.sblanover.com

8401 Corporate Drive, Suite 500, Landover, MD 20785



Day and evening classes available!

SANFORD BROWN
INSTITUTE

Discover Success!
GET THE SKILLS EMPLOYERS WANT IN AS LITTLE AS 6 MONTHS!

Medical Office Assistant
• Medical Coder • Medical Biller • Medical Receptionist • Medical Claims Adjuster • Medical Insurance Processor

Office Administration
• Administrative Assistant
• Receptionist • Customer Service
• Accounting Assistant
• Accounts Payable & Receivable



Career Technical Institute

888-639-8766

2131 K St. NW
Btw. 21st & 22nd St.

* Financial Aid Available If Qualified * Placement Assistance Available

Lhasa Apso—\$450M/\$500F, White/Sand, home raised, shots, 14 wks, 804-363-3334, 571-217-5018 or quynh_d@hotmail.com.

Maine Coon—Females \$650., SILVERS, MACK,CFA, Deliver to York,PA smithcl@windstream.net 570-584-0102

Mini Schnauzers—AKC, salt&pep, happy,fam-raised, wormed, dewclaws tails docked. Avail Nov 19, female, 361-549-8189

ROTTWEILER RESCUE—at PETSMART, in Germantown, Nov. 10, 2-5pm. In the Milestone Shpg Cntr.

Shephard/Huskie—Beautiful-Hilthy M/F puppies no shots 8 wks. old 301-455-8095.

SHIH TZU—3 Ms, Fluff balls! Red/W & Bl/W, AKC, Grand Champ Line \$600+, 1st Shot, Wormed, 1/y guarantee Call 703-346-4064 # J357

YORKIE PUPS—Weekend SALE. M/F All sizes. AKC, Shots & de-wormed. Teacups/standards. \$700+. 1yr warranty Call 703-346-4064. # J35M

YORKSHIRE TERRI—3M/1F 11wks 2 -4lbs or less, 2-4-7 lbs, homeraised, 1st s/worm, Parents on prem 800-1000 301-395-5690

RENTALS

3707 Woodley Rd. Upper NW DC AVAIL NOW! Spacious 1BR Apts. From \$1350 + elec. Hdwd, Fireplace, Skylight, Large kit, storage. Steps away from the Cathedral. M-F 9-5. 301-652-7077

400 M Street—New Building. 1BR \$877-\$993. Metro, A/C, d/w, w/w, interior courtyard, parking available First month Free. 202.547.6814 EHO

4105 Wisconsin Ave. Upper NW DC AVAIL NOW! Spacious EFFC's From \$895, 1BR Apts. From \$1195 + elec. HEAT INCLUDED! Hdwd, ceiling fans, secure bldg, Walking distance to AU/Metro, M-F 9-5. 301-652-7077

Email: LandmarkCol@aol.com
Landmark Realty, Inc.

Adams Morgan Directly across from Meridian Hill Park. Hrdwd flrs, renovated kitchens, & on-site parking avail. Efficiency from \$1190 (incl. util). CATV & high-speed internet ready. Blocks to Metro, restaurants, Dupont Circle, Adams Morgan, and U-St Corridor.

The Diplomat Apts.
2420 16th Street, NW
1-866-850-8808

Bernstein Mgt. Corp. EHO

CAREER TRAINING

Adams Morgan/18th & Columbia Rd. Beautiful historic bldg, located in the heart of Adams Morgan w/fine dining & shopping at your door steps. Efficiencies available. Rent includes all utilities. CATV and high speed internet access available. Call The Melwood Apartments

1-866-528-2905
www.bernsteinmgmt.com
Bernstein Mgt. Corp. EHO

ALEXANDRIA ONE MONTH FREE RENT \$500 Signing Bonus
(if you apply on your first visit!)

3001 PARK CENTER

Luxury Apartments
Unlimited Amenities

- 1 Block from 395 & King St W. Exit
- Gourmet Kitchens
- Hi-speed Internet Access
- Covered Parking
- On-site Fitness Center & Tennis Courts

Call Today 866-906-2781

www.3001parkcenter.com
www.TheDonaldsonGroup.com

Alexandria—\$1300.00, 1br, 1ba, 1800 W Abingdon Dr #102, Alexandria. DW/W Carpet, WD, dogs/cats OK, gym, tennis ct, storage, pool, parking, steps to Old Town & DCA, 2139232397

Alexandria City/Rt 1

Higrise, Garden Apts & Twinhms

Numerous Amenities!

*Ask About our Credits on 1-BRs

Carydale East 703-751-7576

Carydale Village 703-780-6244

*Holly Court 703-765-7039

Rolling Hills 703-780-0161

Washington Ave 703-765-7039

www.carydale.com

Alexandria—\$1000, 1BR/1BA, Util Inc, Ren Kitch+Bath, Sec Dep+GoodCredit Req'd.(571)228-0092

Alexandria MEADOW WOODS APARTMENTS OPEN HOUSE 11-8-07 thru 11-12-07 Great Specials!

0 BASE SECURITY DEPOSIT

APPLICATION & MOVE IN REBATES

HUGE 1 bedrooms from \$915

Many Amenities/ Million Dollar Renovations

Gorgeous Accent Walls

Don't Wait! Call Now 703.768.7600

3308 Lockheed Blvd.

Alexandria, Va 22306

(for a limited time only) Some Restrictions Apply

EHO

Alex (Old Town Area) - 10 mins to downtown DC, close to Potomac Bike Path. Walk to shopping, bus service @ your door.

Efficiency from \$1300 & 2 Bedroom from \$1750 incl. util. Call Mason Hall Apartments today 888-669-6755

www.bernsteinmgmt.com

Bernstein Mgt. Corp. EHO

Alex/Stonemate—3 BR 2.5 Ba brick TH w/2 car gar, W/D, comm. pool. Near 395 & King St. \$2300/mo. 2424 N. Hampton Dr. 703-760-0985.

Anacostia—\$1400, 2111 18th Street SE, Apartment-Unfurnished, 900 sf, 2 BR, 1BA, water, garbage, 12 months, newly ren, new w/w carpet, ac, Sec 8 welc. 202-321-5596

Arli/Ballston - 2 blocks to Mall & Metro! Charming, quiet, all new 1 BR \$1,325/ 2 BR \$1,670. Free Utils & Parking! Available immediately!

(703) 486-1126/(202) 438-3899

Arlington/Rosslyn Several Locations

ASK ABOUT OUR SPECIALS!

On-Site Parking, Walk Metro

Upgraded Apts, 182BRS

703-671-4045 or 703-861-7605

www.carydale.com

ARL/Shirlington—remod Ig TH, 3/4 BR 3.5 BA, new kit/paint, w/d, tenis, pool. 5mins Pentagon/metro/ rest/n.p.\$2295+elec. 703-855-3328.

Ashburn—\$1499 Townhouse

703-724-7790, 301-404-3086

ASHBURN—Spac well-kpt TH w/ grg in Broadlands,

\$1695/m. Call 571-259-4114 or 540-338-9558

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

Bernstein Mgt. Corp.

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH. Media Rm, Deck, Exc. Nghbd. Avail now. \$2195+ 240-432-4707

CollegePk/Lanham—5BR 3BA SFH

Classifieds

RENTALS

GROVE PARK
 NEWLY RENOVATED
 1/2 MILE FR RTE.270
FALL SPECIALS

- Washer and dryer in each apt
- Fitness center and clubhouse
- Ride-on Bus at property entrance
- Swimming pool
- Add'l renovations coming soon

CALL TODAY 866-441-3309

750 Clopper Rd.
 Equal Housing Opportunity
 se habla espanol *On select apts.

Georgetown, Charming & spacious Efficiency from \$1380, 1 bedroom from \$1675 & 2 bedroom from \$2600 available in a distinctive apartment building with beautiful fountain courtyard. Renovated kitchen, all utilities incl., CATV avail. Near Dupont Circle metro & GU.

Kew Gardens Apartments 2700 Q St NW,
 888-818-5721
www.bernsteinmgmt.com
 Bernstein Mgt. Corp. EHO

Germantown—\$1500, 3 br, 2 ba, 1 Fls, 2024 Shipley Terrace, Germantown, MD, water, Elec, pets, DW, WD, Balc, new WW Carpet, Fplc, storage space, parking, 443-514-4099

Glover Park. Spacious 1 bedroom from \$1390 & 2 bedrooms from \$1890 avail in a garden-style community with a park like setting Near AU, GU & Georgetown. Hardwood flrs, CATV avail. Pls call today to take a tour 1-888-240-7138 Park Crest Apts, 2324 41st St, NW
www.bernsteinapts.com
 Bernstein Mgt. Corp. EHO

HYATTSVILLE Near Arts District
 1BR \$675; 2BR \$775+elec.
CALL TODAY! 3/779-1734

HYATTSVILLE - Spacious 1 & 2 bedrooms available. Includes all utilities 1BR: \$919,
 1 Month Free Rent with 13 month lease.
 Hyattsville House Apartments, 301-927-0415

HYATTSVILLE 2BR — Move in now! Great location 1 mi fr UMD, on shuttle & bus line, close to metro. Enjoy new theatres, shopping. W/W carpet, cable ready, A/C, residential street. Fr \$950 + elec. Call 301-864-5933, 301-559-9111.

HYATTSVILLE SPECIAL 1 & 2BR avail now! Huge apts, w/w, balc, CAC, lg closets, cable ready, off-street pkg. Close to UMD, new theatres, bus, metro & shopping. Small Pets OK. Fr \$875 + elec. Call 301-559-9111.

HYATTSVILLE—1BR & 2BR fr \$750 + A/C. Nice setting near Nt. Arts District. Off street parking.
Call TODAY! 301/927-8339

INDIANHEAD—Rent 3BR 1.5BA, SFH, Corner Lot, any credit OK, \$1600/Mo. Av. now. www.home4u.com 301-638-0004

KETTERING—Rent w/Option to Purchase. 4BR, 2 BA SFH, \$8100. Call Lisa 202 997-6317, Exit Premier Realty 301 560-6700, ext. 1184

Landmark—1 br condo with ww carpet, wd and parking. Near metro, 395/495. \$1200. 202-396-4259

LANDOVER HILLS
 Come & See!
CHESAPEAKE LANDING

- Renovated apartments
- Washer/Dryer in each apartment
- Wall-to-wall carpet
- Convenient to main highways & shopping
- Brand New Fitness Center
- Monitored alarm systems

(888) 219-3519
 7509 Buchanan Street

www.thedonaldsongroup.com

LAUREL—7BR, 3.5BA SFH, new carpet & paint, walk out bsmt, 2-car gar, 4500 sq ft, W/D, 3 lvs, cl to shops & transp. \$3000. 240-821-3964.

LAUREL—TH, 3 BR 2.5 BA, bsmt, nr I-95, w/w \$1600, 301-793-3663

LEXINGTON Court APARTMENTS

Come in for Extraordinary Savings!
 New bath, kitchens & appliances!
 1 BR from \$725,
 2 BR from \$830

Located in Capitol Heights
Call 1-866-724-2960

Logan E. CC—renov'd effcy, \$845, 1BR, \$1050. Hist bldg, convdwtn Metro 202-289-4909

Manassas Park—\$1100, 3 br, 1 ba, nice yard 703-330-7640

MANASSAS / RENT TO OWN—3BR 1.5BA TH. Like new. \$1400/mo & \$300 Rent Credit. 703-450-0345

MCLEAN Gates of McLean. 1BR, lux, many amens. \$1350. 301-515-9088

Mount Vernon—\$2500, 9003 Patton Blvd., Alexandria, VA, 4 br, 2 1/2 ba, finished basement, Carpet, all appl, patio, deck, new carpet, WD, 2 Fplc, eat-in kitchen, cats/dogs allowed, Nr Ft. Belvoir 703-980-1271

MD
Capital Courts

- Patios/Balconies
- Available for Immediate Occupancy
- Individually Controlled Heat & AC
- HUGE Laundry Facility on site**
- Resident Controlled Access
- Close to Metro

Capital Heights, MD
1-866-204-8062

MT. RAINIER—Close to shops & rec. center, 1BR, \$700. 2BR \$765. Utils. incl. (A/C xtra) 301-277-6202

MT. RAINIER
 Great 1 & 2BR conven to DC/MD, metrobus to Red Line, fr \$625 + ckg gas/elec. Call Today! 301-864-5341, 301-559-9111.

NE—1BR apt 130 Taussig Pl. All utils. incl \$890. Call 202-550-2249

NE—1 BR w/den hse. W/D, prkg in rear. 2 blks from Union Sta. \$1200. Call 202-462-2347

NE/21st St 1BR apt + den. LR. DR. Close to Metro. 703-403-9321.

NE—4BR, 2BA, newly renov, \$2400 + utils. Affinity Group, LLC, 202-832-0000.

NE 59th St 1BR, \$775. Off St. Prking Sec. 8 OK PI-RE.com 301-563-6380

NEED RENT HELP—
 Call 240-501-9854

Newington Forest—Springfield, \$1,200, 2 br, 1.5 ba, 3 Fls Twrh, Fplc, Fenced, 703-978-0728



3 BR SPECIALS STARTING \$995

MD
Capital Crossing

- Newly Renovated Community
- Spacious Floor Plans
- Convenient to Metro
- Available for Immed. Occupancy
- FREE Application Process**

Suitland, MD 20746
1-866-204-8061

*Call for details

Text 'WCS16' to #3034 for Instant Info & Photos!



WIN ONE MONTH'S FREE RENT*

MD
Woods At Addison

- Spacious Floor Plans
- Huge Closets
- On-Site Laundry Facilities
- Resident Controlled Access
- Choice of Patio or Balcony

6500 Ronald Road
 Capital Heights, MD 20743
1-888-291-7383



2 BR SPECIAL

William C. Smith & Co.
www.wcsmith.com

NW

Hilltop House



EFF \$950
 1 BR \$1240



1475 Euclid St., NW
202-332-0514

Twin Oaks



ALL UTILITIES INCLUDED!
COMPLETELY RENOVATED UNIT!

William C. Smith & Co.
www.wcsmith.com

One Bedrooms starting from only \$790!
\$0 Application Fee
 Limited Time Only!

- SOME UTILITIES INCLUDED
- ALL CREDIT CONSIDERED
- INSTANT PRE-APPROVAL
- WALK TO METRO
- SE HABLA ESPAÑOL

Ask about our financial counseling program!



A Southern Management Community

Kent Village

Apartments & Townhomes

1 & 2 Bedroom Apartments
 2 Bedroom Townhomes

kentvillage.com

1.877.819.3119

6707 Hawthorne Street
 Landover, MD 20785
southernmanagement.com

SE Manor & Garden Village



Open Daily
 8am-5pm,
 Saturday 9am-4pm
 and Sunday
 11am-4pm

- \$0 Application Fee**
- Across from Shopping
- Boys & Girls Club Nearby
- Renovated Kitchens & Baths
- Controlled Access
- Premier Splashpark
- Free Metro Shuttle
- New Leasing Center

1717 Alabama Ave., SE
1-888-275-2914

1-888-275-2914
 *Call for Details



EQUAL
HOUSING
OPPORTUNITY

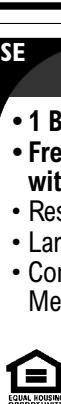
1 BR STARTING AT \$750*
2 BR STARTING AT \$875*

- 1 BR starting from \$705
- Free Application Process with this ad
- Resident-Controlled Access
- Large Walk-in Closets
- Convenient to Congress Hghts Metro

3647 6th Street, SE
1-866-625-4464

\$99 SECURITY DEPOSIT

OPEN HOUSE
 SATURDAY
 10AM-4PM



EQUAL
HOUSING
OPPORTUNITY

MD
Courts of Camp Springs

Score a Touchdown, MOVE IN TODAY!!!
Receive up to two month's FREE RENT!*

Newly Renovated

5% DISCOUNT FOR GOVERNMENT, COUNTY & MILITARY PERSONNEL

6201 Maxwell Drive • Camp Springs, MD 20746

1-888-731-6453

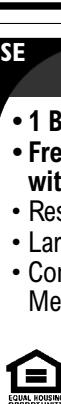
www.thecourtsofcampsprings.com

*Call for Details



DUPLEXES \$995
3 BR TOWNHOME \$1099

William C. Smith & Co.



EQUAL
HOUSING
OPPORTUNITY

Classifieds

RENTALS

**THE NEW
'JETU APARTMENTS'**

869 21st St
FREE UTILITIES!!
1 BR \$700
2 BR \$800
If move in by 10/31/07
• Wall to Wall Carpet
• Resident Controlled Entry
• On-site Laundry & Playgrounds
• 24-hr. Emergency Maintenance
• Steps away from Cafe, Shopping & Metro

1-877-814-0690
William C. Smith & Co.
www.wcsmith.com

NORTH CAP—between P & Florida Ave. 3br 2ba, rear yrd prk, bsmnt not avail. 301-775-8856

Northwest—\$795, 3 br, 1 ba, 1/2ba, Great Area, Washington, DC, water, DW, porch-patio, Nr Pub Transp, eat-in kitchen, garbage, storage space, 202-683-9750

NW - 1B \$875 incl utils. Laundry on-site. Ft Stevens Prop 301-316-4590

NW 219 Upshur—Spacious Efficiency & 1 Bedroom with new carpet and laundry room. Free gas. Close to Metro. For \$650 & \$750.00. Delwin Realty 301 608-3703 ext 105

NW Come & experience the wonderful life at 2400 Pennsylvania Ave Apts
CALL FOR SPECIALS!
• Spacious Studios & 1BR apt avail immed.
• All utilities included.
• Newly renovated apartments
• Wall to wall carpet
• Laundry on-site
• Controlled Access
• Walk to Foggy Bottom Metro
202-333-2400

NW FOR RENT-Renovtd aptmnts petworth, col hghts/1br \$825+/2br \$975+, 1/2 month free. 703-255-3884x106

NW Hampton Courts
2013 New Hampshire Ave., NW
1-877-895-4694
EFF: \$995
1BR: \$1295
All Utilities Included
• Beautiful brick building
• Elevator Building
• Hardwood Floors
• On-site Laundry
• 24 Hour Maintenance
• Walk in closets
• Walk to U Street Metro & Shops
Professionally Managed by William C. Smith & CO/EHO

SE Ridgecrest Village
• 2 bedrooms starting at \$1025*
• Move-In Special*
• Large floorplans • Spacious closets
• Wall to wall carpet • Laundry on-site
• Premier splashspark for residents
• Off-street parking • Free Shuttle Bus
• Convenient to shopping
2000 Ridgecrest Ct., SE
1-866-505-8057

www.wcsmith.com www.thearcdc.org

FREE UTILITIES

NW

Sherry Hall
2702 Wisconsin Ave., NW
1-866-856-4184

1BR: \$1425
ALL UTILITIES INCLUDED

- North Georgetown
- Front facing with incredible views of DC
- Heat and AC included
- Beautiful Hardwood Floors
- Sundeck w/ panoramic views
- On site Laundry
- 24 Hr maint on site
- Walk to shopping/dining

Professionally Managed By
William C. Smith & Co./EHO

NW

The Chatham
1707 Columbia Rd., NW
1-877-895-4691

EFF: \$1045
1BR: \$1380
2BR From \$1829
Plus Utilities

- Beautiful brick building
- Spacious Apartments
- Elevator Building
- Hardwood Floors
- On-site Laundry
- Walk in closets
- Walk to Shops, Dining & Metro

Professionally Managed by William C. Smith & CO/EHO

OXON HILL

2BR w/balc avail in lovely complex. CAC, cable ready, laundry on-site bus, near Gr SE Comm. Hosp. \$825 + util. 301-839-2373, 301-559-9111

Onox Hill

EHO

Fall Specials!*

5% DISCOUNT FOR
military, teachers, gov.
firemen & police

MetroBus at your front door

Minutes from the National Harbor & Stadium

THE OAKS AT PARK SOUTH

5400 Livingston Terrace

Onox Hill, MD 20745

Move in for

Move In For Free Pay No Rent until DEC!

CALL TODAY! 1-866-906-3836

Hours: Mon-Fri 9-5PM; Sat 10-3PM

Open late Tues & Thurs

We are a pet friendly community

*Restriction Apply

OXON HILL/Sunrise Gardens—
1001 Marcy Ave. Very Ige 2BR/1BA w/balcony. \$925. Call Shante Anderson: **703-474-3977**.

Petworth Metro- Efficiency from
\$900! Conveniently located directly across from the Petworth Metro Station All utils incl. Hrdwd flrs, CATV & highspeed internet avail. Convenient to shopping, mins to downtown, Howard U & Silver Spring. Paramount Apts, 829 Quincy St, NW (@ Georgia Ave). Pls. call for app't. 877-832-1124

Bernstein Mgt. Corp. EHO
www.bernsteingmt.com

RIVERDALE - 3BR, possible 4th, 1.5 BA SFH, big back yard, nr shopping & metro. \$1,800 + util. 202-421-3514 WYH USA

Riverdale EHO

5% DISCOUNT FOR
Military, Teachers, Firemen & Police

Call About Our Great Specials
Starting at **\$799.00**
Application Fee Only \$10.00

MetroBus at your front door

On-site laundry, Gourmet Kitchens

Wall/Wall Carpet, Private Balconies

JEFFERSON HALL
5402 Kenilworth Terrace
Riverdale, MD 20737

CALL TODAY!

1-866-906-9224

Hours: Mon-Fri 9-5PM; Sat 10-3PM

ROCKVILLE—4 BR 2 full BA, 2 half BA, nr metro/
Mont. College. bsmnt, \$1950. 301-379-0673.

ROCKVILLE/GAITHS—Lrg 1/2BR, 1mo free, Lots of
discounts. All utils/cbl incl. Unfurn/Furn/Corp. Balc. Nr Metro, park w/ gym/pool, grocery. 301-948-0087.

SE - 1 & 2BR on Grn Line. Renov. Secure, quiet bldng. Voucher Ok. 703-780-0040 Leave Message.

SE/13th & Savannah & 219 Newcomb St. Move-
in by Dec. 1 for Jan. rent free. 2BR's CAC. w/w crpt. \$700+ util. 1 blk Metro. 202-388-3900 x10

SE—2BR apts, mod remod. units, hdwd flrs/ww crpt, CAC, on-site laundry, pvt prkg, starting @ \$850. Vouchers welcome. 202-583-1778

SE - 349 Parkland Place, SE. Newly remodeled 4BR 2BATH. Sec. 8 ok. \$2100. 202-277-2992.

SEEN RD Great 2BR w/balc, CAC, new w/w carpet, bus, wired for cable. \$825+elec. Call for appointment. 202-575-3709, 301-559-9111

A VESTA PROPERTY EHO

MIX UP
Open House This Saturday

An array of distinct floor plans with as many conveniences on the outside as there are in.

Gourmet kitchens
Modern appliances
Upgraded fitness center
Controlled entry access
On-site billiards & lounge
Ample parking available

One Month FREE!

*On 13 month leases only. Select apts.

Less Than a Mile to E. Falls Church Metro

SE—CONVENIENCE IS EVERYTHING. Luxury 2BR just remod. Immed. occup. \$975/mo. Call 240-464-1983

SE DC Eff. \$600, 2BR \$805, 2BR & den \$835. Wall to wall carp, wlk in closet, balconies, off street pkg, daycare, comp classes, wlk to Gr line Metro. Sat 9-12. 202-562-3200.

SE TEXAS AVE
Just steps to Blue Line Metro, great 2BR. W/W carpet, A/C, off-street pkg. \$825 + elec. Call now! 202-582-9226, 301-559-9111

SE/THE NEW ANACOSTIA

ONE MONTH FREE RENT
On Select 1-Bedrooms
(move-in by 11/17/07)

MARBURY PLAZA

Minutes fr Metro, Va,
Downtown DC, 395 & Metro

1-BR Rents start at \$795

Newly renovated bathrooms & kitchens
avail. in select units.

2300 Good Hope Road SE

888-798-1916

Open Late Tues. & Thurs. 10am-7pm

*Call the community for details
beaconmanagement.com

SIL SPG— 3-4BR 2BA 2 full kitchens, updated applincs. w/d. off Street pkg., storage. \$1900. 240-381-2702

SILVER SPRING-- spacious 1 & 2 bedroom midrise apts. CAC. HW flrs. From \$940. 301-593-0485.

SILVER SPRING— One BR garden apts. \$900
All utilities included (a/c extra). Across fr Forest Glen Metro. Call 301-593-0485

SOUTHEAST WASHINGTON

YOU COULD WIN A 42 IN. LCD TV*

1 BEDROOMS FROM \$500

2 BEDROOMS FROM \$750

- NEW KITCHENS
- ABUNDANT CLOSET SPACE
- SPARKLING SWIMMING POOL
- CHOICE OF GARDENOR HIGH RISE LIVING
- SPACIOUS FLOORPLANS
- GATED COMMUNITY
- CONVENIENT TO ANACOSTIA & SOUTHERN AVENUE METRO

CALL TODAY 888-716-4520

WINGATE

TOWERS & GARDEN APARTMENTS

HANDICAPPED ACCESSIBLE APTS. AVAILABLE
INCOME RESTRICTIONS MAY APPLY

*SEE LEASING CONSULTANT FOR DETAILS

SUITLAND

2 BR/\$850*

Newly Renovated Units Available

5% Discount for

Military, College Student teachers, firemen, police
Minutes from Andrews, Metro & shops
Pets allowed w/restrictions

PINEWOOD PLAZA

5601 Regency Pk. Court #8

866-414-2477

Bring in this ad to get your free application fee

Open Late Tues/Thurs 9am-5pm

*Must Move in by 11/17/07

Select Units Only

SUITLAND

METRO-CONVENIENT UTILITIES INCLUDED!

SILVER HILL APTS.

- Newly remodeled apt. homes with new kitchens
- Hardwood floors, Mini-blinds
- Laundry facilities on-site
- Free parking
- Directly across the street from Census Bureau

SPECIAL: \$300 Sec. Dep.

1 Mo. Free on a 13 mo. lease

1 & 2 BRs from \$765

301-423-3131

SUITLAND

NEAR METRO

ALL UTILITIES INCLUDED!!!

2 BRs FROM \$925

REGENCY COURT APTS

866-484-1107

TAKOMA PARK

2-BRS \$950!*

BELFORD TOWERS

Is accessible by bus and rail • is walking distance to nearby shopping ctrs & recreation. Just minutes from Washington D.C. 495 and East-West Hwy.

gas and water included

5% discount to military, government employees and students

Call Today

866-485-9179

www.beaconmanagement.com

*ON SELECT UNITS

MOVE IN BY 11/17/2007

TEMPLE HILLS

COME CHECK OUT OUR NEW LOOK!!!

HEATHER HILL APARTMENTS

5837 Fisher Road

Move in by 11/14/2007 and receive

1/2 Month Free Rent on all Units

1 Bedrooms from \$815.

2 Bedrooms from \$1100.

3 Bedrooms from \$1200.

- Interior/exterior renovations
- Fireplace in top-floor units
- Controlled card access
- Large pets welcome
- Fitness Center coming 2008
- Shopping & great restaurants close by
- Gas/water included
- Laundry room in every building

888-332-7740

*Restrictions apply

TEMPLE HILLS— Small TH, 2 Ivl, 2BR, 1BA, close to subway, will accept vouchers. \$1200. 703-893-3165

Temple Hills - 2416 Iverson St. 2 BR, 1 BA, 2 Ivl TH, \$975 + util, 240-893-5140 or 202-669-2965

Classifieds

RENTALS

Thomas Circle: Live at one of Washington Post's featured communities. Spacious, bright & charming w/beautiful wood flrs 1 bedroom from \$1595, all utils & A/C incld. Cable & highspeed internet ready. Near Dupont Circle, McPherson Square Metro & Metro Cntr. Pls call 888-210-5559. Belvedere Apts, 1301 Mass Ave., NW. www.bernsteinmgmt.com Bernstein Mgt. Corp EHO

TYSONS/MCLEAN—2BR, 2BA lux condo at Rotonda beaut views. \$1695. NS/no pets. 703-899-3309
Upper Marlboro—2 BR, 2 FBA, hdwd flrs, granite ctrptss, ss appls, all util incl. \$1550 202-498-8004

VIENNA RENT W/ OPTION TO BUY OWNER WILL FINANCE OPEN SUN 1-5 All New Split w/ 4BR, 2.5BA, Fin Walk-Out, Fplc, NEW 42' Kitc w/ Granite, Ceramic Flrs, SS Apps, Cust Trim, Jacuzi Bath, A/C Windw, Roof & Doors; Sunrm Addit, Deck, Huge 1/2 AC Lot, Carport, No HOA, BEST Schools, Nr Tysons, Metro, Shops. DIR: 495 to 123-S pass Nutley, R. Flint Hill, 3rd L. to 2539 Rambling Road Brian, Re/Max, 301-996-9695 Pics: www.ListorBuyHomes.com Brian@ListorBuyHomes.com

Wagaman Corp. PRESENTS 202-537-8970
NW/1450 Irving St Columbia Hts Metro. 1BR \$792. 202-483-0885
NE/330 63rd St Cap Hts Metro 2BR \$700. 202-215-1190

NE/4401 Gault Place Minnesota Metro 3BR \$900/\$1500. 202-215-1190
NE/1411 T St Anacostia Metro. 1BR \$550. 202-437-7713
SE/1454 Smith Place Bolling AFB 1BR \$750. 301-503-9738
Housing Choice Voucher Welcome Equal Housing Opportunity

WALDORF—Rent new 4BR, 2.5BA Col SFH. Corner lot, Any Credit OK, \$2600/Mo, Av. Now. www.homeisjust4u.com 301-638-0004

DOWNTOWN/NORTHWEST EHO Fall Living At Its Finest...

Move in November 1st and receive following month 1/2 off!*

**1BRs from \$1317
2BRs from \$1516
3BRs from \$1790**

Only Steps to Metro, Restaurants, Museums, Verizon, Chinatown & More!

• Gated Parking
• 1 Block from New Convention Center
• Rich Berber wall-wall carpet
• Laundry Facilities on 2nd Floor

**Washington Apts
1201 6th St, NW
Open Saturdays 10-2
202-737-2206**

*Limited time only

MOVERS

Movers- DC Metro Movers
Residential/Commercial, delivery services, small moves, big moves. Affordable, timely, professional service. Licensed and insured. FREE Estimates. www.dcmetro movers.com 202-544-MOVE (6683)

ROOMMATES

Alexandria—\$750, 1 br pv ba, FRN LG Kingstowne VA utl inc nr bus to metro, stfh hsl 5712394861

ALEX/MT. VERNON— Shr lrg non smkg TH. 2 rms each w/ pvt BA, \$555 & \$635 + 1/3 util. Prof females pref. N/Pets. 703-780-2016

ARL—Clean & quiet, prof M, MBR, shr BA & cleaning. Walk to Ballston metro. \$550. No smoking. 703-850-4540

BETH—1 room in shared 4BR no frills N/S hse, nr NIH/Metro, hdwd flrs, tpl, porch, yard, oil heat, cat. Avail immed. no pets. \$500+1/4 util. 301-214-7873

Bowie—\$625 each, 2 br, 1 ba, cable & internet incl, Terrapin Hills Drive, Bowie, MD, heat, water, Elec, 301-523-4202

BOWIE TOWN CENTER—Luxury 2BR, 2FBA condo to shr. \$800+ util. Dep req. Avl. immed. 301-357-9206

Burke—\$650, 1 br, 1 ba, 5876 Kara Place, Burke, VA, heat, water, Elec, 703-930-7664

CAPITAL HTS/SUITLAND—Furn rms. Nr Metro! \$140 & up. Dep req'd. Call 301-602-9120

CAPITOL HEIGHTS—Male to Shr House, \$150 and up/week, good transportation. 301-499-6323

DIST HTS—Female only, no smkg, furn rm nr metro, \$395 + dep. util incl. 240-421-9771

Fair Lakes—\$700 for room, \$800 w/gar. 3 br, 2 ba, 2.1/2ba. Greenhouse Terr. call Alana 703-927-2803

FALLS CHURCH/TYSONS—F to shr condo, prvt BA, parking, on busline, shps. \$500 pays all. 703-899-7026

FT WASH—Rooms avail for rent. Shr hse. \$130 to \$180 per week. Call 301-237-6760 or 240-724-2006

furnish rms—145-175 /wk clean rm,cable-cap ht,temple hill, clinton, near public trans 1- 571-451-9388

GAITH—Hse to share. Male. Large \$299/ prvt BA \$399. Nonsmkg. Nr Metro. 301-219-1066

HYATTSVILLE—Riggs rd and East-West. King size rm king size bed,cbl & all util incl, in shr bte/rte/nr metro, good nbrhd. \$525. 202-415-4786

Hyattsville—furn rm for rent, M/n's n/pets, central heating/air, \$450/mo + \$200 sec dep, must sign 6 mos lease, 301-445-1715

Laurel—\$750 util incl, 3 br, 2&1/2ba, basemt, prvt bath, pets ok, 3434 Whispering Hills Pl., 301-646-5582

LAUREL—House to share. 1BR \$575, all util, pay incl. cable, tel., internet. 240-899-1379

Lorton—\$620.00, 1 br, 1 ba, South Run Rd, Lorton, VA, heat, water, Elec, HSI, 703-981-0176 susan@cosolco.com

Mitchellville—Full, fin. base, w/ prvt BA & entr. Nr Beltway, shopping & PG Coll. \$600. CALL 301-237-9241

NE—4BR, 2.5BA, N/S Shr Hse. Nr Ft Totten Metro. Cable, maid svc, \$800 w/utls 202-494-3692

NE/near Benning Rd Metro—Pro to shr SFH, \$800. No smoking, no pets. 202-538-5438

NE/Prof—4BR, 2.5BA, N/S Shr Hse. Nr Ft Totten Metro. Cable, maid svc, \$800 w/utls 202-494-3692

Potomac—\$600/\$800,2br,1ba Bi-Weekly Cleaning Service, 1 Acer Lot, Free Internet Cable, 13001 Glenmill road, 510220044

Potomac—\$650 incl. utilities, cable & DSL, furn/unfrn, close to shopping & metro, pls call 240-338-8006

SEABROOK—Male, N/S, Bedroom w/full privileges. 1 yr lease. \$600 incl. all util. 301-332-8091

SIL SPG—Room to rent nr. New Hampshire Ave., pref. F. \$530 util. incl. 301-938-1241/202-872-2713

SPRINGFIELD—2 unfurn BRs for rent in nice TH. Pref F NS, no pets. \$550/mo incls util. 703-569-5471

WOODBRIDGE-LAKERIDGE—Room for Rent \$550/Mo + Sec. Dep. N/S N/P 703-485-6061 or 703-494-3388

CONDOS FOR SALE

Alex-Just Listed! Spick and Span 2 BR, 2 BA. Loaded w/ upgrades! W/D, w-w, Balc., garage! Full of Sunshine. Jobin Realty 703-856-4533

Anacostia MUST SEE - MUST HAVE 202.561.3644

CONTEMPORARY NEW FINISHES
GATED COMMUNITY WITH FITNESS CENTER, ROOF TOP DECK, WASHER DRYERS, STAINLESS APPLIANCES. STUNNING WOOD FLOORS, FREE FLAT SCREEN TVs, PARKING AVAILABLE

YES - SELLER WILL PAY CLOSING COSTS

NOTHING LIKE THIS EAST OF THE RIVER

WHAT ELSE COULD YOU ASK FOR?

1 & 2 Bedrms from \$162,900

210 Oakwood St SE www.savocourt.com

Long & Foster Realtors

RENTALS

NEWLY REMODELED INTERIORS ONE MONTH FREE!



SPECTRUM
APARTMENT HOMES

703.671.1777 | spectrumapts.com

5055 Chesterfield Rd | Arlington VA 22206

Come Experience

Summit Hills
Apartment Homes

3 bedroom apartment homes starting at \$1788

4 bedroom apartment homes starting at \$1978

- FREE UTILITIES!
- On-Site Private Parking
- Swimming Pool
- Brand New Kitchen Fixtures & Appliances
- Upgraded Bathrooms

summithills.net

888.518.8376

1701 East-West Highway • Silver Spring, MD 20910



A Southern Management Community

ARLINGTON Your choice of (2) 'fix-up' efficiencies in River Place, just 2 blocks to Rosslyn Metro! Walk to Georgetown, too! Low co-op fee incl health club and all util.

OAKTON \$299,000 Spacious 2BR 2BA with balcony, new kitchen, marble foyer, large walk-in closet.

MANASSAS \$179,000 Great sunny 1 bedroom with cathedral ceilings and balcony in Battery Heights! Near shopping and restaurants. Walk to VRE & Metro. Owner will consider paying some closing cost!

Marion Cloud

703-314-7033

Real Estate & Insurance

www.marioncloud.com

Keller Williams Realty

The Marshall Insurance Agency

Columbia Hgths 301.664.9702

CELEBRATE VALUE!

Keep your bank account full.

Tasteful Renovation

Washer-Dryers

Huge Closets & parking TOO!

Studios from \$139,900

1 Bedrms from \$249,900

430 Irving St NW

www.themcmillan.com

Long & Foster Real Estate

COLUMBIA HTS CONDOS —Newly renov. Spac. 2BR full ba., brk frpls, reces its, CAC, new apps, wash/dry, cer flrs, etc, prkg nr Metro Willene 240-274-7510 Open Sun. Nov. 11, 12-5..

Glover Park JUST LIKE NEW..... MOVE IN NOW MAKE A DEAL!!

Tasteful renovation offering you generous spaces, quality finishes like hardwood floors, washer-dryer and a location to enjoy fall in the park, plus city amenities too! Pet friendly!

Only one 1 bedroom unit left!

2725 39th St NW

www.thearchbold.com

L & F Realtors 301.664.9701

North Bethesda \$335,000 Great Parkside stretch unit

\$335,000, 3 br, 1 1/2 ba, 10637 Weymouth St #102, Bethesda, MD, Balc., Overlooking park, metro access-Best space to price value in Parkside. Call Jackie at (301) 718-7991.

NW/Dtnr/— Rent. 2story, comm'l carriage hse. 1000 ft. Ideal ofc/studio/svc provider. 202-289-4909

UPPER MARL /\$229,000/Must sell quickly 4BR, 3.5 BA end unit TH w/bsmrt. Ericka Buck, Exit Premier Realty, C-202 378-8944; O-301 560-6700, ext. 1107

RENTALS

RENTALS

HOUSES FOR SALE

ALEX/EDSALL RD Lrg 1BR, Nr Metro, New Carpet, Fresh Paint, Eat-In Kit \$187,500 Re/Max 703-929-5680

ARL/ROSSLYN \$659,000

THE BELVEDERE

2BR 2BA Condo w/views. New Kit, MBA. New wd flrs, New HVAC, gar prkg, storage, pool, tennis, gym, 2nd flr dsk, walk to metro. From: Key Bridge, Ft Myer Dr. to R-Wilson Blvd, L-Pierce St, L-16th Rd, R-1600 Oak St. Unit 525.

For photos see
bettystwigg.LNFRE.COM
Long & Foster
703-967-4391

BANK OWNED—A SURPLUS OF BANK OWNED HOMES HAS JUST BEEN RELEASED! JUST \$500.00 DOWN! EXIT PWRHSE REALTY 301 535-9591 OR 301-203-0065

BOWIE—\$229,900, 3br/ 2.5ba/ 1fp/ 3 Mi TH, buy w/equity + closing cost! Exit Premier Realty, Mr. Melbourne 202-327-1367, 301-560-6700.

BOWIE—A must see! Great value! 6000 sqft. on .40 acres, 3 years old. Priced to sell! 6% closing paid. V. Skinner Re/Max Specialists 301-257-6443

CAP HGTS—6010 BALTIM. ST. \$265,000. \$10,000 closing help. 3BR, 1BA, LR/DR/Kitch., incl vacant lot, storage shed. Jerome Allen, GRM, at 301-893-1717

CHARLESTOWN W.V.A.-NO PAYMENTS FOR 2 YEARS-Owner selling from 3-10 acs Fr \$169,900. Lakefront & Lake access. Ltd Avail. 301-616-2349

DEEP CREEK LAKE 9 ACRES \$59,900
-2 Home Sites 3 Ac \$29,900 Private stocked pond & panoramic views 301-616-2350

RENTALS

RENTALS

DISTRESS SALE—Bank Foreclosures. FREE list of bank owned properties. Receive a free computerized Printout. Pre-recordedmsg1-866-490-0951 ID#1042.

DISTRESS SALE—Bank Foreclosures. FREE list of bank owned properties. Receive a free computerized Printout. Pre-recorded msg 1-866-490-0951 ID#1042. REALTY MARKETING ASSOCIATES.

DISTRICT HTS/Holly Hills 158,950 ALL CLOSING PAID—2BR 1BA condo w/huge balc. \$500 moves you in. L. Burton, Re/Max One, 301-335-7687.

Gaithersburg \$439,900.00

1/2 Acre Close to Metro 3 br, 1.5 ba, Cap, lg 2-car det gar, lg trees, country setting, well maint'd, 2420 Laytonsville Rd. 301-414-0328

Gaithersburg Distress Sales Fixer Uppers Foreclosures FREE List w/Pix 250-700 visit: www.MdBankRepos.com Coldwell Banker

GREAT DEAL!

Buy homes \$50k-100k below asking price for only \$500. No down payment. Investors welcome. Foreclosures available. Kevin, 703-869-5488

LARGO/UPPER MARLBORO \$233,000 3 BR TH, below market, \$21k grant, spec program. Joan 703-945-2767

Laurel—\$1325 mo 3br/2ba/3LVL Met Acc Ms. Whittaker 240-671-4493 DIR EXIT Premier Rly 301-560-6700

MANASSAS \$219,900—SF 3BR, 2BA, lg lot, vinyl siding & thermal windows. Great Deal! 703-929-4676.

RENTALS

RENTALS

Woodberry Village

• **Free Application Process**

• Beautifully landscaped community

Classifieds

HOUSES FOR SALE

MARYLAND LUXURY HOMES AGENT
If you are looking for that dream home with all the bells and whistles, a must have home your dream is my command. SF/TH from \$350K to \$3mill+
Call Raymond Marshall Re/Max 100
Direct: 301-702-4243. Office: 301-899-1200 Ext. 243

MD HOMEBUYER PROGRAM
BAD CREDIT OK—DO YOU HAVE A COMBINED INCOME OF 59K, AND YOU WANT TO OWN A HOME IN ANNE ARUNDEL COUNTY? IF SO, THEN THIS PROGRAM IS FOR YOU! FOR INFO CALL 301-203-0065

NEW CARROLL - Open hse Sat/Sun 1-5. Must sell immmed. Spac 2BR. Close Bltwy & Shop. Closing help. O/Agt Agts 3% 866-444-4402

PERRYWOOD-UPPER MARL - 3 Ml, 3br, 3-1/2BA TH, hdwd fls, SS appls, srmr, jacuzzi tub, over 2400SF, Catherine Holroyd, Exit Premiere Rly, 202-391-2347; 301-560-6700

RIVERDALE - FOR SALE BY OWNER. Zero Down. Easy Qualifying. 3BR 1BA, fin bsmt. Will help w/Closing Cost. Call 301-213-7246

SILVER SPRING-2BR TH. Rnt to own. no cred chck. 888-802-8269 x.210

Tailgate OPEN House 12:00-3:00

Temple Hills-HIP & CHIC, Must See! \$249,900, 4 br, 2 ba, 2904 Oxon Park St, Temple Hills, MD, 240-353-9418, 301-877-8000

Coldwell Banker Household Lisa Pinkney

TEMPLE HILLS - 3 Ml TH, 3br, 3 1/2 ba, fin bsmt, \$210,000. Edward Cunningham, Exit Premiere Rly, 301-669-0063; 301-560-6700

UPPER MARLBORO - Beautiful End Unit TH, 3 Lev, 3BR, 3FBA's Cathedral Ceil., Major System Done, New Kit. Apps., Fresh Paint, W/out Fin Bsmt, New Carpet, Back to Woods, Spacious Deck w/Magnificent View. \$344,900 301-526-3272

UPPER MARLBORO-Houses: Rent to own, \$1300-\$1800. Catherine Holroyd, 202-391-2347; 301-560-6700.

Upper Marlboro-Rent to own. 4 BR, 3 BA colo. 2 car gar. Go to: www.tyree-realestate.com or Call tyree, 301-888-5204 RE/MAX Specialists 240-765-1300

UPPER MARLBORO - 3 Ml TH, 4BR, 3 1/2 BA, fin bsmt, \$229,000. Catherine Holroyd, Exit Premiere Rly, 202-391-2347; 301-560-6700

Waldorf Luxurious Townhouse \$336,000 1900sq ft, 3 flr, 3 br, 4 ba, gar w/dwry, new carpet, wd flrs, fenced yard. 501-247-6318

Waldorf \$455,900 PROBLEM CREDIT OK! Low Down-OPEN Sat & Sun 2-5 PM. Contemp Col, 5br, 2 1/2 ba, SS Kit, Gas FP, Mbr Suite, Fin Base, 2 Car gar, on cul-de-sac, 2349 Leyton Ct, Waldorf, MD: Tanya 240-432-0759

LOTS & ACREAGE FOR SALE

WINCHESTER Development opp, 2 prop, wtr/swr, UDA1031 Exciting for existing homes, or consider owner financing. 50 Engineered TH lots, 700 ft St. Rd, frtage, \$2.5 mil. Also, 18 acres w/ 988 ft St. Rd, frontage, \$2.5 mil. ERA, Oakcrest Realty, Hazel Marie 540-664-6405. Linda 540-662-9160.

RESORT PROPERTIES

Nags Head, NC \$1,800,000 8 bdroom ocean front Nags Head, NC Nags Head, NC

8 bd OCFRONT home with every amenity you can imagine. Private pool and deck to beach, home theatre are just for starters. \$1.8 mil, \$500k below the appraised value. Annual rental income of \$88k make this an excellent investment opportunity. <http://obxreellife.com> 2022579105

REAL ESTATE SERVICES

100% FINANCING STILL AVAILABLE

Veterans call for VA eligibility status. 1st time home buyers. No credit scored needed! Buy with \$500 or less. Closing cost paid. TROUBLED CREDIT OK. Call Berna Able at RE/MAX Allegiance 703-296-1577

Absolutely best foreclosures in Va. Buy with as little as \$500 out of pocket. Free info at phillipsforeclosures.com

Maryland Home Buying Programs

If you have an income of \$50K or more and \$7,000 in savings, and a credit score of 580 or higher and would love to own a home in 30 days or less. New/Resale/Bank foreclosures/fixer uppers etc. Vets: no money down. Non-Vets low \$\$ down. Call Raymond Marshall Re/Max 100 (direct) 301-702-4243, (O) 301-899-122 ext 243

SSSWILL BUY HONDA ACCORD 1990-1997 any condition. 301-467-0426

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — XLE, \$13,000, Good cond, 77K mi, Beige int, Silver ext, 4 dr, alloy wheels, Sunrf, 240-520-3338

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

TOYOTA 2002 CAMRY — 4dr, auto /4cy/ac/pwr br/str/2 airbg/cd/rw tires/silvr/118k/ex cond/ clean/ \$7k/bal blu book/3012374726

LOOK out

* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE



GRAY SKIES: A man collects coal near a factory in Taiyuan, Shanxi Province, China.

Grime Wave

Environment

Pollution from China's coal plants is drifting into the United States

It takes five to 10 days for the pollution from China's coal-fired plants to make its way to the United States, like a slow-moving storm.

It shows up as mercury in bass and trout caught in the Willamette River in Oregon. It increases cloud cover and raises ozone levels. And along the way, it contributes to acid rain in Japan and South Korea and health problems everywhere from Taiyuan, China, to the United States.

This is the dark side of the world's growing use of coal.

Cheap and abundant, coal has become the fuel of choice in much

of the world, powering economic booms in China and India that have lifted millions of people out of poverty. But the growth of coal-burning is also contributing to global warming and is linked to environmental and health issues ranging from acid rain to asthma.

"Hands down, coal is by far the dirtiest pollutant," said Dan Jaffe, an atmospheric scientist at the University of Washington who has detected pollutants from Asia at monitoring sites on Mount Bachelor in Oregon and Cheeka Peak in Washington state. "It is a pretty bad fuel on all scores."

To understand the conflict over coal, look at Taiyuan and the surrounding Shanxi Province, the country's top coal-producing region — and one of its most polluted.

Almost overnight, coal has turned poor farmers in this city of 3 million people into Mercedes-driving millionaires, known deri-

INSIDE

Spurn plastic bags for eco options | 31



Live Online: Amy Sedaris on parties | 32

Sigh: Britney sued by former manager | 34

PHOTOS BY EUGENE HOSHKO/AP



The heavy smog has forced highway closures and flight delays in Taiyuan, China, one of the country's most polluted regions.



The pollution from burning coal in Taiyuan has covered nearly everything in soot.

sively as "baofahu" or the quick rich. Flashy hotels display chunks of coal in the lobby, and sprawling malls advertise designer goods from Versace and Karl Lagerfeld.

Yet the cornstalks lining a highway outside the city 255 miles southwest of Beijing are covered in soot. The same soot settles on vegetables sold at the roadside, and the thick, acrid smoke blots out the morning sun. At its worst, the haze forces highway closures and flight delays.

With pressure to clean up major cities such as Shanghai and Beijing,

the central government is turning increasingly to provinces such as Shanxi to meet the country's power demands.

"They look at polluted places like Taiyuan and say, 'It's so polluted there, so it doesn't matter if they have another five power plants,'" said Ramanan Laxminarayan, a senior fellow at Resources for the Future, an American think tank.

Researchers from Texas A&M University found that air pollution from China and India has increased in cloud cover and major Pacific Ocean storms by 20 percent to 50

percent over the past 20 years.

"We know dust from factories in China, India, Mexico and Africa does not simply disappear; the wind brings it here," said the U.S. Chamber of Commerce's Bill Kovacs.

Mercury, a by-product of some coal-mining, is another major concern. A fifth of the mercury in the Willamette River came from China and other foreign sources, according to Bruce K. Hope of the Oregon Department of Environmental Quality.

Taiyuan residents shrug wearily when the talk turns to pollution, fearful that speaking out could get them in trouble. But when pressed, the complaints tumble forth and expose a community held hostage by the soot.

Residents seal their windows to keep out the dirty air. Parents are warned not to let their toddlers play outside, for fear of being covered in coal dust. Fruits and vegetables must be washed in detergent.

"I feel terrible, and I'm coughing all the time," said William Li, a retired engineer from Taiyuan. His father died of lung cancer, and his son has tracheitis, an upper-respiratory condition. "The coal, it produces electric power that we send to other provinces. But we are left with the pollution." MICHAEL CASEY (AP)

The Dream Machine

Business

Nottingham-Spirk reimagines common household products

A low-cost spinning toothbrush. A plastic paint can with a spout. A kids' tricycle with a built-in squirt gun. Each started as an idea at a company run by two former college buddies that now operates out of a 76-year-old converted church in Cleveland.

Nottingham-Spirk Design Associates has sold its ideas to a variety of companies, including Newell Rubbermaid Inc., Little Tikes, Huffy, Invacare Corp., Procter & Gamble Co. and Black & Decker Corp. Product designs emerge from brainstorming sessions during which designers try to make keen observations about ordinary things.

"What we have found is that, by being outside of the bureaucracy of the average corporation, we're free to do anything we want," said tall,



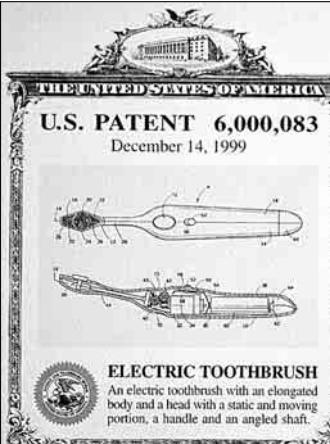
Jerry DeGreen toys with an automated cat litter box at Nottingham-Spirk Design.

thin, often smiling co-CEO John Nottingham. "If we come up with something, then we'll show it to a company, and if it's interested, then we can make a deal."

Cooper Woodring, interim executive director of Industrial Designers Society of America, said prod-

uct design firms generally work for corporate clients, consulting on specific projects.

"Ask American manufacturing companies today, and they will probably say 70 percent of profits comes from products they didn't have three years ago," Woodring said.



The patent for a spinning toothbrush, one of Nottingham-Spirk's inventions.

The idea for Sherwin-Williams paint cans with twist tops and built-in pour spouts began when designers realized from experience that metal paint cans could be messy and cumbersome.

"We couldn't think of another consumer product that you need a screwdriver to open and a hammer to close," said designer Craig Saunders.

The goal of staff brainstorming is a "wow" idea. Designers listen to

an idea presentation and vote one of three ways: wow, that's nice, or who cares?

Even an idea that doesn't dazzle at first has value, co-CEO John Spirk said.

"Sometimes the timing isn't right, or we're looking for another piece," he said. "We're constantly referring to things we put on the shelf maybe 10 or 15 years ago. We're not trying to solve all the problems of the world, at least not right away."

One Nottingham-Spirk designer now is working on an electric kitchen knife, but what makes it different from any other is top secret. Others are trying to come up with a new kind of pumpkin carving tool or a snazzy new kind of skateboard.

In partnership with the New York-based Innovation Fund, Nottingham-Spirk is developing "flavor tops" that can fit onto ordinary water bottles and hold concentrated powders to flavor the water or add a medicine.

"It's a high-energy atmosphere," said Saunders, a Nottingham-Spirk designer for 25 years.

"Because the job seems to change all the time, that makes it exciting, plus getting to learn about so many different companies and industries and trying to be clever. That's the fun part," he said. M.R. KROPKO (AP)

5 Day Forecast for the Washington Area

Today	Tonight
Partly sunny 60°	Overcast with a shower in spots 48°

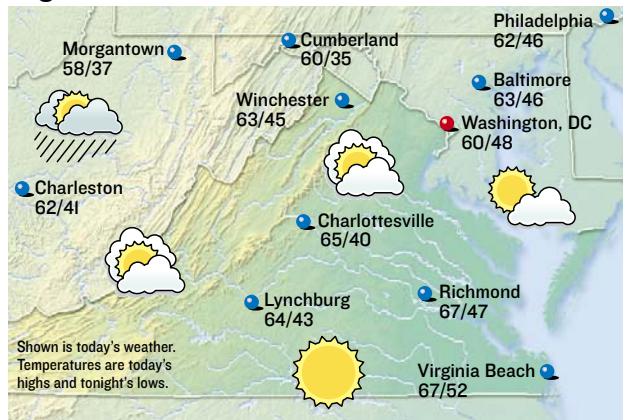
Tuesday
Clouds breaking, breezy and cool 56° / 40°

Wednesday

Thursday

Friday

Regional Weather



Almanac

Washington, D.C., through 4 p.m. Sun.

Temperature

High	60°
Low	48°
Normal high	61°
Normal low	43°
Average humidity	42%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.00"
Normal month to date	0.40"
Year to date	28.19"
Last year to date	41.43"
Normal year to date	33.67"

For up-to-the-minute weather, see: washingtonpost.com/weather

Regional Forecast

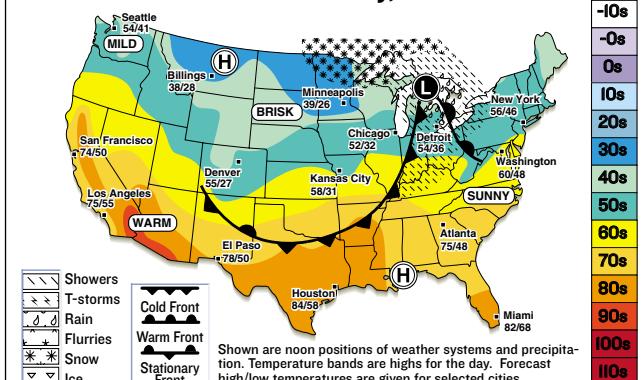
D.C. Metro: Today, partly sunny. High 60. Wind south-southwest 10-20 mph. Tonight, cloudy with a shower in spots. Low 48. Wind southwest 8-16 mph.

Sun and Moon

Sunrise today	6:39 a.m.
Sunset tonight	5:04 p.m.
Moonrise today	2:33 a.m.
Moonset today	2:55 p.m.

New	First	Full	Last
Nov 9	Nov 17	Nov 24	Dec 1

National Weather for Monday, November 5



National Cities

City	Today Hi/Lo/W	Tues. Hi/Lo/W	City	Today Hi/Lo/W	Tues. Hi/Lo/W
Atlanta	75/48/s	60/38/pc	Amsterdam	51/43/pc	52/46/pc
Boston	52/45/pc	57/38/r	Athens	65/54/t	56/47/c
Chicago	52/32/c	43/29/pc	Berlin	44/33/pc	41/27/sn
Dallas	78/53/s	66/42/s	Buenos Aires	77/55/pc	79/61/s
Denver	55/27/s	55/30/s	Calgary	35/18/pc	43/26/pc
Honolulu	82/71/t	82/72/sh	Dublin	56/40/c	54/48/pc
Los Angeles	75/55/pc	75/55/pc	Geneva	54/33/s	46/31/c
Miami	82/68/s	82/67/s	Moscow	28/15/c	28/14/pc
New York City	56/46/s	53/40/sh	Rome	65/40/s	60/44/pc
Orlando	78/54/s	80/54/s	Sydney	68/55/c	70/55/pc
Seattle	54/41/pc	55/43/pc	Tokyo	66/55/pc	63/55/r

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

LOOK
out



Beyond Canvas

Entrepreneurs coax wary consumers into toting reusable bags

After being laid off as a sales representative for a software company, Andy Keller, 34, found himself down in the dumps. Specifically, the Neal Road Landfill in Chico, Calif., to drop off yard waste as part of a home improvement project.

"I don't know if you've ever been to a landfill before," he says. "What stood out to me were all of the plastic bags. There were thousands! They were blowing around and caught on fences. It disgusted me and inspired me to do something."

Keller's horror may spread as the public becomes increasingly aware of the environmental downside to using plastic bags — the U.S. alone uses 100 billion annually. That's why entrepreneurs like him are devising shopping sacks with more allure than plain old canvas.

After his landfill encounter, Keller had a revelation about reusable bags: "Even when you're well-intentioned, you end up forgetting them at home or in the car. They're not easily integrated into someone's life." With the aid of a thrift-store sewing machine, ChicoBag was born on Earth Day 2005.

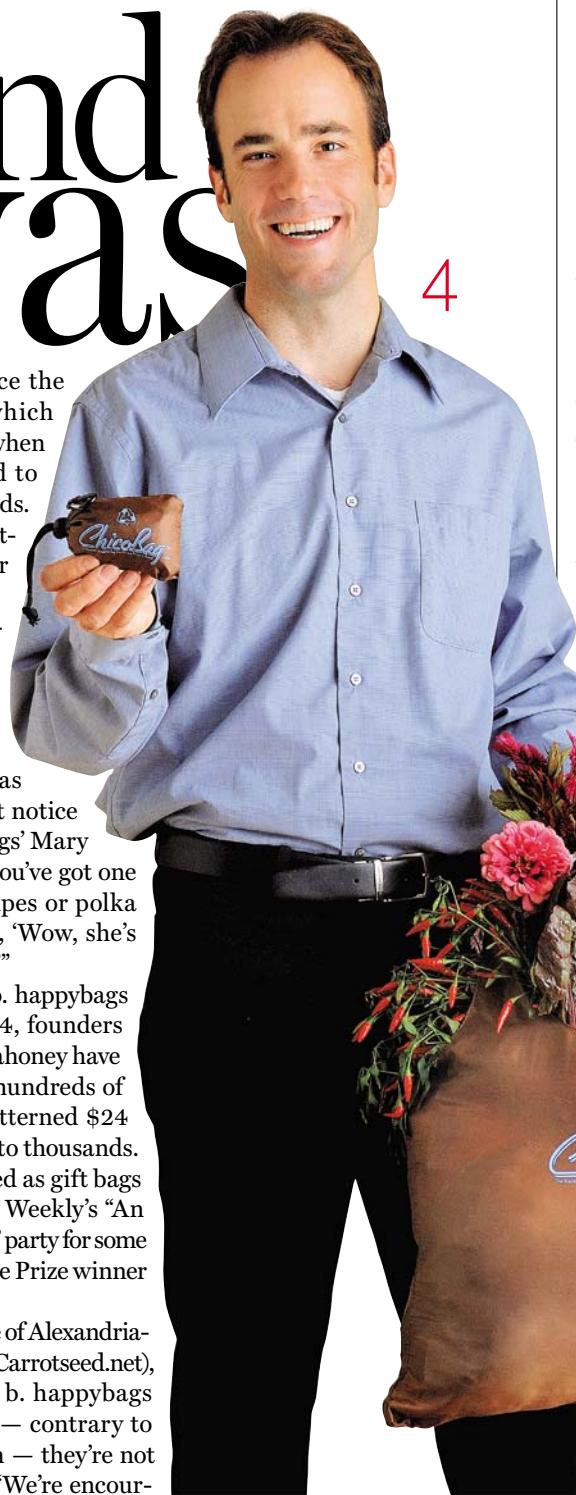
Today, he works with a staff

of seven to produce the nylon pouches, which are pocket-sized when folded but expand to hold up to 20 pounds. Each \$5 bag is outfitted with a carabiner for easy access.

Other bag artisans focus on fashion to lure consumers. "You can walk by people a million times with a canvas bag and they won't notice it," says b. happybags' Mary Kay Field. "But if you've got one that has zebra stripes or polka dots, then it's like, 'Wow, she's using her own bag.'"

Since forming b. happybags in Phoenix in 2004, founders Field and Cathy Mahoney have gone from selling hundreds of their cheerfully patterned \$24 carry-alls per year to thousands. They were even used as gift bags for Entertainment Weekly's "An Inconvenient Truth" party for some obscure Nobel Peace Prize winner named Al Gore.

Tara Casagrande of Alexandria-based Carrot Seed (Carrotseed.net), which distributes b. happybags locally, notes that — contrary to popular perception — they're not just for groceries. "We're encour-



aging people to bring them to Nordstrom, to Old Navy, to the drugstore," she says.

Susan Moinester doesn't make substitutes for plastic bags — instead, they're her secret ingredient. Her nonprofit, Manos des Madres (Manosdemadres.org) distributes Trash Bags — clutches, purses and satchels made by women

(**1-2**) **b. happybags:** The \$24 totes, from "Dottie" to the zebra-riffic "Wilma," can lug 50 pounds each (Bhappybags.com). (**3**) **Trash Bags:** A woven chip purse goes for \$95 to \$125. Find them semi-locally at Mixed Greens (48 Randall St., Annapolis). (**4**) **Chicobag:**

Founder Andy Keller shows off his \$5 product (Chicobag.com).

in Honduran coffee-farming communities.

"They live in mud huts. They don't have windows and doors," she says. "Strangely, a large part of their diet consists of these cheap but high-calorie chips. So, the small chip bags just litter the communities. Periodically, the trash is burned, which releases all sorts of toxins."

It takes 30 chip bags to weave a small clutch (\$20); a purse (\$95 to \$125) can take an entire week to make, as the women weave only in their spare time. While that price might seem steep,

the proceeds benefit the makers.

What's the first step one should take toward kicking the plastic habit?

Admitting your addiction, says Keller. "It's a constant challenge," he bemoans. "There are so many bag pushers out there trying to make you walk out of a store with a bag. I've actually had people request a plastic bag

from me when I sell them a bag. Most are joking, but one out of the 10 isn't."

KRIS CORONADO (EXPRESS)

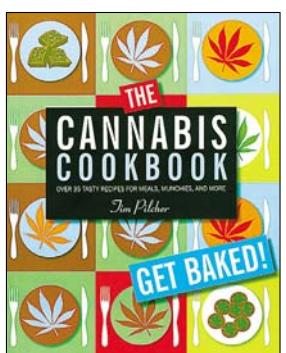
Beverages



An Explosion of Taste

When a sample bottle of **7-UP POMEGRANATE** (available through Jan. 31, 2008) arrived at our desk, it made quite an entrance. "Hey," we said as we started to twist the cap, "it's pretty impressive that after being sent in the mail it didn't explo—." After wiping the surprisingly unsticky ruby liquid off our keyboard, we assembled a panel of soda aficionados. "It looks like a Shirley Temple, so when it's not as sweet, it's disappointing," said one. "It's not as bad as Faygo," noted another. But the last comment said it all: "Give me a pomegranate vodka instead." k.c.

Food



Light Up Your Table

Each dish in **THE CANNABIS COOKBOOK** (by Tim Pilcher, \$17, Running Press) calls for wacky baccy in various forms. (The first chapter explains how to make pot-infused butter, flour and so on.) But the results — like Bean Pot chili and peanut-buttery Ganja Gooballs — are genuinely tasty without the secret ingredient. The recipes are very simple, presumably so cooks under the influence can manage them; to stave off munchies, everything's heavy and hearty — the chili, for example, called for an entire pound of bacon. RACHEL KAUFMAN

Lookout Online

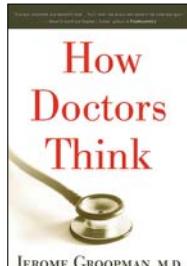
 readexpress.com

site specifics

BOOKS

How Doctors Think

Jerome Groopman, M.D., has credentials like hypochondriacs have symptoms. His new book, "How Doctors Think," describes the warning signs of erroneous medical thinking," and Express contributor Tony Sclafani caught up with Groopman before his Monday talk at the Sixth and I Synagogue. | COMING UP



FOOD AND WINE

The Grape Crusades

Matching vino and vittles for your next bash doesn't have to be a "Wine for Dummies" affair relying on tried-and-tired combos. Express' Jennifer Barger talked with multiple D.C. chefs about how to pair wine with more non-traditional food selections. | ONLINE NOW



FASHION

'Style A to Zoe'

When stars like Lindsay Lohan tread the red carpet in big shades and goddess-y frocks, they've likely been dressed by stylist Rachel Zoe. Express' Jennifer Barger spoke to the fashion Svengali known for pushing wedge shoes and perma-tans about her new book." | ONLINE NOW

comment board

“There are many arguments [as to] why we change time, but what's the point? I'm just glad we have sunrise and sunset.”

COMMENTER AM, WHO ADDED, “TAKE ALASKA, FOR INSTANCE: SUMMERS OF TOTAL DAYLIGHT AND WINTERS OF TOTAL DARKNESS. WHAT ARE THEY SAYING?”



“I would really like it if 'they' would just pick a time and be done with it. Regardless of its original intent, Daylight-Saving Time has never been anything but a pain in the rear.”

COMMENTER P. NOELL, RESPONDING TO FRIDAY'S POLL CENTER QUESTION, “DID YOU ENJOY HAVING THE FOUR EXTRA WEEKS OF DAYLIGHT-SAVING TIME THIS YEAR?”

poll center

FRIDAY'S RESULTS AS OF 5 P.M.

DID YOU ENJOY HAVING THE FOUR EXTRA WEEKS OF DAYLIGHT-SAVING TIME THIS YEAR?

YES 66%

NO 34%

SEE HOW YOUR METRO STATION VOTED AT READEXPRESS.COM/POLLCENTER.PHP



“Politicians: Robocall me again, and I will vote for your opponent out of sheer spite.”

JOELOGON.COM HAS AN ISSUE WITH BEING BOMBARDED BY UNWANTED ADVERTISEMENTS, ADDING, “ONE OF THE REASONS WHY I’VE NEVER TRIED NETFLIX IS THAT THEY WERE ONE OF THE EARLIEST AND MOST PROLIFIC USERS OF POP-UNDER ADS.”



I WAS READING Maxim and saw that you can buy an Airbus that seats 900-plus passengers for the low hundreds of millions of dollars. Talking to a buddy ... we thought it would be cool to have a concert on an Airbus — in flight.”

MOUNDALEXIS.COM PONDERS THE FEASIBILITY OF A CONCERT AT ALTITUDE.

I JUST WATCHED a 'Clean House' marathon and am thankful for the common sense God gave me to keep my house uncluttered. I know I'm being judgmental, but the people on these shows need some serious psychological help.”

THISISHMEHONEST.BLOGSPOT.COM IS GLAD SHE WILL NEVER APPEAR ON THE STYLE NETWORK'S POPULAR SHOW.

SHE IS NO Jokeresque Rachael Ray and no overly airbrushed Oprah — both mugging it up for their eponymous glossies. Martha is far more subtle, yet meaningful.”

MADAMEMEOW.TYPERAD.COM IS GRATEFUL WHEN MARTHA STEWART GRACES THE COVER OF HER OWN MAGAZINE.

Discussions

How to Host

AMY SEDARIS, star of Comedy Central's "Strangers With Candy" and author of "I Like You: Hospitality Under the Influence," was online Friday to discuss her life, career, being a good host and some other things.

My wife and I are huge fans. We loved the bit you did on Letterman where you gave the viewers a tour of your neighborhood at 4 in the morning. How much of that bit and your other hilarious appearances on Letterman are scripted, and how much is off the cuff?

With Letterman, a lot of it is off the cuff, because you don't know what he's going to ask you. The 4 a.m. thing was all off the cuff.

I love the story about how you loudly told your brother, "Good luck with the sexual assault charges" as you got off the subway. Can you offer any similar lines that I could use to embarrass my friends?

Oh, it was "Hope you beat that rape charge." "Good luck at the clinic" always works. Or if you see a guy hitting on a girl: "Your wife called; the baby is sick."

Please tell us you are coming back as Beth [in "Rescue Me"], the chief's daughter, next season.

What was it like working with Denis Leary? Did you get to improvise a lot?

We improvised a lot. I loved working with Denis Leary — he's very funny, and he's very chatty and talkative, and his mind is always going. But I have no plans to go back to the show; I just did two episodes.

What kind of music do you like to have playing while you have friends over for drinks or dinner?

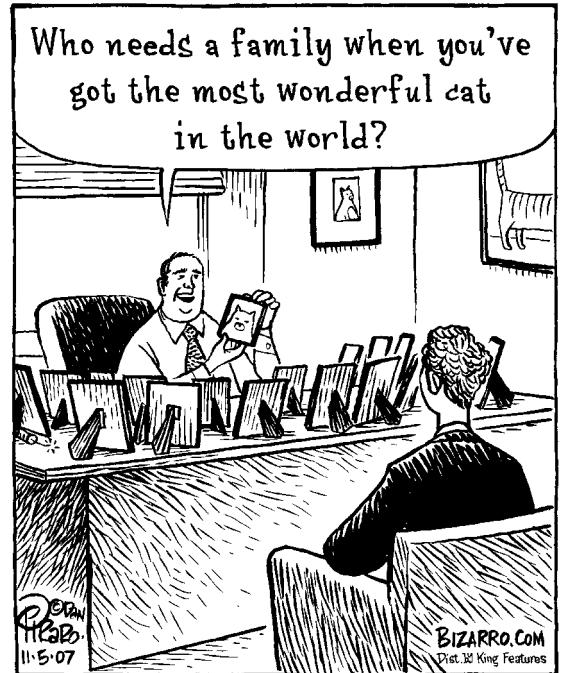
I try to pick music that doesn't involve a lot of lyrics, so you're not paying attention to that.

TODAY ON DISCUSSIONS: Post staff writer Rob Stein will be online to discuss research that shows the genetic evolution of the AIDS virus at 11 a.m. | washingtonpost.com/discussions.

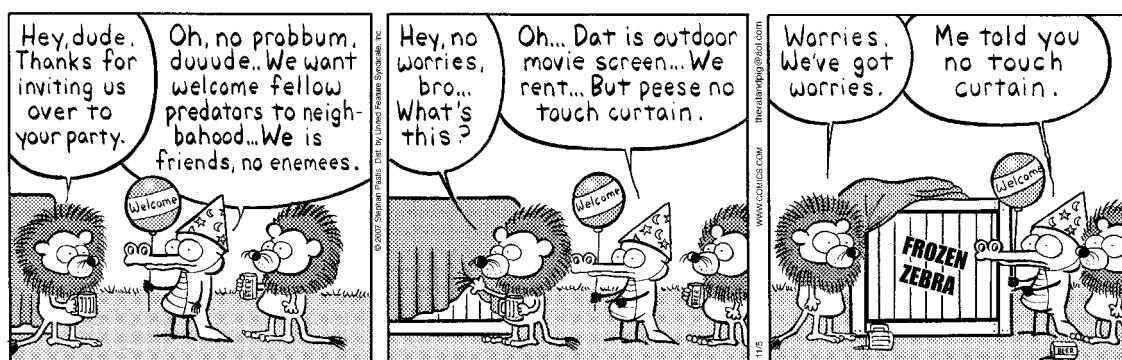
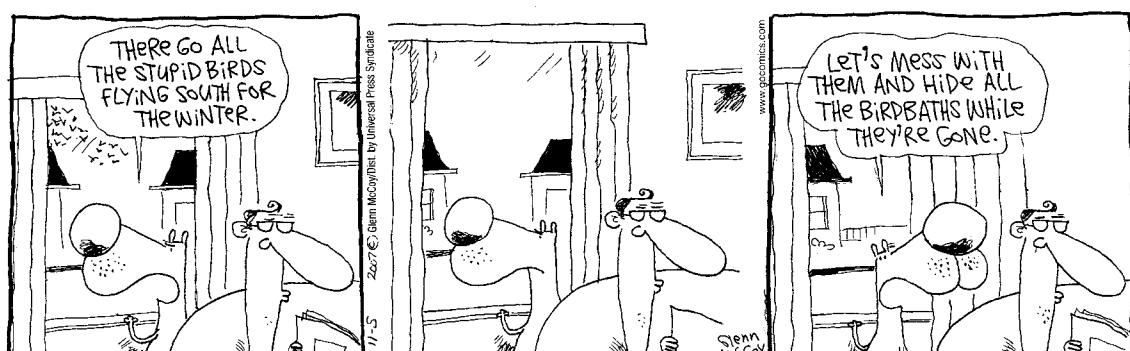
DO

GET READY TO VOTE, VIRGINIA. On Tuesday, a general election will be held for the state Senate (30th and 31st districts), state House of Delegates (45th, 47th, 48th and 49th districts), the Arlington County Board, and Arlington County sheriff, commissioner of revenue, treasurer and school board.

LOOK out

Bizarro | Dan Piraro**Cornered** | Mike Baldwin

"You always had good intentions. Let's find you a nice job paving roads."

Pooch Cafe | Paul Gilligan**Pearls Before Swine** | Stephan Pastis**The Duplex** | Glenn McCoy

Horoscope

By Stella Wilder

SCORPIO (Oct. 23-Nov. 21) You may come up against someone who is unwilling to let you be creative with the rules at this time. Be patient; don't become defensive.

SAGITTARIUS (Nov. 22-Dec. 21) You may have to postpone something you've been looking forward to for sometime. Such an adjustment shouldn't be hard for you.

CAPRICORN (Dec. 22-Jan. 19) You may hear from someone who has information to offer that is either good or bad, depending upon your perspective.

AQUARIUS (Jan. 20-Feb. 18) You may not be feeling up to par — emotionally or physically, or both. Still, you can accomplish one thing in particular of great value.

PISCES (Feb. 19-March 20) You will require up-to-date information in order to do your job to the best of your ability. Don't be premature; wait until you have the facts.

ARIES (March 21-April 19) You'll be pleased to hear news of someone far

from home. Though tempted to get in touch right away, you may have to wait a day or two.

Taurus (April 20-May 20) There is little danger that you will not fulfill the expectations of others, but your own are a little harder to satisfy. Keep trying.

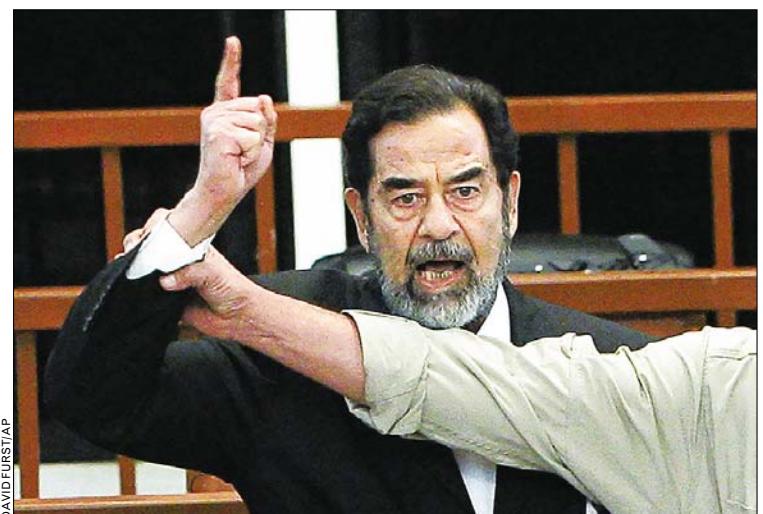
GEMINI (May 21-June 20) Though you are in no mood to accept charity from anyone, the fact is that someone out there can do you a favor from which you will surely benefit.

CANCER (June 21-July 22) Though you've been struggling with a certain dilemma for some time, you're likely to enjoy a revelation that brings about a solution.

LEO (July 23-Aug. 22) You may receive a promise from someone who is actually in no position to give it. You must discern the difference between fact and fiction.

VIRGO (Aug. 23-Sept. 22) You should be able to plan well, even for those things you cannot fully anticipate. Trust previous experience to see you through.

LIBRA (Sept. 23-Oct. 22) The easy will be hard, and the hard easy. In this way, the stars will demand that you keep your eyes and ears open at all times and stay ready.



Saddam Hussein yells in court as the guilty verdict is read on this day in 2006.

Today in History

1605 The "Gunpowder Plot" fails as Guy Fawkes is seized before he could blow up the English Parliament.

1912 Woodrow Wilson is elected president, defeating Progressive Party candidate Theodore Roosevelt and incumbent Republican William Howard Taft.

1940 President Franklin D. Roosevelt wins an

unprecedented third term as he defeats Republican Wendell Willkie.

2006 Saddam Hussein is convicted and sentenced by the Iraqi High Tribunal to hang for crimes against humanity.

2006 Saying that he was a "deceiver and liar" who had given in to his dark side, the Rev. Ted Haggard confesses to sexual immorality in a letter read from the pulpit of the New Life Church in Colorado Springs, Colo.

LOOK out People



DAVE HOGAN/GETTY IMAGES

Someone is a Mr. Crankypants today.

HORRORS

His Reputation Among Criminals Was Tarnished

OZZY OSBOURNE wants an apology from the Cass County, N.D., sheriff for staging a sting operation in the rocker's name without his permission. Osbourne claims his reputation was tarnished when Paul Laney invited 500 people with outstanding warrants to a phony party at a Fargo nightclub before the rocker's concert with Rob Zombie. (AP)

SMALL CHANGE

\$15,000? Why Even Bother?



BRITNEY SPEARS' former manager has sued the singer for more than \$15,000, alleging she has failed to pay for work he helped produce. Johnny Wright managed Spears from 1999 to 2003, but the lawsuit cites a contract that would have kept payments coming until 2008. (AP)



STEPHEN SHUGERMAN/GETTY IMAGES

ADORABLE

Aww, a Nuisance!

HAYDEN PANETTIERE and some fellow animal rights activists drew angry shouts and some shoving from fishermen in Japan when they tried to interfere with a dolphin hunt. The six activists from the anti-whaling group Sea Shepherd paddled out on surfboards to a cove in the town of Taiji in southwestern Japan on Tuesday to interfere with the annual hunt. (AP)

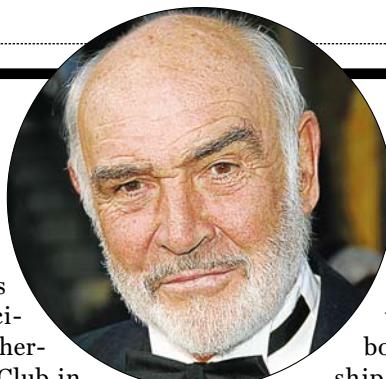


ROCK AND ROLL

WE'LL PROVIDE THE ROCK. YOU PROVIDE THE ROLL.

COMPLEX Deal Settled When No One Figured Out the Math

SEAN CONNERY is no longer associated with the Sherwood Country Club in Los Angeles. The actor settled his lawsuit against the club for an undisclosed sum. Connery sued in May 2006, charging the club with failing to pay him the equity his membership earned in promoting related



Eighty-five percent of \$35,000 —oh, whatever.

real estate deals. According to the suit, Connery bought a membership for \$35,000 in 1990 with the understanding that the club would use his name to promote the sale of luxury properties surrounding its golf course and that he could retrieve the equity at 80 percent after three years. (AP)

ESTATES

'Sure, Why Not? Take It All!' Weep Discouraged Lawyers

An ex-boyfriend of **ANNA NICOLE SMITH** who is serving a six-year sentence for making criminal threats against her wants a piece of her inheritance. Mark Hatten, who lists his address as the Pleas-



ant Valley State Prison in Coalinga, dated Smith in 2000 but was later found guilty of threatening her with a knife and assaulting one of her neighbors. He was acquitted of stalking her. (AP)

REPARATIONS

Case Against Cheesy 'Harry Potter' Ending Takes Shape

After parts **JAMES FREY**'s "A Million Little Pieces" were found to be false, book buyers around the country sued. But in the end, only about 1,700 people asked to be reimbursed, costing Random House just \$27,348, a lawyer said Friday as a judge approved a final settlement. (AP)



"Hate me," his smug smile seems to say.

GRAND OPENING

ENTIRE STORE ON SALE NOVEMBER 8-17

Win a \$1,000 Shopping Spree No Purchase Necessary.

Special Pricing and Contest Entry November 8-17 only.

Come join us for this unparalleled savings event.

BENSONS
JEWELERS

SINCE 1939
1331 F Street NW, Washington, DC 20004
Phone: 202.628.1838 • www.BensonsDC.com

LOOK out

CROSSWORD | WASTING AWAY

ACROSS

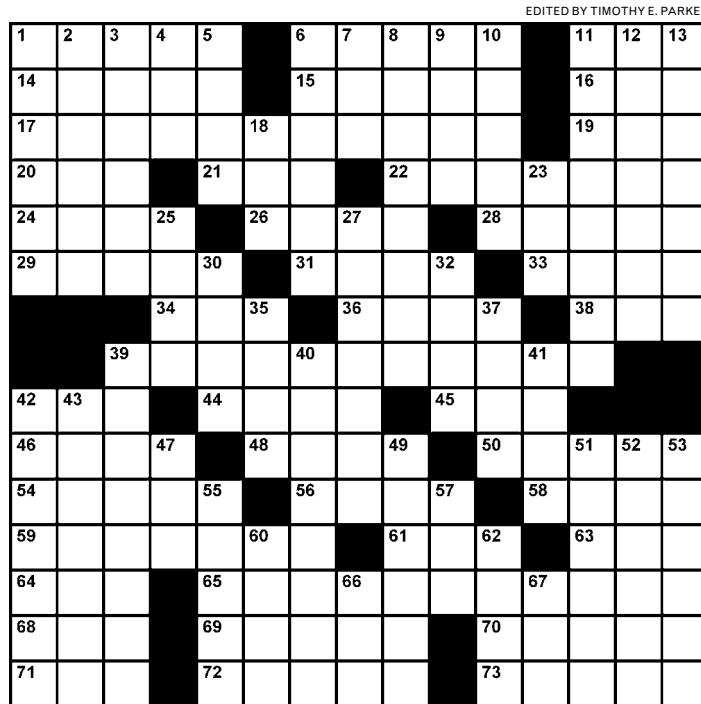
- 1 "___, Dolly!" (play starring Carol Channing)
- 6 Pillages
- 11 Little white lie
- 14 "Crime does not pay," e.g.
- 15 Insurance matter
- 16 Beatles collection
- 17 It could be full of worms
- 19 OAS member
- 20 Thing done
- 21 "... ___ iron bars a cage"
- 22 Bright at night
- 24 Operate a rummage sale
- 26 Moore of "Bobby"
- 28 Says with a scratchy voice
- 29 One of the cattle in a cattle drive
- 31 Catnap
- 33 Sudden impulse
- 34 Relief
- 36 Bankruptcy cause
- 38 "___ on Indolence" (Keats)
- 39 Small pain in the neck
- 42 Tigger's bouncing buddy
- 44 Small duck
- 45 Scatter
- 46 Work for an orchestra?
- 48 Ivan or Peter
- 50 Political name in Chicago
- 54 Camel's undoing

56 ___ yet (so far)
 58 It has its ups and downs
 59 Polishing off slowly
 61 Itch
 63 Hall-of-Famer Williams
 64 Old bronze coin
 65 Ordinary folks
 68 Dictionary section
 69 High-speed transmission
 70 Bubbling
 71 Animal in several of Aesop's fables
 72 Catches one's breath
 73 Varieties

DOWN

1 Tease

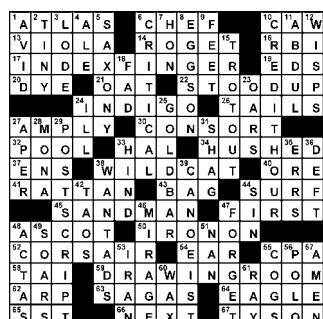
2 French naval missile
 3 Like Red Riding Hood
 4 "Parking" or "odd" follower
 5 Doomsayer's sign
 6 In a panic
 7 Jungfrau, e.g.
 8 Overturned
 9 "Braveheart" garb
 10 Defame
 11 Result of a court violation
 12 Dull
 13 "How should I know?"
 18 Show sleepiness
 23 Blustery
 25 Bound
 27 1920s



Duesenbergs, e.g.
 30 Go on a rampage
 32 Diminishes
 35 Health concern
 37 Trampled
 39 Grump
 40 Cheesy meals
 41 On vacation
 42 Home to many a penguin
 43 Certain Wall Street trades
 47 Swindler's prey

49 Palace set
 51 Skin moistener
 52 Liner location
 53 Sings at a high level?
 55 Electrician, at times
 57 Swamp
 60 Sobriquet
 62 Neighbor of Mont.
 66 Set of parts
 67 U.S. crime fighter

Friday's Solution



SUDOKU | EASY

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Sudoku? Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Friday's Solution



express

PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM | EDITOR—DAN ACCAVARO | DEPUTY EDITOR—GREG BARBER
 ART DIRECTOR—SCOTT MCCARTHY | NEWS EDITOR—MATT SWENSON | ARTS EDITOR—ARION BERGER | FEATURES EDITOR—HOLLY MORRIS
 SECTION EDITORS—JENNIFER BARGER, KRIS CORONADO, KARMAH ELMUSA, VICKY HALLETT, IAN HERBERT, CHRIS PORTER, DUSTIN WEAVER,
 DARONA WILLIAMS, CLINTON YATES | WEB EDITOR—MICHAEL GRASS | EDITORIAL DESIGN—MARCIA HARDER, SCOTT ROSENBERG | COPY CHIEF—
 AIMEE GOODWIN | PRODUCTION COORDINATOR—MATTHEW LIDDI | PHOTO ASSISTANT—CHRIS COMBS | PHOTOGRAPHER—MARGE ELY | PUBLISHED BY
 EXPRESS PUBLICATIONS LLC PO BOX 17370, ARLINGTON, VA 22216 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY | TEL: 703-469-2800 | FAX: 703-469-2831
 CIRCULATION: 202-334-6992 OR CIRCULATION@READEXPRESS.COM | ADVERTISING: 202-334-6025 OR ADS@READEXPRESS.COM | CLASSIFIEDS: 202-334-6200

U.S. PARK POLICE ARE HIRING POLICE OFFICERS

Applications are being accepted from ALL QUALIFIED APPLICANTS, through November 9, 2007.

Salary range \$44,060 to \$91,803 per year

Contact the U.S. Park Police or OPM online at www.nps.gov/uspp or www.usajobs.opm.gov

Applications may be faxed or mailed to the United States Park Police Human Resources Office - Room. 177 1100 Ohio Drive SW Washington, DC 20024 202-619-7479 fax 202-619-7056 office

JOIN THE FORCE



We don't like rodents either!



The Leader Since 1939

Call Today!

For a FREE no obligation inspection by one of our service professionals
 Mention Discount Code NP1237 for a special price.

888-888-HOME

www.homeparamount.com/newspaper

FREE Estimates • 24-Hour Response • Saturday Hours

Residential and Commercial Pest Management Services

Rodent Control • Moisture Control • Bed Bugs

Termites • Termite Bait System • Ants • Carpenter Ants • Roaches • Birds
 Spiders • Bees • Wasps • Mosquitoes • Fleas • WDI Reports • And Much More!

**SAVE
10%**

**Rodent &
Pest Control
Services**

**Satisfaction
Guaranteed**

Financing Available





Robert Hein and Deborah Fenwick

Little did I know that my neighbors' pestering me to go to HealthFair would save me from having a stroke. Ray, who lives next door, had gone to HealthFair in December, where they found a large aneurysm on his aorta. With urgent surgery, the HealthFair test saved Ray's life. After that, every time I saw Barbara, Ray's wife, she asked me when I was going to HealthFair to get tested. I finally agreed to go, and I am very glad I did. The HealthFair technician found that I had a very clogged carotid artery and told me to see my doctor immediately. I was shocked. I always have regular and vigorous physical exams. I'm 63 years old, slim built, don't smoke, eat a fairly low-fat diet, and exercise regularly. I ride my bike 25 miles twice a week, play softball four days a week, and play golf. I have normal blood pressure, normal cholesterol, and a healthy heart. Within a week of the HealthFair screening, I was in the hospital having surgery on the clogged artery. Many of the hospital staff were surprised by my condition considering my otherwise good health. My surgeon, Dr. Earl Stewart, told me the artery was over 80% blocked and the plaque unstable. He was surprised that I hadn't already had a stroke, and was sure I would've had one soon without surgery. Within a week of surgery, I was up and able to resume my normal activities. HealthFair provided a miracle for me and my neighbor, Ray. I think everyone should have the screening. It's the best money I have ever spent. Sincerely, Robert Hein.



Joint Commission What this means for you.

Accreditation by the Joint Commission is the Gold Standard in health care. The Joint Commission is a not-for-profit organization dedicated to raising the level of safety and quality of care in all health care settings. Since 1951, the Joint Commission accreditation has been recognized with in health care as a symbol of quality. HealthFair is accredited just as the hospitals in your community are accredited.

Accreditation means that HealthFair has volunteered to undergo a challenging comprehensive evaluation.

Whenever and wherever you receive health care, look for the Joint Commission's gold seal of approval.

PAID ADVERTISEMENT

PAID ADVERTISEMENT

PAID ADVERTISEMENT

ULTRASOUND TESTS OF THE HEART & ARTERIES

Area Dates and Locations

ALEXANDRIA - 11/7 - Woodbine Rehab & Healthcare Center, 2729 King St

ALEXANDRIA - 11/17 - Hampton Inn, 5821 Richmond Hwy

BETHESDA - 11/24 - Marriott, 6711 Democracy Blvd

BETHESDA - 11/13 - Marriott, 5151 Pooks Hill Rd

FAIRFAX - 12/6 - Fairfax Presbyterian Church, 10723 Main St

FALLS CHURCH - 11/16 - Residence Inn, 8125 Gatehouse Rd

LANDOVER - 11/20 - Courtyard by Marriott, 8330 Corporate Dr

MCLEAN - 11/15 - Best Western Tysons Westpark Hotel, 8401 Westpark Dr

ROCKVILLE - 11/6, 12/4 - Rockville Presbyterian Church, 215 W Montgomery Ave

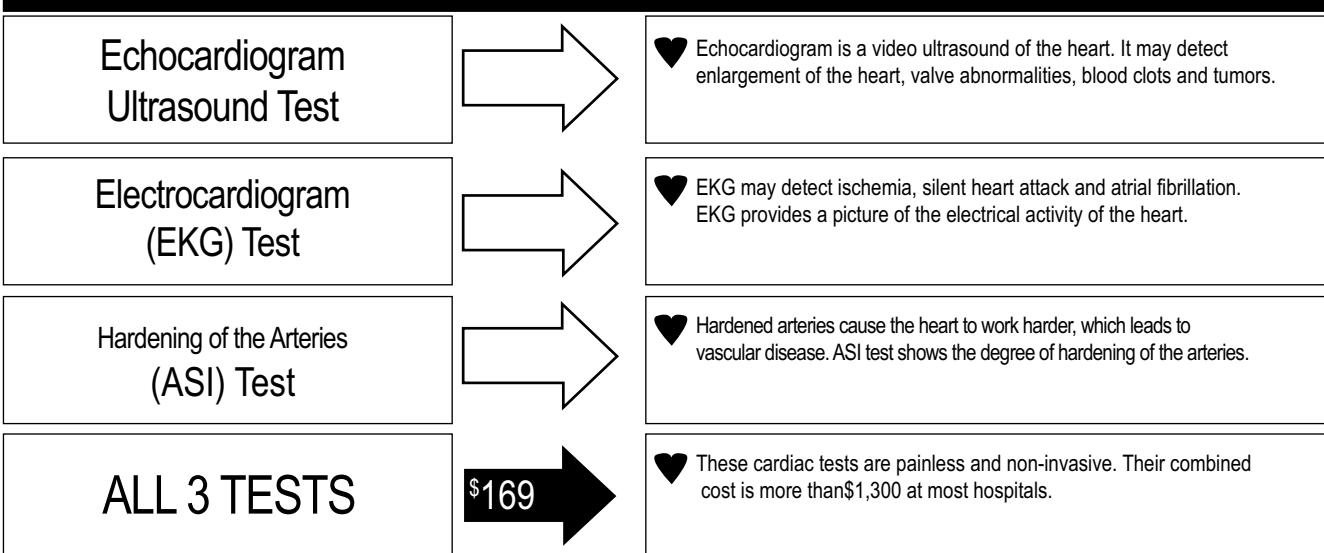
SILVER SPRING - 11/9 - Residence Inn, 12000 Plum Orchard Dr

SPRINGFIELD - 11/8 - Hilton Springfield, 6550 Loisdale Rd

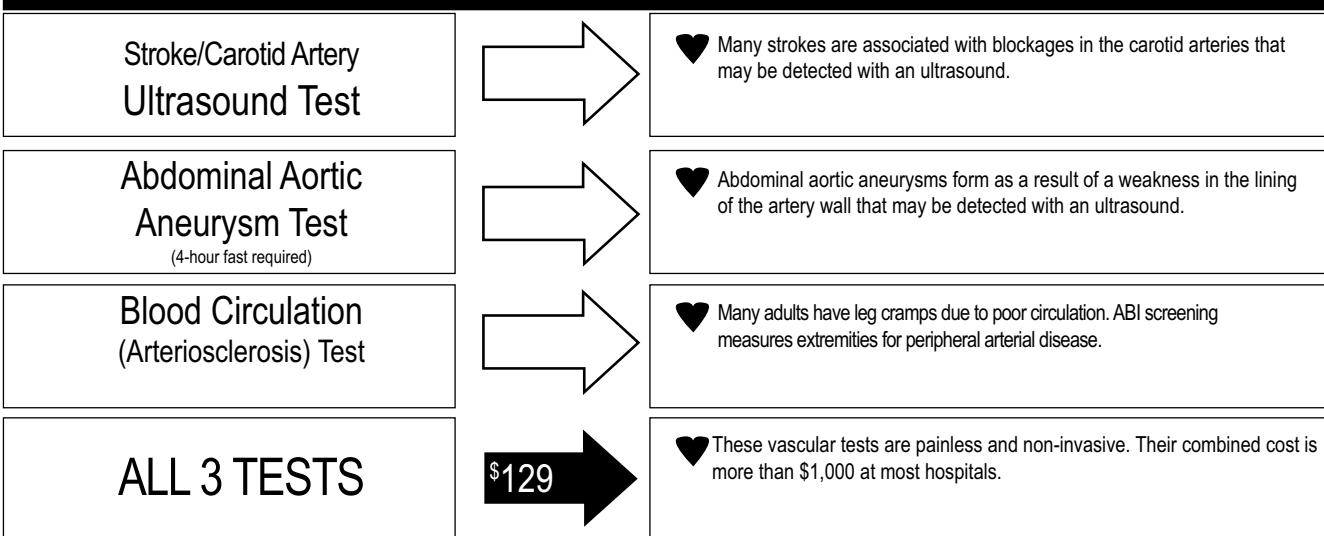
SPRINGFIELD - 11/21 - Comfort Inn, 6560 Loisdale Ct

VIENNA - 12/7 - Comfort Inn Tysons Corner, 1587 Spring Hill Rd

HEART DISEASE PREVENTION PACKAGE



STROKE & ANEURYSM PREVENTION PACKAGE



All 7 Test Package
(Includes Osteoporosis Test)

LIMITED TIME OFFER
\$2,300 Value for only

\$229

APPOINTMENTS ARE NECESSARY • Call Toll Free 1-866-371-3703 • www.healthfair.com

HEALTHFAIRSM
Your road to better health.



Accredited by the
Joint Commission

- Tests are interpreted by board certified physicians.
- No additional fees are required for physician services.

ASK US ABOUT:

Prostate Cancer (PSA),
Cholesterol, CRP, Diabetes,
Thyroid & ALT Testing.

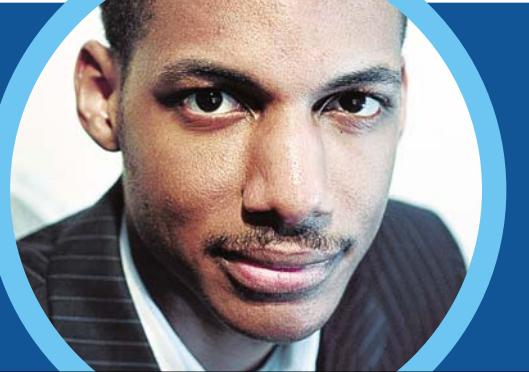
Corporate Rate Available

M
V
express | NOVEMBER 2007

health

YOUR GUIDE TO THE OPEN ENROLLMENT SEASON

Justin George
spurned his
firm's benefits
and found his
own plan **E4**



2008 BENEFITS GUIDE

FALL MEANS OPEN ENROLLMENT. HOW TO CHOOSE WISELY

With the average insured worker paying \$3,281 for family coverage, polls show that health-care costs are high on people's minds. Although most large employers continue to offer insurance, some lower-wage workers say they can't afford it. Meanwhile, those in firms with fewer than 200 employees paid far more this year toward family coverage than employees at large companies, but less for individual coverage, according to a survey by the Kaiser Family Foundation and Health Research Educational Trust. Inside: What life and their health plans dealt some area residents this year, and how that will affect their health insurance choices in 2008; plus, help choosing your own plan.



health insurance guide

Health Plans, Put to the Test

► A year ago, their health plans looked good on paper. Then life put those choices to the test. Writer Christopher J. Gearon tells how some area residents fared with their insurance plans and what they'll do to protect themselves better in 2008.



LOIS RAIMONDO/TWP

Sam Atadjanov, 37

→ Couldn't get coverage for his family

AS AN ACCOUNTANT for a small business, Sam Atadjanov has health insurance through his employer. But none of the company-sponsored plans will help cover his wife or children, and buying more insurance on his own isn't an option.

"I cannot afford to get [health insurance] now for my wife," said Atadjanov, who emigrated from Uzbekistan 10 years ago and lives in Silver Spring. "It's out of reach at this moment." Because his wife, Dilya, works part time and has no access to coverage through her job, she is uninsured. Their children, ages 9 and 7, are covered under the State Children's Health Insurance Program.

For himself, Atadjanov pays about \$50 per paycheck for the lowest-cost choice: HMO coverage through Kaiser Foundation Health Plan of the Mid-Atlantic States. It's the most affordable, plus the care is "all in one place," Atadjanov says.

His situation is not uncommon. Some small firms are offering workers a set amount to find coverage on their own or dropping family coverage altogether. Others have shifted more of the cost of family coverage to workers, who pay more for it (\$4,236 per year, on average) than those in larger firms (\$2,831), according to the Kaiser Family Foundation.

Next year Atadjanov plans to opt for Kaiser again. He hopes his wife can soon work full time to get coverage, too.

His Grade: B



KATHERINE FREY/TWP

Jacqueline Eyler, 55

→ Has seen illness shrink her savings

SINCE HER AUGUST 2005 diagnosis with stage 3 breast cancer, Jacqueline Eyler has seen the cost-sharing obligations of her Cigna PPO nearly deplete her and her husband's \$50,000 savings account.

"I thought I had pretty decent insurance," says the Westminster, Md., resident, who is covered on her husband's plan, through his employer of 33 years. The couple pays \$400 a month in premiums for a plan with a \$400-per-person deductible; the policy pays 90 percent of bills for in-network care and 80 percent of out-of-network care. The plan limits their annual out-of-pocket costs to \$5,000 per person — but only on covered services.

Out-of-network care and prescription drugs made them dig deeper. Eyler and her husband, James, who has high blood pressure and a thyroid condition, take more than two dozen medications between them, paying \$40 for each generic drug and \$80 per brand-name prescription. The Eylers said their out-of-pocket medical expenses topped \$10,000 last year.

"We never had to worry about money" before her illness, Jacqueline Eyler said. "We're living month to month now. ... That's hard and stressful. ... We think we have decent coverage, but we're still struggling."

James Eyler says the couple will choose the same plan again next year, because his company's other offering restricts choice of providers.

Their Grade: B



LOIS RAIMONDO/TWP

Doreen Hedges, 42

→ Was helped by DC Healthy Families

TWO YEARS AGO, Doreen Hedges's husband, a courier, shattered his ankles on the job and hasn't been able to return to work. Disability insurance pays \$32,500 a year, about half his salary. The family also has work-related health coverage through Cigna PPO but have found it hard to pay monthly premiums of \$427, deductibles of up to \$2,000 per person and hefty co-payments.

The couple has a newborn who was born premature and a 7-year-old with Down syndrome and autism.

Luckily for the Hodgeses, who live in Washington, they qualify for DC Healthy Families, a combination Medicaid and SCHIP program open to families with incomes up to twice the poverty level (and to children and pregnant women with income up to three times the poverty level). Cigna covers about \$3,750 of the family's monthly \$5,000 bill for health-care services; Healthy Families picks up the balance. "I don't know if we could afford the health insurance coverage" otherwise, Hodges said.

The District and some states have extended SCHIP eligibility beyond the program's original scope to include more children, even parents in some situations. President Bush's recent veto of a reauthorized and expanded SCHIP program leaves it in limbo.

"I worry," Hodges says, about what could happen to her if SCHIP is not reauthorized.

**Her Grade: B for Cigna PPO,
A for DC Healthy Families**



KATHERINE FREY/TWP

Anita Sikand, MD, 44

→ Was shocked by the cost of providing coverage

MOST PEOPLE THINK doctors needn't worry about health insurance; that's not true when it comes to providing staff coverage, says Anita Sikand of McLean, an OB-GYN with offices in the District and Arlington. Shopping for coverage in the small-group market, "we're just like everyone else," Sikand says. "There is no favoritism."

When she started her practice in 2000, she was "shocked" to find that health insurance cost four times what she paid during her residency. "No one prepares you for that," she says. Sikand went without for a year. Today she has an HMO through CareFirst BlueCross BlueShield and pays more than \$1,000 a month in premiums for family coverage; she offers the same coverage to her office staff. She likes the coverage but thinks it's overpriced since her family is healthy. She says her plan has no deductibles on most services and no coinsurance.

The small-group market offers more protections than the individual market. For example, a small employer sponsoring a group health plan cannot be rejected because of the health status or age of employees. But in Virginia and the District, small-group insurers can charge largely what they like. "I have no negotiating power," Sikand says.

Each year, Sikand and her broker look at the options, including high-deductible plans, but she keeps the Blue Cross HMO. "When you look at all the factors, the HMO is still the best choice," she says.

Her Grade: C to D



Blue is thinking big.

Sometimes bigger is better. And no health care plan understands this better than Blue Cross Blue Shield. With a nationwide network of more than 500,000 doctors, pharmacies and hospitals, Blue offers federal employees and their families greater access and more choices than ever. So think big. Think Blue. Find out more at fepblue.org or call 1-800-411-BLUE.



**BlueCross
BlueShield®**
Federal Employee Program

Blue Cross Blue Shield Association is an association of independent Blue Cross and Blue Shield Plans.

health insurance guide

CONTINUED FROM E2



RICHARD A. LIPSKI/TWP

Chris Basler, 22→ **Discovered the gaps in a bare-bones plan**

WHEN CHRIS BASLER Basler graduated from college in May and was bumped off his parent's health plan, he wasn't worried. Living in Washington, he figured he'd land a job quickly and get coverage through his employer. And in the meantime, a bare-bones plan would do fine.

Then he injured his ankle and learned the limits of his new \$1,000-deductible, short-term Assurant Health policy. It covered only hospital-related care. Basler had to pay at least \$400 out-of-pocket for treatment.

"It's ironic," he said, "that one of his few injuries came during this 'in-between' period."

Another lesson followed quickly. When Basler landed a marketing job last month, he learned there would be a three-month wait before employer-sponsored health coverage kicked in. "I sort of freaked out a little bit," he says. "I didn't know that's how most companies do it."

Aging out of parents' coverage is a common problem, and young adults make up the fastest-growing uninsured population. Some states, including Maryland and Virginia, have recently passed laws to extend the time young adults can stay on their parents' plans.

Before his injury, Basler said he would buy the cheapest insurance available. Now, he will consider more-comprehensive offerings.

His Grade: D for his short-term coverage



TRACY A. WOODWARD/TWP

Justin George, 25→ **Found it can pay to go it alone**

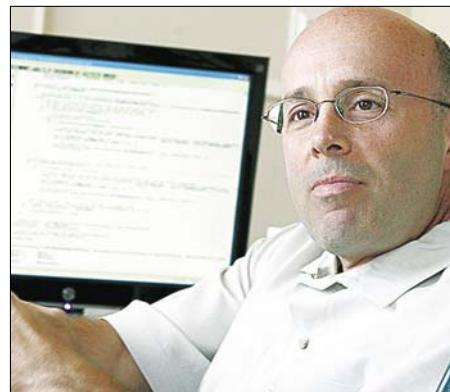
JUSTIN GEORGE, AN AUDITOR at a small firm, fought the odds and won: He spurned his employer's offer of an HMO and, three months ago, found cheaper insurance he liked better in the individual market.

"I went to e-Healthinsurance.com," says George, who lives in Washington, and found a Blue Cross PPO for \$117 a month — about half what he'd pay in his employer's HMO plan. The cheaper plan provides better coverage, including mental health and prescription drug benefits, than his workplace insurance, and allows him an open network of providers. "They offered me the benefits I needed at a better cost," George said.

The individual insurance market generally provides costlier, less comprehensive coverage. George exposed one of its bright spots: Young and healthy individuals can find decent deals.

George understands his good fortune is "because of the age bracket I'm in." He plans to continue with the plan for the foreseeable future. Should employer-provided coverage become a better deal as he ages, he'll switch.

His Grade: B



NIKKI KAHN/TWP

Chas Sforza, 50→ **Feels locked in after a heart attack**

THE OWNER of an IT consulting firm, Chas Sforza tested his Anthem BlueCross BlueShield policy — a PPO — last year when he had a heart attack.

The South Riding resident came through — and so did the policy, which he bought in the individual market. Sforza's plan has a \$300 deductible and pays 20 percent of medical bills up to \$1,500 a year. At that point, "they pay 100 percent," he says.

Sforza said he had no complaints with the coverage. The only hitch: Given his recent health history, he can no longer pick and choose plans.

"I can't change policies, I can't get an HSA," or health savings account, he said. The reason: He would have to go through underwriting, where your health history often determines whether you can get coverage and at what price. Younger, healthier people are at an advantage cost-wise. Those who are sick commonly are denied coverage. Increasingly, experts say, insurers also are denying coverage for those with common conditions such as high blood pressure and even hay fever.

"On Oct. 1, my rate [went] up" from \$334 a month to \$410, Sforza said. He decided against increasing his deductible, because he wouldn't be able to lower it again without having to go through underwriting.

His Grade: B



RICHARD A. LIPSKI/TWP

Michael Taft, 60→ **Is well-served as a federal employee**

COMPARED WITH MOST workers, federal employees have it pretty good when it comes to health benefits, and Michael Taft knows it. "I'm very well cared for as a federal civil servant," says Taft, who oversees the archives at the Library of Congress's American Folklife Center.

Taft has been with Kaiser Foundation Health Plan of the Mid-Atlantic States, an HMO, for nearly seven years. He pays a \$310 monthly premium for insurance covering himself and his wife. The plan, he says, has low out-of-pocket payments and the "drug coverage is good."

The feds pick up about 72 percent of premium costs, and next year workers will pay only 2.9 percent more on average for their share of the premium, or \$2.73 more on a biweekly basis. They also have far more options than most workers.

The only thing Taft doesn't like, as a citizen of both the United States and Canada, is the idea that such benefits are not available to all. "The Canadian system is not perfect," the Silver Spring resident says. "There are waits, but everyone is even. The Canadian system allows you to go to any doctor; there's no paperwork, no fuss."

Taft will stick with Kaiser next year, paying \$13.78 more a month for the coverage.

His Grade: B+ for his Kaiser coverage

USEFUL TERMS

→ **COINSURANCE** — The amount you must pay for medical care after you have met your deductible.

→ **CO-PAY** — The flat fee you pay each time you receive care. Example: You pay \$10 per doctor visit. Your plan pays the rest.

→ **DEDUCTIBLE** — The amount you must pay each year before your plan begins paying.

→ **DISABILITY INSURANCE** — Pays benefits if you are injured or too ill to work.

→ **EXCLUSIONS (or LIMITATIONS)** — Services not covered.

→ **FEES-FOR-SERVICE INSURANCE** — Traditional (indemnity) insurance in which you and your plan each pay a portion of your health expenses, usually after you meet a yearly deductible. In

most cases, you can choose any physician, hospital or provider.

→ **FLEXIBLE SPENDING PLANS** — Employees use pretax dollars to set up accounts and draw on them to pay medical expenses. Unused amounts are forfeited at the end of the year.

→ **GROUP INSURANCE** — Health plans offered to a group of individuals by an employer, association or union, etc.

→ **HEALTH MAINTENANCE ORGANIZATION (HMO)** — A form of managed care in which you receive all of your care from participating providers. You usually must get a referral from your primary care physician before you can see a specialist.

→ **HEALTH REIMBURSEMENT ARRANGEMENT** — An account established by an employer to pay an employee's medical expenses. Only the employer can contribute.

→ **HEALTH SAVINGS ACCOUNT (HSA)** — An account estab-

lished by an employer or individual to save money toward medical expenses tax-free. The balance rolls over to the next year.

→ **HIGH-DEDUCTIBLE HEALTH PLAN** — A plan that provides comprehensive coverage for high-cost medical events. It features a high deductible and a limit on annual out-of-pocket expenses.

→ **OPEN ENROLLMENT** — A set time of year when you can enroll in insurance or change from one plan to another.

→ **POINT-OF-SERVICE PLAN (POS)** — A form of managed care in which primary care physicians coordinate patient care, but with more flexibility than in an HMO.

→ **PREFERRED PROVIDER ORGANIZATION (PPO)** — A form of managed care in which you can see participating and nonparticipating providers, but your expenses will be lower if you see only plan providers. SOURCE: AMERICA'S HEALTH INSURANCE PLANS

insurance guide | health

Insurance In a Pinch

LIVE ONLINE

BEST BENEFITS

I'm a self-employed artist with an individual Carefirst plan. I also have a strong family history of breast cancer and am considered high risk. What would happen if I move to another state? Would I likely be denied coverage or is my Carefirst policy portable?

Your CareFirst policy is not necessarily portable. My understanding is that some Blues plans will accept transfers from other states, but you can't count on that.

In most states, your ability to buy insurance on your own (outside of a job-based plan) is highly dependent on your health status. But in a few, such as New York, insurers cannot take your health status into account when they decide whether to issue coverage or how much to charge. To learn more about your health insurance protections in other states, see Georgetown's consumer guides at Healthinsuranceinfo.net.

For people over 50 who buy their own health insurance, my experience is that it's difficult to change plans even if your claims history is good. At times, I feel like a hot potato that nobody wants to get stuck with. I am in excellent health, but sense the industry labels me as high-risk because of my age. What advice can you give to older Americans who do not yet qualify for Medicare, but are concerned about health insurance premiums that are going out of sight?

Your hot potato analogy is a good one. Most individual health insurance is "age-rated," meaning premiums go up with each birthday. With most insurers, the impact of age rating isn't too burdensome before age 50, but after that, premiums start to increase pretty dramati-

cally. Unfortunately, in D.C., you don't have much protection. Some people consider drastic changes — such as moving to another state, or returning to work for an employer that offers health benefits.

It's also helpful to share your story. Staying insured shouldn't be this hard. Let your elected officials know what's happening and that you want access to coverage that is affordable and adequate.

Where do I begin to look for health insurance? Unemployed, age 60, healthy, uninsured, divorced. No COBRA available.

Sounds like the individual market is the coverage source available to you. You can check with an insurance broker. Many companies also offer quotes online. You'll have to submit to medical underwriting — answer questions about your current health status and health history. Depending on your answers, getting coverage may be straightforward or difficult. Insurers can be pretty picky about who they cover.

Also the individual market is age rated, so premiums at age 60 are likely to be pretty high, even if you're in perfect health.

You said you're unemployed. If you do find work with job benefits, that may turn out to be a better source of coverage. Job-based health benefits tend to be more comprehensive than what you can buy on your own, and employers usually pay most of the premium on your behalf.

What are the best options for a 23-year-old student with pre-existing conditions, including bipolar disorder and a recent ankle surgery? She will soon no longer be covered by our insurance as a dependent.

CONTINUED ON E11

washingtonpost.com

Karen Pollitz, project director of the Health Policy Institute at Georgetown University, answered questions about common health insurance quandaries.



IS IT TIME TO UPGRADE? Free vision care with any health plan

In 2008, there will be a noticeable advantage to choosing a GEHA health plan. In addition to low premiums, low copays and a lower deductible for our Standard Option, you will get vision coverage with all our health plans for **no additional premium.*** You'll enjoy a low copay for your annual eye exam and discounts on glasses and contact lenses. So you see, GEHA is a clear upgrade to your health plan.

VISIT OUR WEBSITE TO LEARN ALL THE ADVANTAGES OF GEHA HEALTH PLANS.

Join our online chat with GEHA President Richard Miles – Tuesday, November 6, noon EST on www.geha.com.

(888) 682-GEHA | www.geha.com



The Health Plan for Federal Employees

© 2007 Government Employees Health Association, Inc. All rights reserved.

* Vision benefits are not part of the FEHB or FEDVIP contract or premium.

GEHA offers federal health plans through the FEHB program and federal dental plans through the FEDVIP program. The FEHB and FEDVIP programs are separate and require separate enrollments. For more information, please contact GEHA Connection Dental Federal at www.gehadental.com, (877) 434-2336. Contact GEHA health plans at www.geha.com, (800) 821-6136. This is a brief description of the features of Government Employees Health Association, Inc. Before making a final decision, please read the GEHA federal brochure, RI 71-006. All benefits are subject to the definitions, limitations and exclusions set forth in the federal brochure.

COORDINATOR CASE MANAGER WEB DEVELOPER NETWORK ENGINEER APPLICATION
PRINTER DESIGNER SPECIALIST AUTO TECHNICIAN EDITOR CABLE INSTALLER
MEDICAL RECORDS SPECIALIST PARALEGAL AUDITOR GREENER
TEACHER SALES REP GRAPHIC ARTIST MARKETING PRODUCER
CONCIERGE OFFICER CHIEF ENCLER LOCKSMITH HVAC CONTRACTOR WRITER
BARTENDER STAFF ATTORNEY VETERINARY TECHNICIAN SECURITY GUARD NURSE PRACTITIONER
STAFF ATTORNEY VETERINARY TECHNICIAN PROMOTION MANAGER TRAINER
PHARMACIST COSMETOLOGIST COUNSELOR AIRCRAFT MAINTENANCE
WRITER ARCHITECT HR DIRECTOR BRANCH MANAGER
SOFTWARE DEVELOPER PROJECT MANAGER SECURITY GUARD FINANCIAL ANALYST
PRESCHOOL DIRECTOR DEPT. TECHNICIAN INVESTIGATOR TITLE INSURANCE
DEPT. TECHNICIAN INVESTIGATOR TITLE INSURANCE

There's a qualified

SOFTWARE DEVELOPER

To advertise a job, call
202-334-4100.

express

A Publication of the *The Washington Post*

www.readexpress.com

reading Express.

health insurance guide

Leaving Your Health To Good Luck

For the uninsured, affordable choices are in short supply, but they do exist

Barbra Lancelot has a master's in education and a long career working with special-needs children. Until recently, she also had a good health insurance plan and prescription drug coverage, provided by her employer. But late last year, the 58-year-old College Park resident lost her job. Coverage was extended to her under COBRA, the law that guarantees temporary continuance of employer-provided insurance but requires the worker to pay the full premium.

It soon became a choice between paying rent or shelling out \$350 a month for insurance premiums and another \$800 a month for the eight prescription medications Lancelot takes for a variety of chronic conditions, including depression and fibromyalgia.

She chose to keep a roof over her head.

And as Lancelot quickly found, there aren't many options available

for people like her who make a small income and are not fully disabled.

Estimates vary widely, but according to the University of Michigan, about 66 million people were uninsured for some part of 2004.

A more recent study by the Washington-based advocacy group Families USA estimates that roughly one in three people in this region were uninsured at some point last year, and did not qualify for Medicare, the federal health insurance program for people older than 65 and those who

are permanently disabled.

From losing a job as Lancelot did to finding employer-provided coverage too expensive, almost anyone can suddenly become uninsured.

"If you think this will never happen to you, think again," said Karen Pollitz, project director of the Health Policy Institute at Georgetown University. Here are some options to look into:

Buying from an insurer or health plan:

People seeking insurance coverage within 63 days of leaving a group

health plan are guaranteed by law (the Health Insurance Portability and Accountability Act) to be offered a policy, and preexisting conditions have to be covered. But the cost can be prohibitive.

For those who have not been part of a group, buying an individual policy can also be expensive — if they are even offered one. "This market is hard for healthy people, and it is impossible if you're not healthy or just a little bit unhealthy," Pollitz said.

During the application process, companies will ask about health

history. People with preexisting conditions are often turned down or told those conditions won't be covered. Sometimes the condition that triggers a denial is seemingly innocuous, such as acne.

Insurers sometimes offer low-cost premiums with high deductibles, the amount you have to pay out-of-pocket before the insurance kicks in. Other low-premium policies might cover only a few doctors' visits per year, or a very small percentage of a hospitalization, leaving you with a high level of risk.

GOING IT ALONE

WHERE TO FIND HELP

The following resources provide detailed information on how insurance works, your rights and protections:

→ CONSUMER GUIDES FOR GETTING AND KEEPING INSURANCE, by the

Georgetown University Health Policy Institute. The institute also has a brochure on how to manage medical bills.

→ FAMILIES USA GUIDES, online at Familiesusa.org or at 202-628-3030.

→ STATE-BY-STATE GUIDES from the

American Diabetes Association.

MARYLAND RESOURCES

→ MARYLAND PRIMARY ADULT

CARE PROGRAM, online at www.dhmh.state.md.us or 800-226-2142.

→ MARYLAND PHARMACY ASSISTANCE PROGRAM, 800-226-2142.

→ MARYLAND BREAST AND CERVICAL CANCER HEALTH PROGRAM, online through

the Maryland Family Health Administration or 800-477-9774.

→ MEDICAID, through the Maryland Department of Social Services, www.dhmh.state.md.us, 800-492-5231 or 410-767-5800.

→ MARYLAND HEALTH INSURANCE PLAN, online or at 888-444-9016.

VIRGINIA RESOURCES

→ MEDICAID, through the Virginia Department of Medical Assistance Services, online or 804-786-4231.

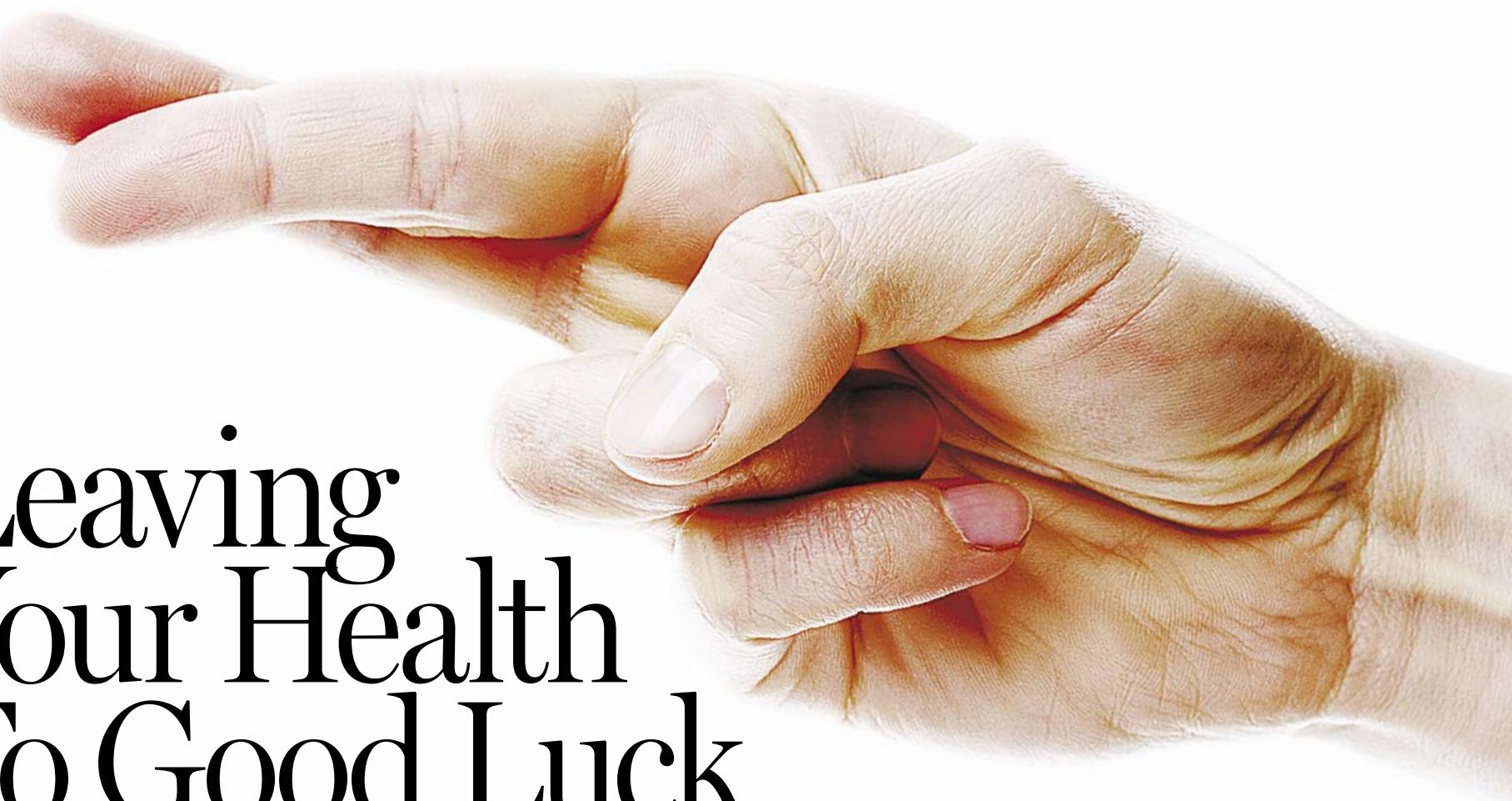
→ VIRGINIA BREAST AND CERVICAL CANCER EARLY DETECTION PROGRAM, www.vahealth.org/breastcancer, 866-395-4968 or 804-864-7761.

DISTRICT RESOURCES

→ PROJECT WISH: The Breast and Cervical Cancer Prevention Program, D.C. Department of Health, online or 202-442-5900.

→ MEDICAID, 202-698-3900.

→ D.C. HEALTHCARE ALLIANCE, online or 202-842-2810.



insurance guide | health

If you're rejected by insurance companies:

The Maryland Health Insurance Program is an insurer of last resort for the state's adults who have been rejected for an individual policy, who are too young or not disabled enough to qualify for Medicare, and who are too wealthy to qualify for Medicaid. Thirty-three other states have similar programs. (Virginia and the District do not.)

Launched four years ago, MHIP has 11,812 enrollees — ranging from millionaires to people with incomes below the poverty line, said Richard Popper, the program's executive director. They see physicians and go to hospitals that are part of the CareFirst network.

It is not a panacea, Popper said, acknowledging that premiums, which range from \$135 to \$500 per month depending on age, income and health, are too high for many. Also, a condition diagnosed in the six months before joining MHIP generally won't be covered for the first two months, though enroll-

ees can pay higher premiums for those two months to get the condition covered.

The District's City Council has been talking to MHIP officials about setting up a similar program for Washington, Popper said.

In Virginia, the not-for-profit CareFirst and Anthem Blue Cross/Blue Shield are required by law to offer a policy to an individual who applies for one, but the insurers can exclude coverage for a preexisting condition for up to a year, and there's no limit on the premium cost.

The Medicaid safety net: Medicaid is for U.S. citizens and legal immigrants living at or below poverty level.

Eligibility rules vary widely, however. In Maryland, for example, working adults without children can get Medicaid coverage for themselves only if they make less than 38 percent of the federal poverty level — that is, 38 percent of \$10,210, or \$3,880 a year.

SCHIP for Children:

In all three local jurisdictions, children who lack coverage may be eligible for the State Children's Health Insurance Program. President Bush recently vetoed a bill to extend the program from the 6 million children nationwide who receive benefits to as many as 4 million more. Maryland's SCHIP currently covers children in families earning up to 300 percent of the federal poverty level, or about \$60,000 for a family of four.

Other options:

In Washington, people who don't qualify for Medicaid but still have a low income — 200 percent of the federal poverty level, or \$27,380 for a family of two — can receive free medical care and prescriptions through the DC HealthCare Alliance. The medical care has to be given by participating physicians and hospitals. And the alliance does not cover mental health or alcohol or substance abuse services.

Paying out-of-pocket:

If you must pay for health care out-of-pocket, you should ask about fees before a medical visit or inquire as to whether installment payments or other financing is available.

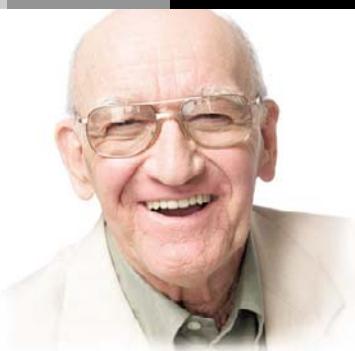
Lancelot now carries a note in her wallet. Printed on it are words President Bush spoke in July. Americans have access to health care, he said. "After all, you just go to an emergency room."

While emergency departments must treat anyone who walks in, regardless of insurance status or citizenship, the physicians' duty is to stabilize the person, not offer ongoing medical care. And hospitals do expect payment.

Having experienced what it is like for an uninsured person to try to get care for chronic conditions, Lancelot has come to live by a different, unwritten rule: "That any agency or organization you call is guaranteed to do one thing for you — and that is to give you three more phone numbers to call," she said.

ALICIA AULT (THE WASHINGTON POST)

Attention people with Medicare



"Have you ever been somewhere that people have just treated you so nice and they've done so much for you that when you walked out, you felt like you'd stolen something? Well, that's kind of the way we feel about Humana. They've been so good to us, we owe them."

Ray D., Humana Gold Choice® member

Expect more.

To see if a Humana plan is right for you join us at a free information session. **You have nothing to lose and everything to gain.**

Alexandria

Old Country Buffet
7820 Richmond Highway
November 6 & 29
December 20
11:30 a.m.

Alexandria

Red Hot & Blue
6482 Lansdowne Center
November 13 & 27
December 11
2 p.m.

Call today for reservations, or for accommodation of persons with special needs at sales meetings:

1-800-200-4206 • TTY 1-877-833-4486

8 a.m. to 8 p.m., 7 days a week

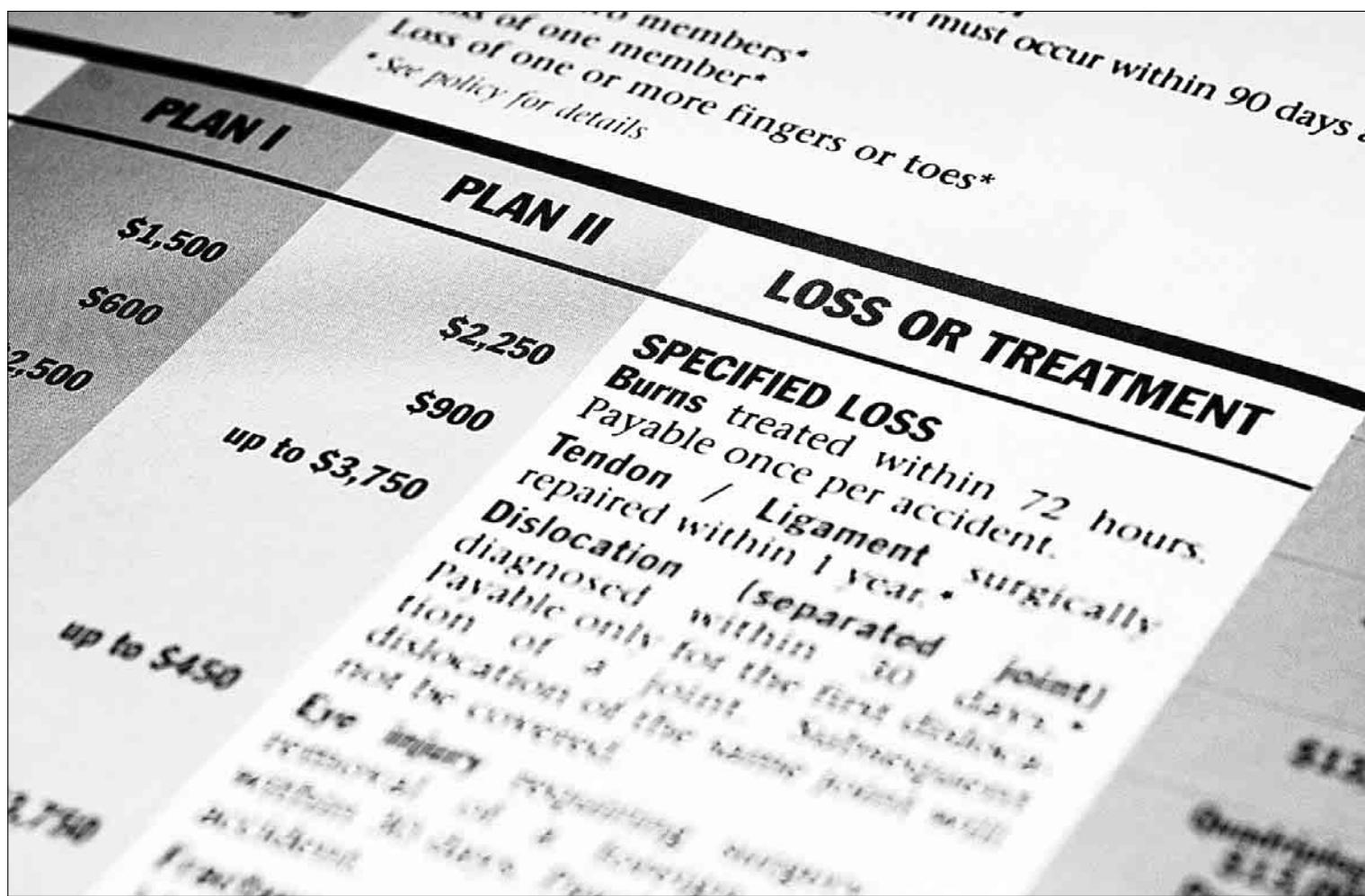
HUMANA
Guidance when you need it most

-Group health
-Medicare
-Individual health
-Dental and Life

Proud Sponsor of the
GRANDOLEOPRY

Medicare approved HMO, PPO and PFFS plans available to anyone enrolled in both Part A and Part B of Medicare through age or disability. You must continue to pay your Medicare applicable premiums if not otherwise paid for under Medicaid or by another third party. A sales representative will be present with information and applications.

health insurance guide



Decode Alphabet Soup

**Got FFS? FEDVIP?
Here's how federal
employees can
read the jargon**

The annual open-enrollment season for federal employees is on its way, loaded with insurance industry argot and acronym-laden programs.

For the first time, the open season is no longer just about health insurance, but also about how to mix and match dental and vision coverage and flexible spending accounts. It's the world of FFS, CDHP, FEDVIP and HCFSAs, to name a few.

To help federal employees navigate the jargon, the Office of Personnel Management, which oversees the government's major benefits programs, will publish a "Guide to Federal Benefits" before the enrollment season, which is Nov.

12 through Dec. 10.

Many federal employees and retirees will probably need a bureaucratic decoder to help them wade through health insurance brochures and other benefit information.

They can choose from fee-for-service plans (FFS) with preferred-provider networks, consumer-driven health plans (CDHP), high-deductible health plans (HDHP) with health savings accounts and health maintenance organizations (HMOs).

They can pick from seven dental plans, three vision plans (in the FEDVIP program) and set up flexible spending accounts for health care (HCFSAs) and dependent care (DCFSAs), which includes coverage for children and parents.

The key, of course, is to avoid MEGO (my eyes glaze over) during open season, because it pays to do your benefits homework.

Some programs and plans offer tax breaks, some have slightly more-

generous benefits, and some have restrictions that can financially penalize patients who go outside their health-care provider network.

The OPM guide may be the best starting place. It will explain the relationship among the programs, provide information on making enrollment decisions and remind employees of what they need to do during the open season, officials said.

The guide also will include information on two programs that are not part of the annual enrollment process — the life insurance and long-term care insurance programs.

The benefit programs try to use the government's size, and clout, to hold down premiums and other costs paid by employees.

The Federal Employees Health Benefits Program, which began operating in 1960, is the world's largest single employer sponsored plan, covering about 8 mil-

lion Americans. The dental-vision benefits program, in its second year, has 750,000 enrollees, making it the nation's largest employer-sponsored dental-vision program.

About 250,000 federal employees signed up for flexible spending accounts last year, and officials hope that the four-year-old program will grow as employees become comfortable with the "use it or lose it" rule governing pretax payroll deductions to cover out-of-pocket medical and other expenses.

While the OPM hopes to use this year's open season to stress the broad scope of benefits available to federal employees, the health insurance program will likely continue to draw the most attention, in large part because the insurance premiums are a major expense for federal employees and retirees.

The overwhelming majority of federal employees and retirees stick with their health insurance choices from year to year, but many employ-

ees may be more willing to consider switching plans to get lower premiums or lower co-payments and deductibles, or to improve their coverage, especially for prescription drugs.

Here's a snapshot of a few of the changes for 2008:

The most popular federal plan, Blue Cross and Blue Shield standard option, with about 2 million mem-

The majority of federal employees stick with their insurance choices from year to year.

bers, will increase premiums by 8.5 percent for an individual and by 8.1 percent for a family next year.

The Mail Handlers Benefit Plan, another large carrier, is discontinuing its high-option coverage, which had grown expensive for enrollees. The plan will continue to offer a standard option, where premiums will rise by 7.3 percent for an individual and 4.5 percent for a family. The plan's "consumer option" will not increase premiums.

Mail Handlers also is introducing a "value option" featuring low premiums — \$20.50 biweekly for individuals and \$48.89 biweekly for families. For most services, enrollees must meet a deductible of \$500 for individuals and \$1,000 for families.

The Government Employees Health Association, known as GEHA, will be reducing premiums for its high-option coverage and making no change in premiums for its standard option and high-deductible health plans.

Plans sponsored by the National Association of Letter Carriers and the American Postal Workers Union will reduce their premiums.

A popular HMO plan, M.D. IPA, will be raising premiums by about 3 percent for individuals and families.

A plan that has been attracting new enrollees, the Aetna Health-Fund consumer-driven option, will be increasing premiums by about 15 percent. Aetna has increased the plan's benefits, though, including a 25 percent increase in the fund provided to cover medical expenses.

STEPHEN BARR (THE WASHINGTON POST)

Federal Employees:

The way is clear. Choose health care with a difference.



M.D. IPA is now UnitedHealthcare, and we believe that good health care is about providing access to the care, information and tools that help you take charge of your health.

- Complete health care coverage, including PPO dental and vision benefits at no additional plan premium
- Wellness programs and resources designed to help manage and maintain your health, on your terms, on your time
- Health care tools at your fingertips 24/7 at myuhc.com,[®] including your own Personal Health Record, wellness resources and claims information

To find out more about UnitedHealthcare's M.D. IPA plan for federal employees and the difference we can make for you, visit us online at uhctoday.com/federal or call us at 1-877-835-9861.

M.D. IPASM
A UnitedHealthcare[®] Company

**Sign up at work.
uhctoday.com/federal**

health insurance guide

It's That Time Again

Open enrollment season can offer positive changes to your 2008 plan

It's almost that time again — open enrollment season.

If you're fortunate enough to work for an employer who provides a benefits package, you've got some decisions to make soon.

Do you change your medical plan? Should you sign up for prepaid legal services? Is it time yet to get long-term care insurance? Should you get disability insurance?

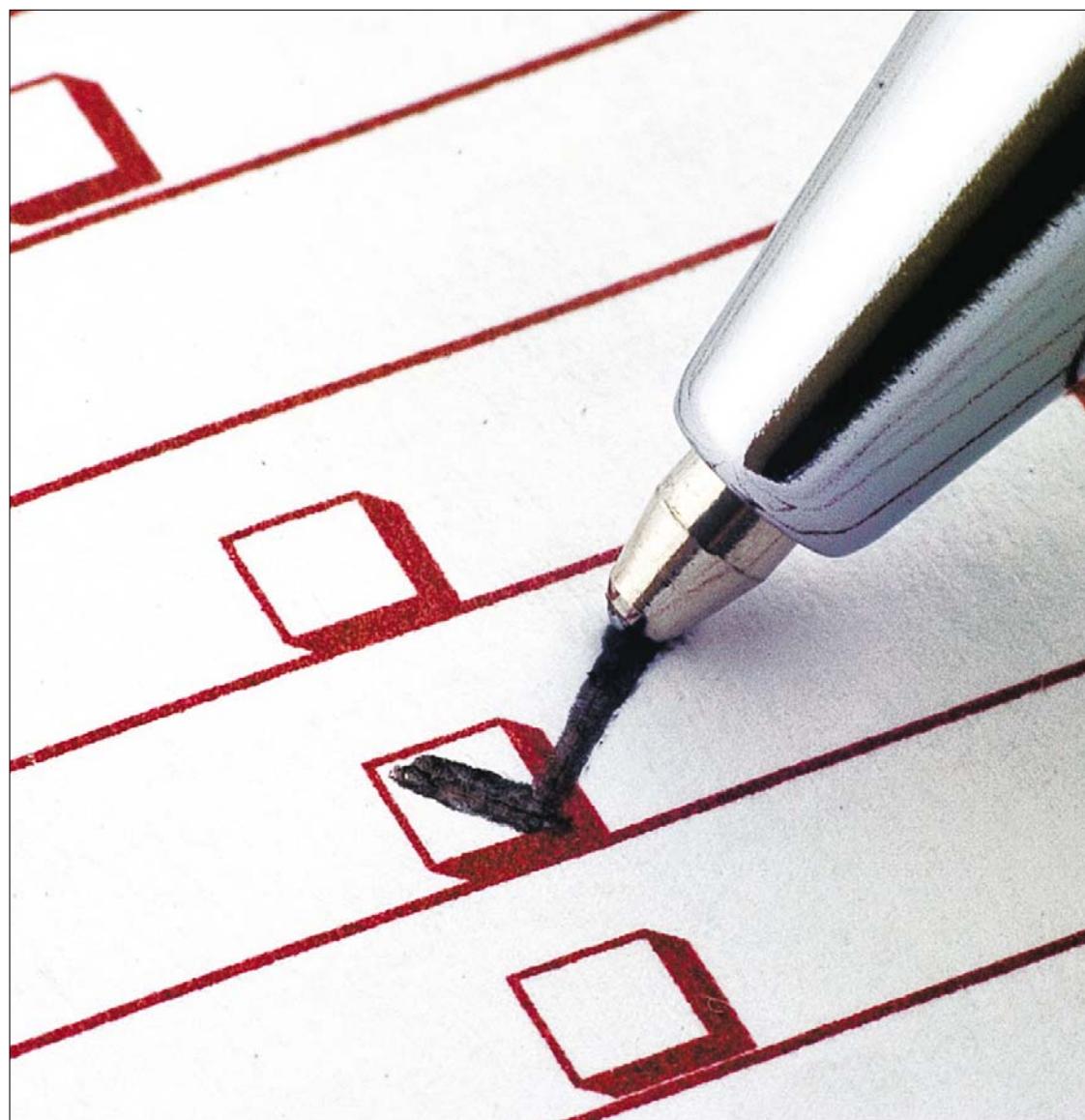
My husband and I were speaking at my church recently, giving couples tips on how to manage their money, when one man stood up and spoke for many of us. He was confused by the many choices. "How do you know what to get?" he asked. "It feels like after all that I pay for, I have two dollars left in my paycheck."

I understood his frustration. But those of us who have these choices to make during open enrollment should feel blessed. A decrease in employer-based health insurance has contributed to a rise in the number of uninsured. The percentage of people covered by on-the-job insurance decreased to 59.7 percent in 2006 from 60.2 percent in 2005, according to the U.S. Census Bureau's latest figures.

The Census Bureau reported last month that the number of people without health coverage increased to 47 million from 44.8 million during the period.

So for those of us who will receive a benefits packet, what can we expect? Well, in an effort to cut costs, your employer may be offering financial incentives or penalties for certain healthful or unhealthful behaviors, according to Watson Wyatt, a consulting firm that works with large employers on their open-enrollment programs.

Pay special attention when you get your benefits packet because your employer may have expanded or changed what was offered last year, said Tom Billet, a senior consultant with Watson Wyatt.



ISTOCKPHOTO

Here are some of the major trends he's identified for this year:

- More companies are offering financial incentives to employees who don't smoke or maintain a healthy weight, or who agree to participate in wellness and fitness programs. A survey by Watson Wyatt and the National Business Group on Health (NGBH) found that 46 percent of employers offer economic incentives and another 26 percent plan to do so in 2008. For example, beginning in 2009, Clarian Health Partners of Indianapolis plans to give employees a discount on their premiums for, among other things, not being overweight.
- Some companies will penalize workers for unhealthful choices, such as smoking, by charging higher
- Increases of 6 to 7 percent in premiums — and more in small firms.
- More financing options, including higher upfront premiums for fuller coverage and lower premiums with the risk of higher out-of-pocket costs.
- Financial incentives to stay well, including reduced premiums or extra cash in a health savings account for those who, for example, complete a personal health risk assessment or join a smoking cessation program.
- More consumer-driven health plans, requiring workers to take on more cost sharing, often with tax-advantaged savings accounts.
- Change in prescription drug co-pays, including more tiers of pricing to encourage use of generics and dropping co-pays for maintenance drugs.
- More decision-support tools, including online medical cost estimators to calculate possible costs of care and slick "health benefit overviews" on DVD. Some of the largest plans will offer digitized personal health records for managing costs.
- Health-care competitions: Taking the lead from reality TV, employers are sponsoring wellness programs in which workers join teams to get fit or lose weight. (Look for the company brass to participate, too!)

2008 HEALTH INSURANCE PACKAGES

What to Expect

premiums. The extra cost for lighting up ranges from \$50 to \$100 a month, Billet said.

- Look for more coverage of preventive medical care. Wyatt found fully paid benefits often include reimbursement for vaccinations, exams and screenings for early diagnosis of breast, colon and cervical cancer. Many employers also provide coverage or partial reimbursement for blood pressure, cholesterol checkups and flu shots.

- A growing number of employers will be offering workers access to health coaches, according to another survey by Watson Wyatt and NBGH. A health coach might give an employee advice on how to better manage a chronic illness, such as asthma or diabetes.

Wyatt and NBGH found that 44 percent of large employers offer health coaches and another 13 percent plan to offer them next year.

- You may be able to get more than the traditional coverage through your employer. Some plans offer workers a chance to get homeowners and automobile insurance and discounts on other services such as massage therapy or chiropractic care.

- Finally, as health-care premiums rise, employers are paying closer attention to the people their employees report as dependents. An increasing number of employers are conducting eligibility audits and asking workers to provide proof that those dependents they enroll in the health plan are considered legal dependents.

Employers who have conducted such audits typically find between 5 and 7 percent of dependents enrolled in a plan should not be covered, Billet said.

When you get your benefits package this year, look through the paperwork to see whether you are required to send a letter verifying the status of your dependents. Ignore the letter or forget to fill it out and you could lose your benefits.

I know open enrollment can be a pain. There is so much to go through and so many decisions to make, and it's likely you'll see some changes in what's offered. So don't automatically select what you had last year. Carefully review your options.

It may feel as if you don't have much money left after you select your options, but be thankful you have the choice. MICHELLE SINGLETARY (THE WASHINGTON POST)

guide to benefits | health

Best Benefits

CONTINUED FROM E5

Your best option may be COBRA. If your daughter is covered under your job-based plan and the employer employs at least 20 workers, she will be eligible for COBRA continuation coverage once her eligibility for dependent coverage expires. She can remain covered under COBRA for up to 36 months. She will be responsible for paying the entire premium for a single individual. Your employer is not required to subsidize her premium under COBRA (though you can help her out).

What can you do to your insurance company to lower your health insurance premium?

Not much. You can ask the company to increase your deductible. But this means if you do get sick, you'll have to pay more of the bill out of pocket. Also, many insurers won't let you later reduce your deductible unless you reapply and re-submit to medical underwriting.

Why do insurers deny coverage to expectant fathers, even when the expectant mother is already covered under a separate plan? Are new babies a grievous health risk to fathers? Or are the insurance companies worried about incurring some sort of obligation to cover the child after it's born?

Interesting. I knew insurers always deny coverage to pregnant women. Didn't realize dads got the same treatment. You did answer your own question correctly. The insurer is worried you'll transfer the child to your policy after s/he is born. The insurer would prefer to wait until the baby is born and be certain there are no complications or disabilities before agreeing to cover the child.

I am a 23-year-old freelancer, making about \$43,000 a year. I'm completely uninsured and healthy. My girlfriend keeps bugging me to buy insurance ... any advice on a plan with basic coverage but that's as cheap as possible?

Good for your girlfriend! There's a lot of cheap insurance out there. Be careful what you buy. Often, cheap means flimsy. Remember, you are buying coverage in case you get sick, not in case you stay healthy. Look for the most comprehensive benefits you can find.

Prescription coverage is important. You may not be taking anything now, but if you get seriously sick, prescription drugs are very expensive. Also, keep an eye on the out-of-pocket maximum. This is the amount of cost-sharing (copays and coinsurance and deductibles) you'll be required to pay for covered benefits. After you reach the maximum, the policy will usually pay 100 percent of covered services for the remainder of the year.

Watch for exclusions. Some policies simply won't cover services such as mental health care, rehab services or other care that could turn out to be important to you. And watch for other limits on covered benefits. There are policies that only cover four office visits per year (again, fine for you now, but not if you get cancer!), only a few days in the hospital, only \$1,000 worth of prescriptions.

My husband and I had to get gap coverage for two months last year. We relocated and I wasn't working; his new insurance had not yet kicked in. It was great — about \$50 a month for each of us — and it kept me from worrying about a \$120,000 hospital bill if one of us was in a terrible accident. We considered COBRA through the huge Fortune 100 company we left, but it was going to be \$700 a month for both of us. People put down short term coverage, but it's not so bad!

A lot of people do consider and purchase gap coverage (also known as short-term policies). Typically these policies provide coverage for only a few months. You can renew them, but only at the insurer's option. I'm glad it worked well for you. But these policies are risky unless you absolutely know your next coverage will be there for you. For example, had your husband's coverage not "kicked in" — say he became seriously injured and had to quit work from the job that had promised future health benefits — the insurer would have refused to renew your gap policy when its term expired. If he had had continuing care needs at that point, he'd have been uninsured and uninsurable.

washingtonpost.com

Karen Pollitz, project director of the Health Policy Institute at Georgetown University, answered questions about common health insurance quandaries.

GEHA dental plans focus on your needs.



When you choose GEHA Connection Dental Federal,SM you'll get vision coverage for no additional premium.* You'll also enjoy discounts on glasses and contact lenses. And the Avesis in-network copay for your eye exam will be only \$25. You'll still get all the benefits of the GEHA dental plan — no deductible, provider coverage in or out of our dental network, no waiting period for major procedures, and, of course, GEHA's exceptional customer service. The advantages are clear: great dental coverage and vision care, too. Only with GEHA Connection Dental Federal.

TO BRUSH UP ON PLAN DETAILS, VISIT OUR WEBSITE OR CALL.

(877) 434-2336
www.gehdental.com

GEHA
connection
dental
federal

SM

© 2007 Government Employees Health Association, Inc. All rights reserved.

* Vision benefits are not part of the FEHB or FEDVIP contract or premium.

GEHA offers federal health plans through the FEHB program and federal dental plans through the FEDVIP program. The FEHB and FEDVIP programs are separate and require separate enrollments. For information and service, please contact GEHA Connection Dental Federal at www.gehdental.com, (877) 434-2336. Contact GEHA health plans at www.geha.com, (800) 821-6136.

Travel smarter

Tips and inside info.

Travel.

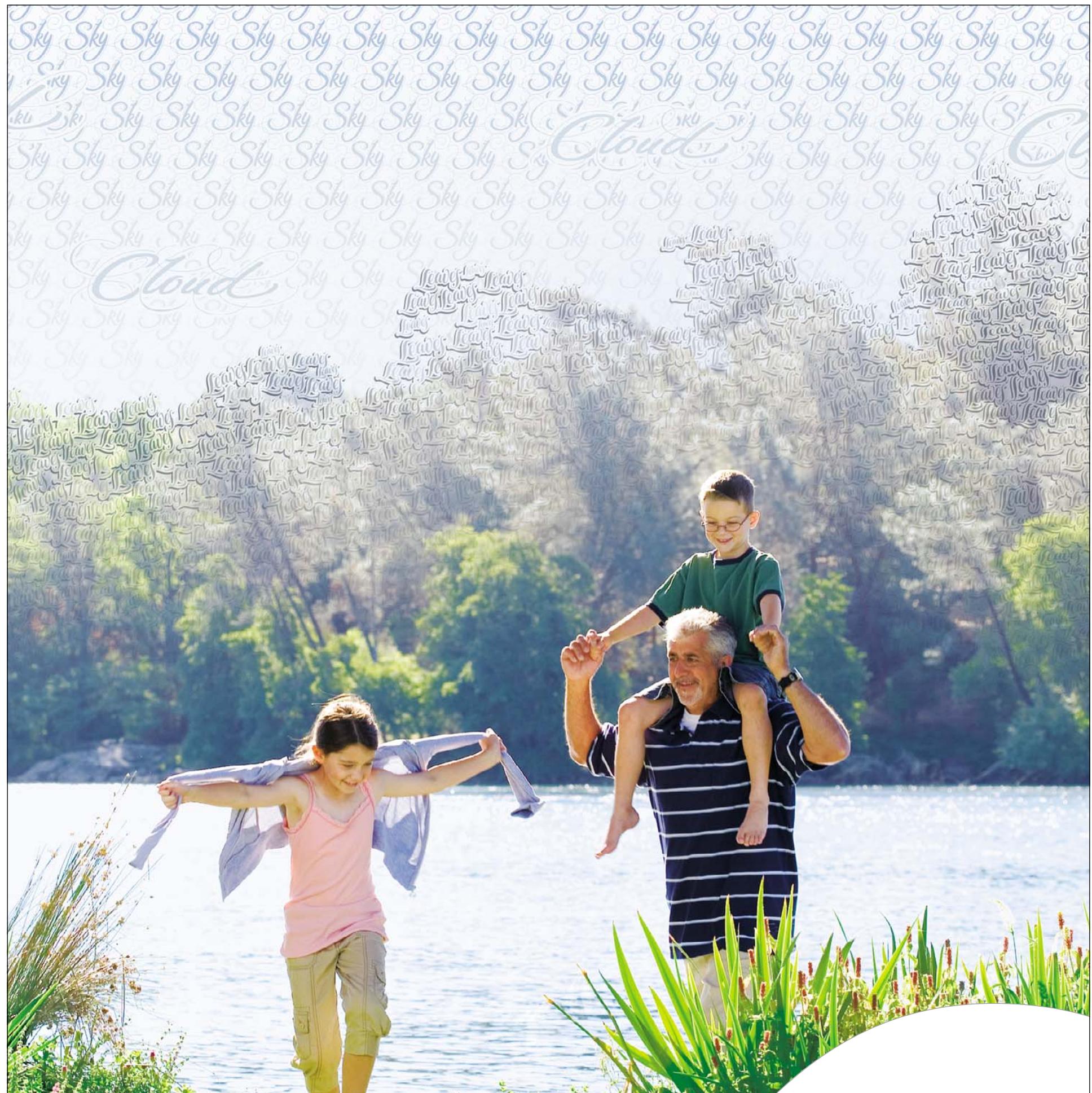
Wednesdays in Express.

express

A publication of The Washington Post



XX566 3x2



Words can't describe what your eyes bring to life. Give your eyes the personalized care they deserve with VSP vision insurance. Sign up for VSP during open enrollment for federal employees and annuitants, November 12 through December 10. Visit choosevsp.com today.

©2007 Vision Service Plan. All rights reserved.

VSP
Vision care for life